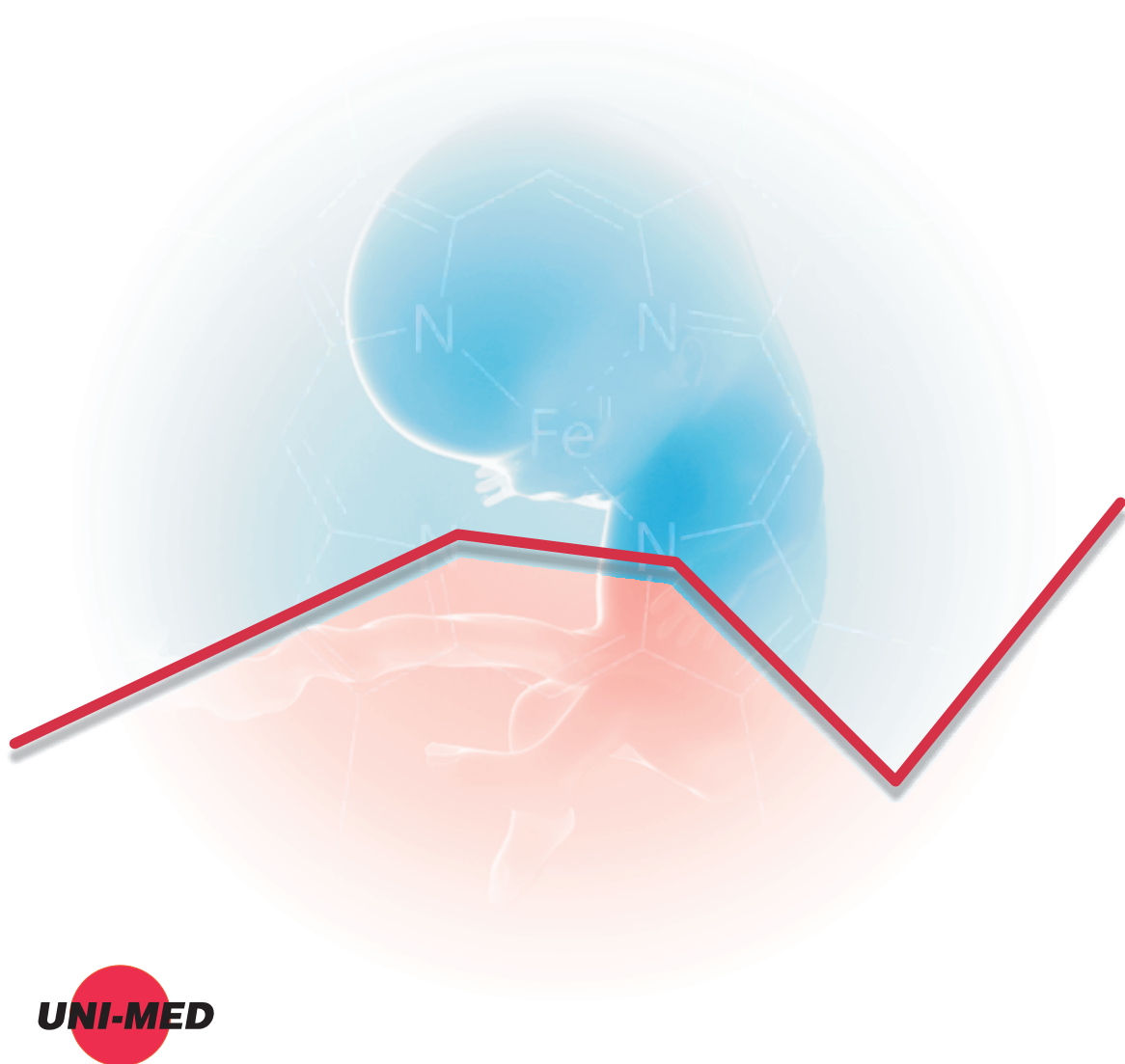


Iron Deficiency and Anaemia in Women in the Gynaecological and Obstetrical Practice (with Case Reports)

2nd edition

Christian Breymann



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UNI-MED Verlag AG, one of the leading medical publishing companies in Germany, presents its highly successful series of scientific textbooks, covering all medical subjects. The authors are specialists in their fields and present the topics precisely, comprehensively, and with the facility of quick reference in mind. The books will be most useful for all doctors who wish to keep up to date with the latest developments in medicine.

Preface and acknowledgements

Respected reader, thank you for your interest in this book and especially for your interest in the topic of anaemia and iron deficiency. Both are among the top causes for morbidity and mortality throughout the world and affect mainly women, newborns and children, but also life before birth, namely the foetus. Discovering and treating anaemia efficiently is therefore a powerful medical tool to reduce maternal mortality and morbidity and to considerably reduce still desperately high numbers of maternal deaths related to anaemia.

I started research into iron deficiency and anaemia 29 years ago and this field still fascinates me and gives me a lot of personal and academic joy and satisfaction. Anaemia research enabled me to see and visit amazing places all over the world on all continents and it connects me to an impressive network of dedicated and interested scientists and physicians.

I am grateful to Professor Renate Huch and Professor Albert Huch (posthumous), who supported me as a young scientist and enabled my professional and scientific career in an outstanding manor. I also want to thank my friend and colleague, Professor Roland Zimmermann, who supported my scientific work at the Clinic of Obstetrics at the University Hospital of Zurich.

Apart from our anaemic and iron deficient patients, this book is dedicated to Valerie, my great support in life and work, and to my beloved daughters Cosima, Isabella and Xenia.

Zurich, June 2020

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