

RAPID INFECTIOUS DISEASES AND TROPICAL MEDICINE

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Rapid Infectious Diseases and Tropical Medicine has been written by an Oxford University clinical medical student partly while she was travelling in the South Atlantic but mainly as part of her special study module on medical publishing. I can think of no better way to study medical publishing than by publishing a book!

There are many reasons that nowadays the student of general medicine needs a book like this. The growth in rapid worldwide travel has meant that many previously geographically obscure infections are now rapidly at our doorstep and in our clinics. The spectre of bioterrorism has meant that we now need to be vigilant to unusual and exotic infection and the growth of the multi-drug resistant organisms within a hospital environment increasingly populated with immunocompromised patients has meant that rapid identification and control of infection is essential. Even the tabloid press now regularly feature articles about MRSA, the superbug!

This book aims to allow the rapid identification of the key features of infectious diseases organised in a simple and easily accessible way. It also should help clarify communication between the laboratory and the ward as it is organised in such a way that either the organism itself or the disease it causes can be searched for.

This will be a valuable resource for undergraduates revising for final BM as well as postgraduates revising for MRCP and MRCPPath. Although common in clinical practise, infection is not a usual clinical scenario in exams for obvious reasons but tends to be well represented in written papers. We hope that you will find this book useful.

Brian Angus

Ab	Antibody	CSF	CerebroSpinal Fluid
ABPA	Allergic BronchoPulmonary Aspergillosis	CT	Computerised Tomography
ACh	AcetylCholine	CTF	Colorado Tick Fever
AFB	Acid-Fast Bacilli	CV	CardioVascular
Ag	Antigen	CXR	Chest X-Ray
AIDS	Acquired Immune Deficiency Syndrome	DEN	DENGue
ALT	ALanine Transaminase	DF	Dengue Fever
ANS	Autonomic Nervous System	DHF	Dengue Haemorrhagic Fever
APT	Activated Partial Thromboplastin Time	DIC	Disseminated Intravascular Coagulation
ARDS	Adult Respiratory Distress Syndrome	DNA	DeoxyriboNucleic Acid
ARF	Acute Renal Failure	DOTS	Directly Observed Treatment Short course
AST	ASpartate Transaminase	DSS	Dengue Shock Syndrome
ATLL	Adult T-cell Leukaemia/ Lymphoma	DTP	Diphtheria Tetanus Pertussis (vaccine)
ATN	Acute Tubular Necrosis	DTwP	Diphtheria Tetanus whole-cell Pertussis (vaccine)
AXR	Abdominal X-Ray	EBV	Epstein-Barr Virus
BAL	BronchoAlveolar Lavage	ECG	ElectroCardioGram
BCG	Bacille Calmette-Guérin	EEE	Eastern Equine Encephalitis
C.	Central	EEG	ElectroEncephaloGram
CAH	Chronic Active Hepatitis	ELISA	Enzyme-Linked ImmunoSorbent Assay
cAMP	cyclic Adenosine MonoPhosphate	EM	Electron Microscope
CAPD	Continuous Ambulatory Peritoneal Dialysis	ENL	Erythema Nodosum Leprosium
CD4+	Cluster of Differentiation 4 positive	ENT	Ear Nose Throat
CF	Cystic Fibrosis	EPI	Expanded Programme of Immunisation
CF	Complement Fixation	ERCP	Endoscopic Retrograde Cholangio Pancreatography
CFS	Chronic Fatigue Syndrome	ESR	Erythrocyte Sedimentation Rate
CHF	Chronic Heart Failure	ETBE	European Tick-Borne Encephalitis
CHIK	CHIKungunya	FBC	Full Blood Count
CIN	Cervical Intraepithelial Neoplasia	FTA	Fluorescent Treponemal Antibody
CJD	Creutzfeldt-Jakob Disease	G +ve	Gram stain positive
CK	Creatine Kinase	G -ve	Gram stain negative
CMI	Cell-Mediated Immunity	GBS	Guillain-Barré Syndrome
CMV	CytoMegaloVirus	GH	Growth Hormone
CNS	Central Nervous System	GIT	GastroIntestinal Tract
COPD	Chronic Obstructive Pulmonary Disease	GU	GenitoUrinary
CPH	Chronic Persistent Hepatitis		
CRP	C-Reactive Protein		

List of Abbreviations

H	Haemagglutinin	LCMV	Lymphocytic ChorioMeningitis Virus
H & E	Haematoxylin & Eosin	LDH	Lactate DeHydrogenase
HACEK	Haemophilus Actinobacillus Cardiobacterium Eikenella Kingella	LFT	Liver Function Tests
HAV	Hepatitis A Virus	LRTI	Lower Respiratory Tract Infection
Hb	Haemoglobin	mAb	monoclonal Antibody
HB	Hepatitis B (vaccine)	MACELISA	IgM Antibody Capture ELISA
HBV	Hepatitis B Virus	MALToma	Mucosa-Associated Lymphoid Tissue-oma
HBVeAg	Hepatitis B Virus envelope Antigen	MCV	Mean Cell Volume
HBVsAg	Hepatitis B Virus surface Antigen	MDRTB	MultiDrug Resistant TuBerculosis
HCV	Hepatitis C Virus	MMR	Measles Mumps Rubella (vaccine)
HDV	Hepatitis D Virus	MRI	Magnetic Resonance Imaging
HEV	Hepatitis E Virus	MRSA	Methycillin-Resistant Staphylococcus Aureus
HHV	Human Herpes Virus	MSU	MidStream Urine
Hib	Haemophilus influenzae b (vaccine)	N	Neuraminidase
HIV	Human Immunodeficiency Virus	N.	North
HLA-B27	Human Lymphocyte Antigen B27	Na	Sodium
HPV	Human Papilloma Virus	NGU	Non-Gonococcal Urethritis
HSV	Herpes Simplex Virus	nvCJD	new variant Creutzfeldt-Jakob Diseases
HTLV	Human T-cell Leukaemia Virus	N.W.	North West
HUS	Haemolytic Uraemic Syndrome	N.W.	New World
HVB	Herpes Virus B	OCP	Oral Contraceptive Pill
HZV	Herpes Zoster Virus	OPV	Oral Polio Vaccine
IBS	Irritable Bowel Syndrome	OT	Occupational Therapy
ID	IntraDermal	O.W.	Old World
IFA	ImmunoFluorescence Assay	PCR	Polymerase Chain Reaction
IFN	InterFeroN	PEP	Post-Exposure Prophylaxis
Ig	Immunoglobulin	PID	Pelvic Inflammatory Disease
IM	IntraMuscular	PGL	Persistent Generalised Lymphadenopathy
IP	Incubation Period	PMN	PolyMorphoNucleocyte
IPV	Inactivated Polio Vaccine	PO	Per Os
ITU	Intensive Treatment Unit	PPI	Proton Pump Inhibitor
IU	International Units	PUD	Peptic Ulcer Disease
IUCD	IntraUterine Contraceptive Device	PV	Per Vaginum
IV	IntraVenous	RBC	Red Blood Count
IVDA	IntraVenous Drug Abuse	RhF	Rheumatic Fever
JBE	Japanese B Encephalitis	RIF	Right Iliac Fossa
JCV	Jamestown Canyon virus		

RMSF	Rocky Mountain Spotted Fever	URTI	Upper Respiratory Tract Infection
RNA	RiboNucleic Acid	USS	UltraSound Scan
RSSE	Russian Spring–Summer Encephalitis	UTI	Urinary Tract Infection
RSV	Respiratory Syncytial Virus	VDRL	Venereal Disease Research Laboratory
RT	Reverse Transcriptase	VEE	Venezuelan Equine Encephalitis
°S	degrees South	VHF	Viral Haemorrhagic Fever
S.	South	ViCPS	typhoid Purified PolySaccharide (vaccine)
SARS	Severe Acute Respiratory Syndrome	VZV	Varicella Zoster Virus
SC	SubCutaneous	W.	West
SCID	Severe Combined ImmunoDeficiency	WBC	White Blood Count
SDH	SubDural Haematoma	WEE	Western Equine Encephalitis
S.E.	South East	WNV	West Nile Virus
SIADH	Syndrome of Inappropriate AntiDiuretic Hormone secretion	XR	X-Ray
SF	Scarlet Fever	YF	Yellow Fever
SOB	Short Of Breath	Z–N	Ziehl–Neelsen
SOL	Space-Occupying Lesion	/24	hours
spp.	species	/7	days
SRSV	Small Round Structured Virus	/52	weeks
SSA	Sub-Saharan Africa	/12	months
SSSS	Staphylococcal Scalded Skin Syndrome	1°	primary
STSS	Streptococcal Toxic Shock Syndrome	2°	secondary
STI	Sexually Transmitted Infection	3°	tertiary
TB	TuBerculosis	4°	quaternary
TFP	Tropical Flaccid Paralysis	♀	female
TPHA	Treponema Pallidum HaemAgglutination	♂	male
TSP	Tropical Spastic Paraparesis	↑	increased
TSS	Toxic Shock Syndrome	↓	decreased
TT	Tetanus Toxoid (vaccine)	→	goes to
U & E	Urea & Electrolytes	↔	goes both ways
		/	or
		>	greater than
		<	less than
		≥	greater than or equal to
		≤	less than or equal to
		≫	much greater than
		≪	much less than

Rapid Series Mnemonic

D:	Definition	<i>Doctors</i>
A:	Aetiology	<i>Are</i>
A/R:	Associations/Risk factors	<i>Always</i>
E:	Epidemiology	<i>Emphasising</i>
H:	History	<i>History-taking &</i>
E:	Examination	<i>Examining</i>
P:	Pathology	<i>Patients</i>
I:	Investigations	<i>In</i>
M:	Management	<i>Managing</i>
C:	Complications	<i>Clinical</i>
P:	Prognosis	<i>Problems</i>

PART 1: SIGNS & SYMPTOMS

Fever

Viruses

Dengue

EBV

Hepatitis (prodromal)

HIV

Influenza

Viral haemorrhagic fevers (Ebola, Lassa, Marburg, etc.)

Yellow fever

Bacteria

Borrelia sp.

Brucella sp.

Coxiella burnetii (Q fever)

Francisella tularensis (tularemia)

Legionella pneumophila

Salmonella paratyphi

Salmonella typhi

Streptococcus spp.

Yersinia pestis

Mycobacteria

Mycobacterium tuberculosis

Fungi

Coccidioides immitis

Histoplasma spp.

Protozoa

Entamoeba histolytica

Leishmania spp.

Plasmodium spp.

Trypanosoma spp.

Helminths

Hyperinfection syndromes

Spirochaetes

Leptospira interrogans (Weil's disease)

Other organisms

Rickettsia spp.

Sepsis

Bacteria

Almost any, but particularly

Enterobacter spp.

Enterococcus spp.

Escherichia coli

Klebsiella spp.

Listeria monocytogenes

Neisseria meningitidis

Pseudomonas aeruginosa

Salmonella spp.

Staphylococcus aureus