the other side of empathy

JADE E. DAVIS





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Preface.

I'd like to preface this with ... I feel you, man.

Because we can never truly know another's feelings or perspective, it is better that we not feel at all. It's better than going down the path of self-actualizing at the cost of temporary self-annihilation coupled with cannibalization that we have come to call "empathy" across all parts of society tasked with cultural reproduction. That is to say, empathy is an illusion at best, or simply—as is said in moments of deep reflection—bullshit!

Here is the list of things I know to be true (not to be confused with Truth) about empathy:

- 1. Feelings and emotions are chemical pollution of the brain that cloud the accuracy of experience.
- 2. Reaching radical empathy is to have successfully dehumanized oneself.
- 3. Empathy leaves the Other stuck in time and place.
- 4. You are my Other, and I too am yours; this does not mean WE ARE THE SAME.
- 5. Mediated experiences and the empathy that they *inspire* is an illusion.
- 6. To be in the shoes of an Other still leaves you with your own feet.
- 7. Empathy is deployed and used politically as though it were pure transference or communication.

- 8. Respect, compassion, mutual recognition, and assumptions are better frameworks for understanding.
- 9. Your irrational feelings are my murder, and you cannot empathize with the dead.
- 10. The body's empathetic sensations are the body being seduced and overwhelmed by its own feelings.
- 11. Empathy = DEHUMANIZATION and ALIENATION (first of the Other and then of the Self).

The disenfranchised, the marginalized, and the at-risk are expected to perform their pain and discomfort for those who know only comfort. Those who know only comfort do not realize they sit in a position of privilege and power. Rather than trying to step into the discomfort of others, people should learn to confront, interrogate, and be aware of their own discomfort, preferably with a smile, because empathy is empty.

Empathy Manifesto #3: Kill the body. Leave it behind. It is forever lost in time.

Empathy is your imagined present and the future made up of the past. Feelings displaced corporeally and temporally temporarily reduce the ones living to anchors for their feelings about a fabricated past we call "History." This is domination by agents of oppression and interpreted by those attempting to absolve themselves of guilt. Their word for freedom to do as they please is EMPATHY, the evil eraser. The dead and silent of us create an archive for them. An archive of those who can't tell them, "You are out of line." And of those who are not invited to speak when all they want to say is: "I am human. I am human. I am human!"

A call met with calls for silence, a cultural shushing, so others can make sure the time we are lost to is a time of suffering.

For the anger that can't be contained

and the feelings that are often left out of words.

For the dead who cannot speak now and whose words were lost in the past, this is a call to feminism, the decolonial, Blackness, and invisibility.

This is a call to a political practice in a time of crisis that is now generations old.

This is a rejection of the postcolonial.

There is a call to decolonize your version of the past.

STOP TRYING TO COMPRESS TIME SO YOU CAN GET LOST IN YOUR FEELINGS.



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And to all of those whom I encounter digitally and who inspire me, make me curious, or help me discover new worlds that I will never meet because of the distance of time, place, and circumstance.