

Play

with a PURPOSE



INTRODUCTION

The need for a 'go to' activity is essential for every busy parent and teacher!

These activities are enjoyable and engaging. They afford valuable learning and development opportunities for children from physical, intellectual to emotional and social skills. They require only the use of everyday objects making them perfect for the home or classroom.

Children can work independently on these activities, with their peers or with adult help and have fun doing so.

CURRICULUM LINKS

With a focus on weather and animals these activities will improve children's understanding of familiar ideas and objects. Topics such as rainfall, clouds, wind and snowflakes form part of early teaching, as of course, does learning about animal life. These activities will inspire children's curiosity and fascination about the world, understanding its physical processes and the formation of environments. This understanding will remain with them for the rest of their lives.



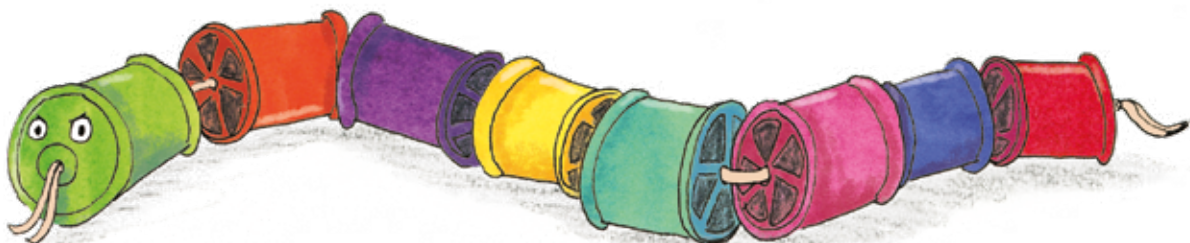
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DEVELOPMENT LINKS

Physical Skills

- * Development of fine motor skills
All these activities require the movement of hands and fingers. And these in turn will involve the use and practice of fine motor skills and the general improvement of muscle control and strength. Developing these skills will extend into everyday activities such as washing and dressing.
- * Increase in dexterity
All these activities require manual dexterity. With practice and time, finer artistic skills will increase.
- * Improvements in hand-eye coordination
These activities require keen hand-eye coordination and such practice will support the development in further areas such as sports.

Intellectual Skills

- * Promotion of innovation and creativity
These activities offer children opportunities to create something new. This will encourage them to think differently and to innovate ideas.
- * Develop problem-solving skills
These activities require children to follow instructions and be resourceful. Encouraging them to work out where they may have gone wrong through discussion will support them in later life.
- * Enhance decision-making skills
Solving artistic challenges will promote correct and effective decision-making abilities. This will improve their ability to face other problems.
- * Improvement in memory
These activities require children to use and develop their visualising skills. Visualising complex designs will help improve memory.
- * Improvements in visual processing
These activities require children to identify patterns and colours that will naturally develop visual processing skills. This cognitive development is very important in early years.



EMOTIONAL AND SOCIAL SKILLS

* Improvements in self-esteem

Encouraging children in these activities will boost their self-esteem. With each completed activity children will feel a sense of achievement. Creating something allows children to feel in control and confident in themselves.

* Confidently express self

Artistic activities encourage children to express themselves and your praise and encouragement will give them the confidence to do so. Children can channel negative and positive energy into these activities.

* Encouraging creativity

Although instructed, all of the activities allow children to use their imagination and turn it into something productive. This will nurture artistic talents and self-esteem.

* Improvements in working with others

Encouraging children to work on these activities with their peers, whether they create a project together or simply support one another, will hugely develop their social skills and abilities. Interacting with other children with the same interests or working together to overcome differences will allow for friendships to develop.

* Strengthen bonds

Working together with the child on these activities as a parent or teacher will strengthen your bond. Company will promote the children's enjoyment and engagement with the activity.

