

SEÁN  
McGRAIL

# EARLY SHIPS AND SEAFARING

*European Water Transport*



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AND  
SEAFARING





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*European Water Transport*

Seán McGrail





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# Preface

**T**wo-thirds of the world's surface is covered by sea; the other third has numerous lakes and rivers which were pre-eminently early Man's 'highways'. Since the Stone Age, water transport on lake, river and sea has been the prime means by which Man explored and exploited the world, linked together its dispersed populations, and sustained trade and exchange. The raft and the boat (later the ship) remained principle actors in that role until the advent of the aeroplane in the early twentieth century.

Boats are their own advertisement: there therefore has been a tendency for styles of boat building and methods of propulsion and steering to spread around centres of innovation and become regional styles. The aim of this volume is to present what is now known about the water transport of two of those regions: the Mediterranean and the European Atlantic seaboard. The time span of the text extends from earliest days to the fifteenth century AD when European ships had begun to be designed in a formal way, and technical descriptions and drawings of water transport were produced.

A significant change in water transport occurred with the introduction of the ship – with all that increase in size implies for operational capabilities. In the English language, there is no clear dividing line between the two, merely a range of characteristics of which the ship, generally speaking, has more than the planked boat. The Oxford English Dictionary defines the 'boat' as 'a small open vessel; the 'ship' as 'a large seagoing vessel'. A distinction is thereby drawn between, on the one hand, a small, un-decked vessel ('the boat') limited in range and by the weather, and using informal landing places; and, on the other hand, a large, decked vessel ('the planked ship'), capable of carrying a boat onboard, relatively unrestricted in range or by the weather, and often operated from formal harbours with wharfs and jetties.

## PREFACE

Large vessels that might well be called ‘ships’ seem to have been built in certain regions of the world after Iron Age technology (a necessary, but not sufficient condition) was acquired. Nevertheless, vessels of the medieval Nordic (‘Viking’) tradition that were sailed across the north Atlantic Ocean and might therefore, be considered ‘ships’ were, structurally, ‘open boats’. Clearly there are nomenclature problems. In the chapters that follow I have attempted to distinguish between ‘boats’ and ‘ships’ but may not always have succeeded.

In earlier times (and still today, in places around the world) rafts and boats built of bark, logs, bundles and hides were not only relatively quickly built, but also matched both the role they were destined to undertake and the environment in which they were to be used. In the long run, however, it proved to be only the plank boat that could be increased in size to become the ship capable of sailing the oceans of the world.

In Chapter One, concepts and techniques are described that are used in the succeeding chapters. Of particular importance is the section dealing, in simple terms, with naval architectural concepts such as ‘flotation and stability’ and ‘seaworthiness’. Chapters Two and Three deal with the Mediterranean and with Atlantic Europe, regions with distinctive cultural and technological histories. Those two chapters each begin with a description of the region’s hydrography and maritime geography based, with permission, on a similar text published in Chapters Four and Five of my *Boats of the World* (2001, Oxford University Press). Those descriptions are followed by an exposition of the region’s main traditions of float, raft and boat/ship building. The third element in each chapter is a description of how such water transport was used: propulsion, steering, navigation and the like, including (where the information is available) the identification of early harbours and landing places.

As the reader will find, there are great gaps in our knowledge, especially in the early times when reliance has to be placed almost entirely on excavated evidence, which is not only sparse but also incomplete. Moreover, on excavation, such remains are seldom found to be arranged in an orderly and readily-understood fashion, which



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may sometimes lead to doubt and disagreement about how they should be interpreted. Nevertheless, it is generally agreed that, for certain times and places – for example, the Eastern Mediterranean in the Classical and Byzantine periods, and in tenth to twelfth century AD Scandinavia – a reasonably coherent, moderately comprehensive, and probably fairly accurate picture can be presented. For other times and places, as orderly an account as possible has been given.

Chilmark  
Feast of St Thomas Aquinas  
2014

## CHAPTER 1

# Concepts and Techniques

In 1946, James Hornell, marine biologist by profession but nautical ethnographer-historian by inclination, published *Water Transport*, a remarkable volume that summarised his wide-ranging – almost worldwide – knowledge of working rafts and boats. In his preface, Hornell defined water transport as ‘the many devices upon which men, living in varying stages of culture, launch themselves afloat upon river, lake and sea’ Hornell’s ‘many devices’ may be divided into four classes: floats, rafts, boats and ships. For reasons of brevity, the term ‘ship’ is used in the title of this book. Nevertheless, for our purposes here, ships may be thought of as large boats; the three other classes may be distinguished, one from another, by considering how the buoyancy of each is derived or applied.

Floats are personal aids to flotation: a float’s buoyancy is applied direct to the man partly immersed in the water. Outside tropical waters, the seagoing use of floats is constrained by water temperature and limited by the endurance of the user.

Rafts derive their buoyancy from the flotation characteristics of each individual element which must have a specific density less than 1 (i.e. it must float). Some rafts are ‘boat shaped’, nevertheless they are ‘flow-through’ structures and are therefore not boats. Like floats, rafts are used on rivers and lakes but their ‘flow-through’ characteristic means that, outside the zones of warmer water (approximately 40°N to 40°S) their use at sea is limited and is, indeed, impossible when cold air and sea temperatures are combined with exposure to wind and/or rain to the point where the crew are disabled by hypothermia.

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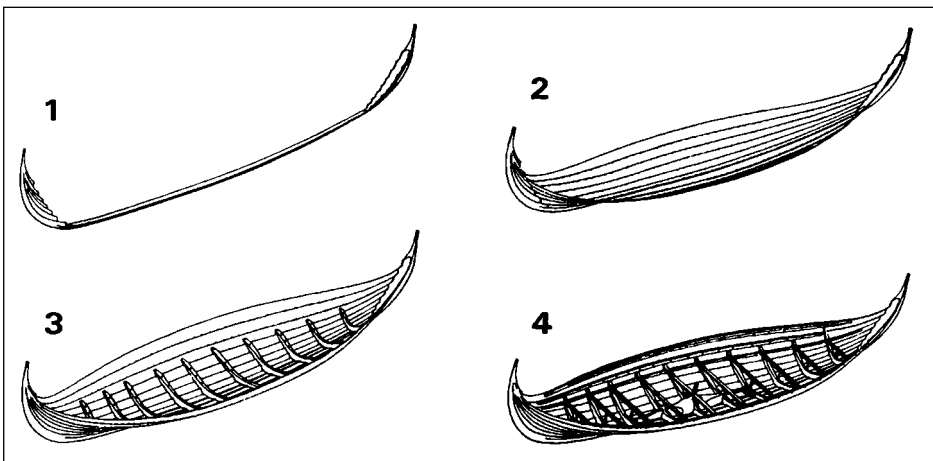
Boats derive their buoyancy from the flotation characteristics of a hollowed vessel as water is displaced by its watertight hull. There are no limitations on the specific density of hull materials, although those made of lighter materials will float higher in the water and therefore be able to carry greater loads.

Within these groups, sub-divisions may be recognised by reference to the principal raw material used. Thus there are log floats, hide floats, bundle floats and pot floats; rafts of logs, of inflated floats, of bundles and of pots; and boats of logs, bark, hides, pottery, reed bundles, coiled basketry (the latter two waterproofed by bitumen) and planks.

### BOATBUILDING SEQUENCES

Several of those sub-types may be further partitioned depending on whether they are built as a watertight shell or as a waterproofed frame. Planked boats are either 'plank-first' ('shell-first' – Fig. 1.1) or 'frame-first' ('skeleton-first' – Fig. 1.2). In the former case, the watertight planking defines the shape of the hull which is subsequently strengthened by framing. In the second case the hull is defined by the framing which is subsequently made watertight by planking fastened to that framework.

*Fig. 1.1 The plank-first sequence of building a boat. (after Crumlin-Pedersen)*



CONCEPTS AND TECHNIQUES

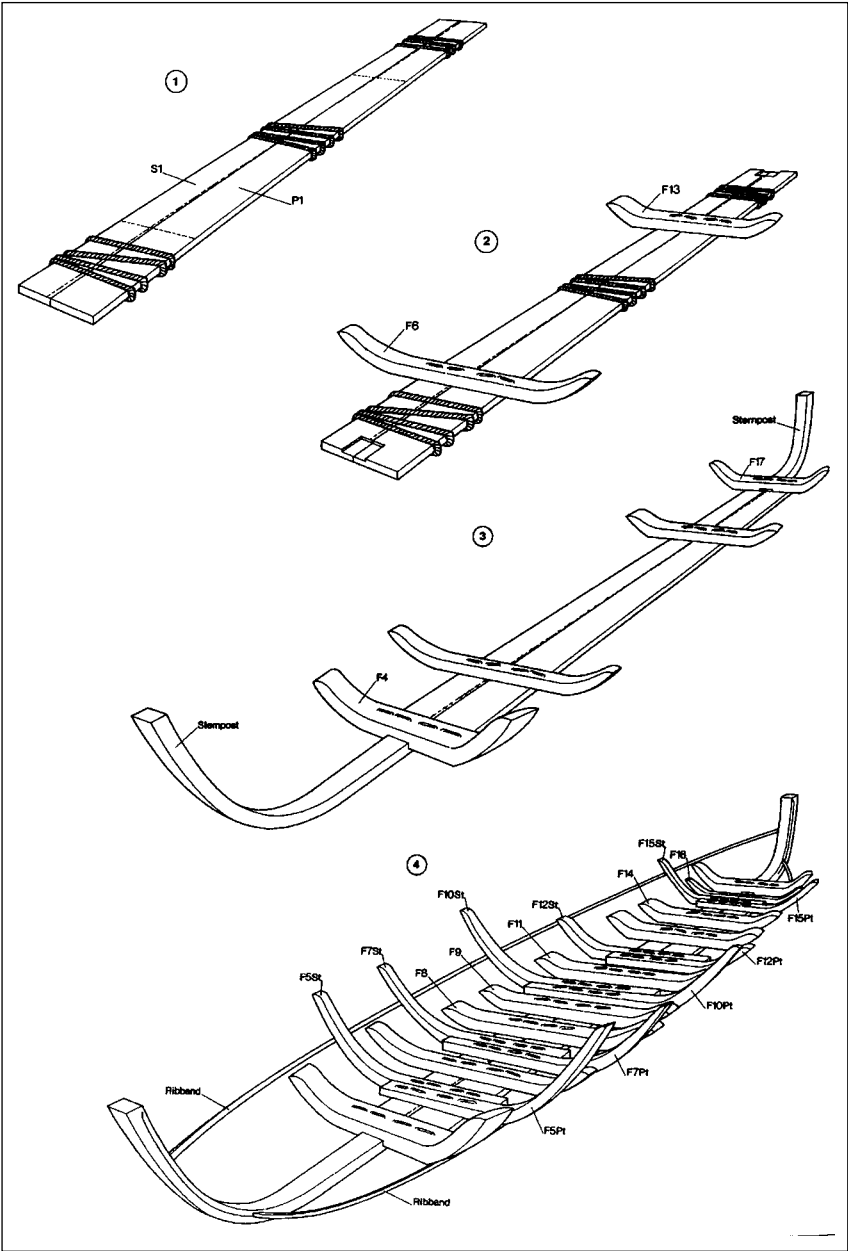


Fig. 1.2 The first four stages in the frame-first sequence of building a boat.



## EARLY SHIPS AND SEAFARING

Logboats are built ‘shell-first’. Bark boats are also generally built ‘shell-first’, but recently, in Sweden, British Columbia and Siberia, some (the larger ones?) were built by sewing or lashing bark pieces to a framework. Most hide boats are built skeleton-first; they are then made watertight by the addition of a hide cover. Small (‘one-hide’) boats in North America and in Mongolia, on the other hand, were built as a watertight shell (a ‘leather bag’) which was sometimes re-enforced by framing.

If hull planking is found fastened together (rather than to a framework) it is almost certain that such a vessel had been built in the ‘shell’ (plank-first) sequence. Exceptionally, however, there was a period in China (fourteenth to fifteenth centuries AD – and on to the twentieth century) when seagoing ships with planking fastened together had actually been built frame-first.

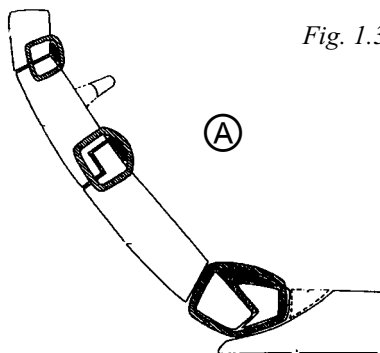
Although archaeologists identify these two different approaches to boatbuilding by determining the building sequence, early plank-boat builders would probably have thought of them as different ways of obtaining hull shape. In the plank-first case, shape was determined by eye, and visualised as a watertight shell of planking reinforced by framing. In frame-first building, on the other hand, shape was obtained by fashioning individual frames and setting them so that the required hull shape was outlined: such boats were visualised as a framework skeleton that was subsequently ‘waterproofed’ by planking.

### **BOATBUILDING TRADITIONS**

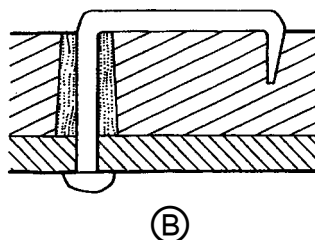
A ship- or boat-building tradition is an archaeological concept; it may be defined as ‘the perceived style of building generally used in a region during a given time range’. Such traditions were initially recognised by archaeologists using intuitive, ad hoc methods. As more wrecks were found, it proved possible to identify characteristics that seemed to define certain groups. An important, often diagnostic, feature is the type of fastening used in a boat, either to fasten planking together or to fasten planking to framework (Figs. 1.3 & 1.4).

## CONCEPTS AND TECHNIQUES

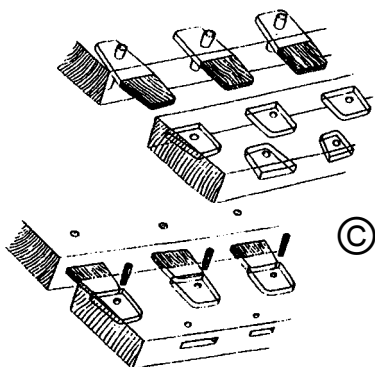
*Fig. 1.3 European fastenings.*



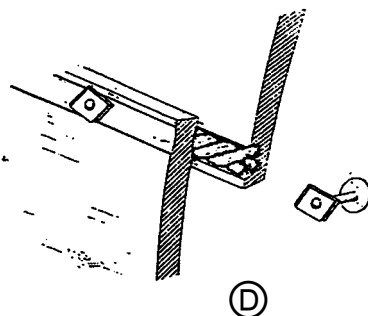
*A: individual lashings fastening together the planking of the Ferriby boats.*



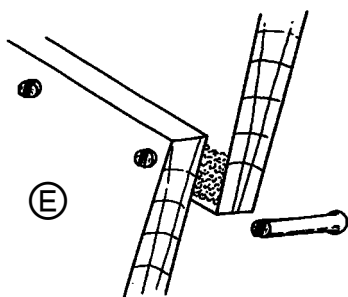
*B: hooked nails fastening the planking to the framing of Romano-Celtic vessels.*



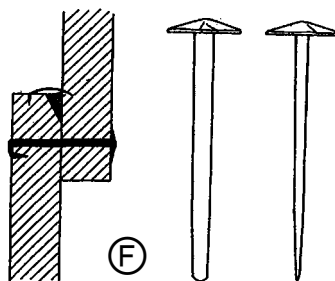
*C: locked mortise and tenon plank fastenings of early-Mediterranean vessels.*



*D: clenched iron nails fastening together the hair-caulked, overlapping planking of Nordic vessels*



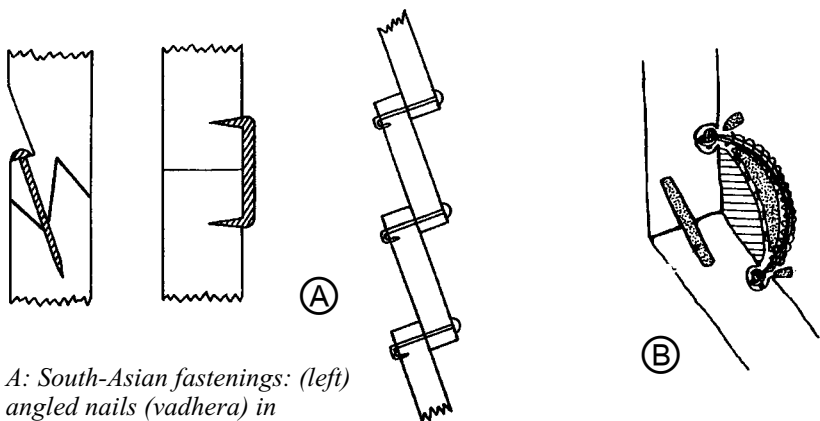
*E: Slavonic variant of 'D', with moss caulking and treenail fastenings.*



*F: Hooked nails fastening together the clinker planking of the Bremen Cog, with moss caulking held in place by metal clamps.*

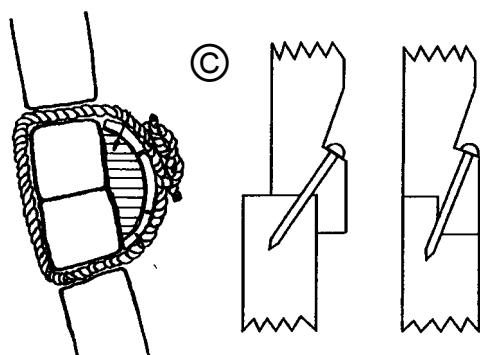
## EARLY SHIPS AND SEAFARING

*Fig. 1.4. Plank fastenings used in India, Vietnam, China & the South Pacific.*



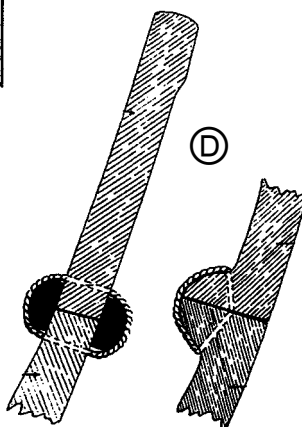
*A: South-Asian fastenings: (left) angled nails (vadhera) in Gujarat; (centre) staples in Bangladesh; (right) reverse-clinker planking (outboard is to the left) fastened with hooked nails in Orissa and West Bengal.*

*B: Vietnamese planking positioned by wooden dowels, and fastened together by wedged rattan lashings.*



*C: Chinese fastenings: coir lashings of a boat from Hainan island (left); and two types of angled-nail fastening in Quanzhou ship 1.*

*D: Maori (left) and Fijian sewn-plank methods of fastening planking to a logboat hull using coconut-fibre cord over a caulking.*



## CONCEPTS AND TECHNIQUES

The Nordic building tradition (Ch. 3) originated in the western Baltic in the early centuries AD and reached its climax during Viking times (eighth to eleventh centuries AD): some of its features continued to be recognisable in wrecks and illustrations dated as late as the fourteenth century. Other traditions had been given type names during late-medieval times: ‘cog’, ‘hulc’ and ‘carrack’, for example. Contemporary illustrations and descriptions allow us to link some of these type-names with excavated wrecks – there is now a sizeable group of vessels recognised as cogs. Other evident traditions, for which no type name has survived, have to be given a name: for example, the term, ‘Romano-Celtic’ is used to describe a group of second to fourth centuries AD, north-west European vessels (some seagoing, others river craft), with several characteristics in common.

It is not necessary that all vessels thought to be of one tradition should possess all characteristics. Each vessel in a tradition has to share a large number of characteristics with all others, but no one characteristic has to be possessed by all of them. Such groups are said to be ‘polythetic’, and, in not requiring uniformity, they reflect our intuitive understanding of the real world.

### **BOATBUILDING MATERIAL & TOOLS**

Hides, reeds, and other materials – even pottery – have been used to build boats but, worldwide, timber is especially important, being the principal material for log rafts, log boats, and (pre-eminently) planked boats. Wood is also used for the framework of buoyed rafts, hide boats and reed-bundle boats, and for the lashings and sewing used to fasten together sewn-plank boats, hide boats and bundle rafts. Furthermore, wooden pegs (treenails) have been used widely to fasten planking together and to secure fittings, such as frames, to boats. Moreover, bark – another tree product – is used to build bark boats and some bundle rafts. The dominance of the tree in early boatbuilding was emphasised by G.F. Hourani, in his mid-twentieth century book on ‘Arab Seafaring’: he noted that a traditional Arab sewn-plank boat could be made solely from a coconut tree: planking, mast and other fittings from the bole, ropes, plank fastenings and

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sails from coir (the fibrous husk of the nut), and waterproofing oil from dried nut kernels.

In north-west Europe, ash, elm, hazel, alder, beech yew, lime, birch, willow and pine were sometimes used in boatbuilding but, wherever oak was available, it was clearly preferred for the main structural elements. Individual trees were carefully selected to match each job in hand: tall forest oaks with straight grain and without low branches had boles that were suitable for logboats, for long, straight, almost knot-free planks, and for keels and keelsons. Isolated oaks, on the other hand, produced naturally-curved timber that was needed for tholes, knees, frames, stems and other curved members (Fig. 1.5).



*Fig. 1.5 A Norwegian thole fashioned from a crook to ensure strength.*

## CONCEPTS AND TECHNIQUES

Archaeological and historical evidence, and recent practice in Shetland and Norway, suggest that early boats were built of 'green' timber, unseasoned and therefore of relatively high moisture content. Such 'green' timber was easier to work, and the tendency for it to split and distort was minimised. The finished boat was then stabilised in a similarly high moisture content environment by transferring it to its natural habitat, the sea.

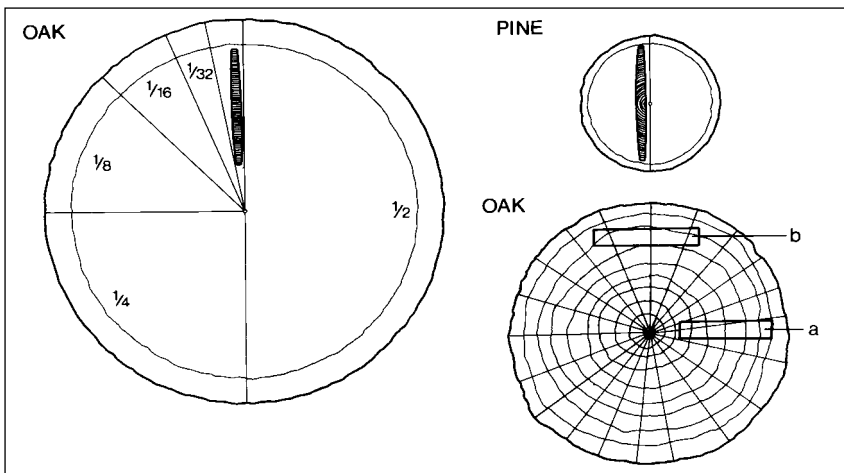
After the crown and major branches had been removed from a felled tree, the resultant log was stripped of its bark and sapwood. From such a log, or sometimes a half log, logboats were hollowed out. Whole, straight logs were also converted into keels for planked boats. In prehistoric times, whole or half-log oaks were converted into planks, thus achieving the maximum plank breadth from near the diameter of the log; in medieval times pine logs (of smaller diameter) were similarly converted. Oak planks for medieval boats

*Fig. 1.6 Diagram showing two ways of converting logs into planks:*

*Oak: An Oak log was converted into radial planks by first splitting the log in half; then halving each of those halves; and so on.*

*Pine: Pine logs (of smaller diameter) could best be converted into two planks, one from each half.*

*The lower diagram shows how a plank orientated radially in its parent oak log has rays running the breadth of the plank (a) and therefore will be strong; a plank orientated tangentially (b) would be less-strong.*



## EARLY SHIPS AND SEAFARING

built in the Nordic ('Viking') tradition were split radially from oak logs (Fig. 1.6). Such 'clove boards' are stronger than planks converted in any other way; they shrink less in breadth, are less liable to split or warp, and are less easily penetrated by fungi. Splitting radially also minimises the number of planks with knots in them, and the wedge-shaped cross sections of each plank admirably fit the overlap, a distinctive feature of clinker planking.

Nowadays, an experienced forester would expect to produce twenty sound, radial planks per log; in medieval times, more may have been achieved. This method of log conversion persisted in north-west Europe until the fourteenth century when saws began to be used for shipbuilding and it became possible to convert logs in a variety of ways. Saws generally follow a straight line, regardless of the grain, whereas radially splitting an oak log, using beech or metal wedges, follows natural lines of cleavage ('grain') and the boards thus produced are stronger than sawn boards.

In Britain, the individual stitches used to fasten together the planks of the Earlier Bronze Age Ferriby boats were made from un-split yew withies, twisted and cracked to make them flexible. The continuous, sewn fastenings of the Brigg 'raft', of the Later Bronze Age, consisted of two, inter-twinned, split strands of poplar/willow. Two-stranded birch rope was used to repair a split in the Appleby logboat of c.1100 BC. By late-medieval times rigging ropes were much as we know them today: at Wood Quay in Dublin, ten to fifteen yarns of split or whole yew withies were bundled into strands, and two strands were then laid up right-handed to make a rope of some four inches girth.

Boats can be built with a relatively simple tool kit: the Nootka Indians of America's west coast used bird bones to bore holes, and the Chumash Indians of California used flints and whalebone wedges to build seagoing, sewn-plank boats. In early-twentieth century Oceania, boats were built with stone and bone tools. Elsewhere, shells were used for tasks that, today, we would use axe, adze or scraper. In early technologies everywhere, a simple kit of non-metal tools was used to build, what excavation shows to have been, splendid examples of the boatbuilder's art.



## CONCEPTS AND TECHNIQUES

In the absence of wind-uprooted trees or of driftwood, living trees must be prepared for felling by lopping-off branches using stone or (later) metal, axes. Maori woodsmen felled totara pine trees using stone tools and a ballista-powered, or swing, battering ram to cut into a tree's base. There is also much ethnographic evidence for the controlled use of fire. The crown and any remaining limbs were removed, and wedges, levers, ropes and rollers used to manoeuvre the resulting log into a position where it could be converted. Bark and sapwood were then removed and surplus timber cut away to produce something near the final shape required.

When planks were to be fashioned in northern Europe, oak logs were split by wedge, mallet and lever, until pitsaws and sawmills become common in the later middle ages. A plank was fashioned from each half of a split pine log, thus obtaining maximum plank breadth. Certain timber species may be bent without treatment; other species after being made malleable by controlled burning or by steam. Ropes, wedges and levers may also be used. Planks may be held together temporarily by a simple tourniquet or by X-shaped, wooden cramps, locked by a wedge. Much was done 'by eye', based on years of experience, or using natural measurement units such as thumbs, palm,

*Fig. 1.7. Boatbuilding scene from the Bayeux tapestry. (Photo: courtesy of the Musée de l'Evêché, Bayeux.)*



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hand-spans, feet, ells and fathoms. On some excavated, medieval boats, knives, or scribing tools, had been used to ‘mark-off’ the intended position for the next timber. Axes could have been used to fashion most shapes required in boat building (Fig. 1.7), except where very concave shapes were needed, as in the underside of some frames, hollowed garboards and hollowed stems: in those cases, adze, chisel or knife would have been used.

In Britain, fastening holes in the Bronze Age Ferriby sewn-plank boats were worked by chisel or gouge; 1,000 years later, holes in the Brigg ‘raft’ were probably bored by a bow-drill or by leather thong. Other tools needed when sewing together the planks of these early boats included a blade to split the willow withy used as thread, and a tensioning tool to tighten the thread before it was wedged in position. Holes for fastenings in medieval times may have been bored by hot metal or by awl, gimlet or auger (depicted on the Bayeux tapestry – Fig. 1.7).

Saws became available in north-west Europe during Roman times and were used, for example, to fashion the planks of Romano-Celtic boats (see Ch. 3, p.124–134). They were not used there again for boatbuilding until the thirteenth/fourteenth century AD. In the Mediterranean, saws were used when building the fourth century BC Kyrenia ship (see p.80–81).

### SOURCES OF EVIDENCE

During the past 100 years or so, within the coastal waters and rivers of lands bordering the European Atlantic, the Baltic and the Mediterranean, a number of ancient vessels have been discovered, excavated, researched and published. In recent years, several medieval wrecks from Chinese and south-east Asian waters have similarly been published. Elsewhere in the world, however, such projects are exceptional. Even within Europe, there are no excavated boats dated earlier than the eighth millennium BC: the oldest is a logboat; and the oldest European plank boat is from the early-second millennium BC.

Iconographic, documentary and ethnographic data can be used to supplement data derived from excavation and also to tell us something about water transport in periods when there are few, if any, excavated vessels.