

Lung Biology in Health and Disease

Volume 240

Executive Editor: Claude Lenfant

# Bronchopulmonary Dysplasia



edited by

**Steven H. Abman**

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# Bronchopulmonary Dysplasia

# LUNG BIOLOGY IN HEALTH AND DISEASE

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*The opinions expressed in these volumes do not necessarily represent the views of the National Institutes of Health.*

# Bronchopulmonary Dysplasia

edited by

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## Introduction

Bronchopulmonary dysplasia (BPD) is a complex and challenging disease. Since its original description by William Northway and his colleagues in 1967, many significant advances have occurred. Yet, it remains a major cause of mortality and morbidity in premature neonates, the rates of which are inversely related to the birth weight.

This new volume, *Bronchopulmonary Dysplasia*, edited by Dr Steven Abman, presents the most recent progress to its readership. The role of genetic determinants and of individual and environmental factors in the occurrence and severity of BPD are extensively addressed throughout the chapters. Of great interest is the discussion of biomarkers in BPD, as eventually they may help predict the occurrence of the disease and thus lead to early application of therapeutic options. This has the potential to reduce mortality and may limit long-term consequences of the disease.

Recent studies underscore the significance of these consequences, that is, residual lung structural changes very similar to those caused by emphysema (1–3). This concept is not new as for years neonatologists and pediatricians have called BPD a “chronic lung disease of early infancy.”

Today, chronic bronchitis and emphysema (currently termed chronic obstructive pulmonary disease—COPD) are recognized as major worldwide public health problems. Although smoking is undoubtedly the main risk factor, we are well aware of the occurrence of these diseases in nonsmokers. Thus, emphysema-like lesions and bronchial obstruction that develop in survivors of BPD underscore the need for extended basic and clinical research on BPD. Undoubtedly, as stated in the Preface, this volume will “stimulate the next generation of investigators and clinicians to further improve long-term outcomes of prematurely born infants.”

As the executive editor of the series of monographs *Lung Biology in Health and Disease*, I express my gratitude to Dr Abman for giving us the opportunity to present this volume. Both neonatologists and pulmonologists will benefit from it but, more important, their patients will as well.

*Claude Lenfant, MD  
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## Preface

Over 40 years ago, Dr William Northway and his colleagues at Stanford described the clinical, radiologic, and pathologic features of a new disorder—bronchopulmonary dysplasia (BPD). Their comprehensive phenotyping of patients with chronic lung disease following premature birth included numerous insights into the pathogenesis of the disease, including mechanistic links with hyperoxia, ventilator-induced lung injury, inflammation and infection, and its time course. This insightful, landmark study laid a strong foundation and provided the basis for subsequent work in the field, setting the stage for numerous advances in neonatal respiratory care. After all these years, many of these basic observations remain central to our current understanding of BPD.

BPD remains a disease partly defined and altered by its treatments. Despite major differences in the nature of BPD that have followed the introduction of surfactant therapy, prenatal steroids, and changes in neonatal care, BPD remains a major cause of neonatal morbidity and mortality. As survival of the tiniest of premature babies increases, many infants still develop significant impairment of lung function, leading to prolonged ventilator and NICU courses, frequent hospitalizations after NICU discharge, recurrent respiratory exacerbations, and problems with late cardiorespiratory diseases.

Nearly 10 years ago, Drs Richard Bland and Jacqueline Coalson edited an important volume that highlighted the current state of the art in our understanding of BPD (1). This book provided an important resource for basic scientists, clinician-scientists, and practicing clinicians alike. Chapters provided historical perspectives on BPD, highlighted basic mechanisms of lung development, characterized the clinical course and treatment strategies of premature infants at risk for developing BPD or with established BPD, and related topics. Their book especially highlighted the changing epidemiology and clinical course of premature newborns with BPD in the post-surfactant era, providing in-depth reviews of normal lung development, mechanisms of lung injury and repair, and clinical and pathologic features of the disease. In addition to its state-of-the-art reviews, this previous volume was especially useful for helping to define persistent questions and challenges for laboratory investigators and clinicians to better understand and treat premature newborns at risk for BPD.

Over the past decade, much work has been done to address the many challenges of premature birth and to further extend our understanding of BPD. The purpose of this current book is to simply provide an update of recent progress made in this field, and to once again raise new questions worthy of pursuit in the laboratory and clinical settings. The first section presents new advances in lung development, including recent insights into molecular pathways and the integration of growth factors, transcription factors, and cell-cell interactions in this process. The second section highlights mechanisms of lung injury and repair that disrupt normal lung airspace and vascular growth, and lead to the abnormalities of lung structure and function that characterize BPD. The third section highlights novel insights into clinical aspects of BPD, including new information on the genetic basis for BPD, its changing epidemiology, clinical course, and physiology, and updated reviews of its treatment. Finally, the fourth section presents an update on emerging therapies for the prevention of BPD, based on recent preclinical studies and multicenter randomized clinical trials.

Overall, this volume provides new insights into the pathobiology and treatment of BPD. I dedicate this book to our patients and their families, and hope that this work will help stimulate the next generation of investigators and clinicians to further improve long-term outcomes of prematurely born infants.

In addition, I would like to personally thank and acknowledge support in my career as provided by “mentors from afar,” including Alan Jobe, Eduardo Bancalari, Richard Bland, and Marlene Rabinovitch, as well as local friends and colleagues who keep me in line, especially David Cornfield, John Kinsella, Vivek Balasubramaniam, Jason Gien, and Peter Mourani. Finally, I thank my family (Carolyn, Ryan, Lauren, Mark, and Megan) for their loving support.

*Steven H. Abman, MD*

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# 1

## Genetic Mechanisms of Lung Development and Bronchopulmonary Dysplasia: An Integrative View

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### I. Lung Development and Bronchopulmonary Dysplasia

The major function of the human neonatal lung is to rapidly clear fluid from the airways and to begin to exchange gas. The gas diffusion surface of the mature human neonatal lung has a honeycomb-like structure, comprising extensively branched, perfectly matched ducts for air and blood. This configuration maximizes the gas exchange surface area between air and blood, and facilitates maximally efficient packing within the chest cavity. In humans, the gas exchange membrane, which is about 1- $\mu\text{m}$  thick, consists of type I alveolar epithelial cells (AECI), basement membrane, and endothelial cells, with a total surface area that increases in the adult to about 70  $\text{m}^2$ . This vast and complex structure is developed sequentially by early epithelial tube branching and late septation of terminal air sacs. Perturbation of this developmental process results in abnormal lung structure and, hence, deficiency of the gas exchange function. Thus, premature human delivery interrupts this developmental process, resulting in an injury response phenotype that depends on the stage of lung maturity at the time of delivery. Northway et al. (1) coined the term *bronchopulmonary dysplasia (BPD)* to label the clinical, radiographic, and pathological features of chronic airway obstruction (broncho) and interstitial lung disease (pulmonary) with emphysema-like alveolar destruction and abnormal peripheral lung development (dysplasia). In those now far-off days respiratory distress syndrome (RDS) due to a combination of delayed fluid clearance, structural immaturity, and surfactant deficiency of the premature lung with the radiographic appearance of hyaline membrane disease were recognized as the major etiological factors from about 32 up to 36 weeks' gestation. Supportive treatment (oxygen plus pressure plus time) (2) plus fluid overload and left-to-right shunting through a patent ductus arteriosus (3) were recognized early on as the key postnatal, mostly iatrogenic, factors. With the widespread implementation of prophylactic artificial surfactant therapy, coupled with improvements in neonatal care including control of thermoregulation, judicious fluid therapy, gentler ventilation, and so on, the threshold for survival in human prematurity moved steadily downward toward 24 weeks' gestation. In these extremely premature infants, alveolarization has barely started, and accordingly, the critical feature of the "new BPD" was recognized to be alveolar hypoplasia (4). This chapter provides an overview of the

integrated genetic and molecular processes that drive lung development and discusses concisely how lung injury, repair, and regeneration impact them in the context of BPD.

## II. Early Lung Development: The Bauplan of the Lung

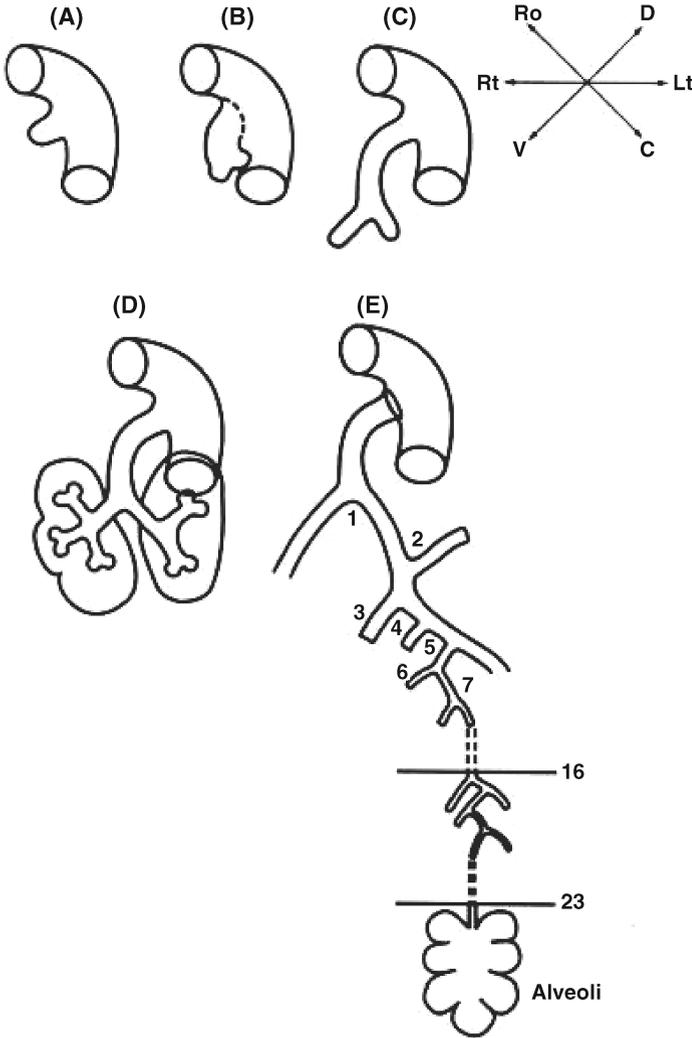
The lung originates from the ventral surface of the primitive foregut at five weeks' gestation in human. The lung anlage emerges as the laryngotracheal groove, located in the ventral foregut endoderm, which invaginates into the surrounding splanchnic mesenchyme (Fig. 1). Then a pair of primary buds evaginate from the laryngotracheal groove. The respiratory tree then develops by branching morphogenesis, in which reiterated outgrowth, elongation, and subdivision of these epithelial buds occur in a bilaterally asymmetrical pattern. Three lobes on the right side and two lobes on the left side are formed in human lung. There are 23 generations of airway branching in human. The first 16 generations branch stereotypically and are thus highly reproducible, and this is completed by 16 weeks' gestation, whereas the remaining 7 generations are random and are completed by about 20 to 24 weeks' gestation. Alveolarization begins around 20 weeks' gestation in human and continues postnatally at least until 7 years of age.

### A. Genes Controlling Induction of the Early Lung

Early lung induction is under control of many gene products that act cooperatively to precisely define the location of laryngotracheal groove formation and specify proximal-distal, dorsal-ventral, and left-right axes of the developing lung. The earliest endodermal signals essential for gut morphogenesis and gut tube closure are the GATA (zinc finger proteins that recognize GATA DNA sequence) and hepatocyte nuclear factor (HNF/Fox) transcription factors. *Foxa2* is required for gut tube closure, whereas GATA-6 is required for activation of the lung developmental program in the foregut endoderm. *Hnf-3/Foxa2 $\beta$*  is a survival factor for the endoderm, and its expression is induced by Sonic hedgehog (*Shh*) signaling. Also, *Tbx4* can induce ectopic bud formation in the esophagus by activating the expression of *Fgf10* (5). In addition, left-right asymmetry is controlled by several gene products including *nodal*, *Lefty-1,2*, and *Pitx-2*. For example, single-lobed lungs are found bilaterally in *Lefty-1<sup>-/-</sup>* mice, and isomerism of lung is found in *Pitx2* null mutants. Retinoids and their transcriptional factor receptors also play key roles in induction of the early lung branching process.

### B. Complexities of Distal Airway Branching: Some Simplifying Concepts

At first sight, intrapulmonary airway branching in the developing lung distal to the primary bronchi appears to become increasingly complicated as it proceeds distally and the number of individual branches increases into the millions. But, once the laryngotracheal complex and left-right laterality are established, distal airway branching is thought to be driven by a master branch generator routine, with three slave subroutines instructing a periodicity clock that times the appearance of subsequent branches, a rotational orientation subroutine that determines the orientation of the branches around the axis of the airway, and finally, a bifurcation subroutine (6,7). Thus, branching morphogenesis of the bronchi in early mouse embryo lung can be parsed anatomically into three simple geometric forms, termed domain branching, planar, and orthogonal



**Figure 1** Diagrams showing key events in human lung morphogenesis. (A) The primitive lung anlage emerging as the laryngotracheal groove from the ventral surface of the primitive foregut at five weeks' gestation in human. (B) The primitive trachea separating dorsoventrally from the primitive esophagus as the two primary bronchial branches arise from the lateral aspects of the laryngotracheal groove at  $5 \pm 6$  weeks' gestation in human. (C) The embryonic larynx and trachea separated dorsoventrally from the embryonic esophagus at six weeks in human. (D) The primitive lobar bronchi branching from the primary bronchi at seven weeks in human. (E) A schematic rendering of the term fetal airway in human. The stereotypically reproducible, first 16 airway generations are complete by 16 weeks in human. Between 16 and 23 weeks, the branching pattern is random and is completed by about 24 weeks in human. Alveolarization begins after about 20 weeks in human and is complete by 7 years of age at the earliest.

bifurcation. These basic forms are repeated iteratively to form different arrangements of branches. These arrangements have been termed bottlebrush array, planar array, and rosette array. The bottlebrush array describes the sequential proximal to distal emergence of secondary branches along the airway. The bottlebrush mechanism can be reoriented to form a second row of branches at right angles to the first row. The planar and rosette arrays describe the patterns formed by sequential bifurcation of the tip of secondary, tertiary, and subsequent buds at right angles to each other. Repetition of these simple branching modules together with the hierarchical control and coupling of them may therefore explain how the genome could encode the highly complex yet stereotypic pattern of early bronchial branch formation using a relatively simple toolbox of genetic modules. Genes that drive these specific processes are discussed later on in this chapter.

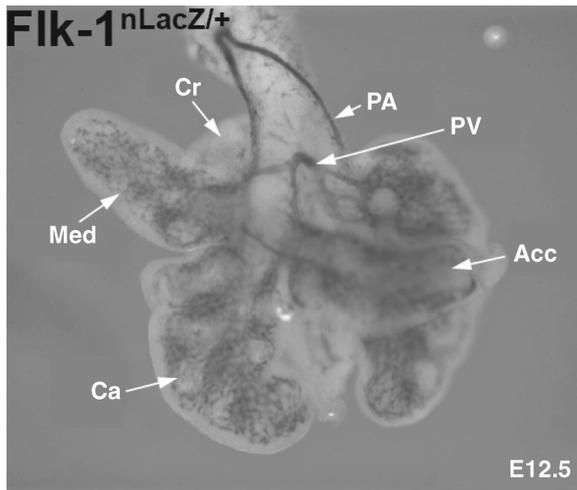
### **C. The Impact of Hydraulic Pressure and Airway Peristalsis**

The embryonic lung is filled with liquid. Active chloride secretion through the cystic fibrosis transmembrane conductance regulator (CFTR) and other chloride ion channels attracts sodium and thus creates an osmotic gradient, which draws water into the lumen. Lung liquid is produced from the earliest stages of embryonic lung development up to delivery. The hydraulic pressure within the lung lumen is determined by the rate of production of liquid together with the pinch-cock valve function of the primitive larynx. Obstruction of fluid outflow by clipping or cauterization of the embryonic trachea increases the intraluminal pressure by about two- to threefold. This is accompanied by a threefold increase in branching of the airway. Most notably, the rate of bud extension increases by about twofold whereas the interbud distance is halved. These effects of increased intraluminal pressure depend on FGF10-FGFR2b-Sprouty signaling (8). Several clinical trials have been made to determine whether tracheal obstruction to increase intraluminal pressure can accelerate fetal lung maturation in human fetuses with congenital diaphragmatic hernia. However, clinical opinion remains divided on whether there is any therapeutic role for this highly risky intervention. Nevertheless, the connection between physical force, morphogenetic signaling, and lung development is clearly important, and nowhere this is more evident than in BPD where barotrauma clearly plays a major role in the etiology. The discovery that waves of airway peristalsis that are calcium-driven and originate in a rhythm generator in the proximal airways also play a key role in embryonic lung development suggests that airway smooth muscle has an essential function even very early in lung development.

### **D. Coupling of Endothelial (Blood and Lymphatic Capillaries) with Epithelial Morphogenesis**

Tight coupling of endothelial with epithelial development is also clearly important for efficient gas transport and fluid clearance at birth. Capillary plexi surround the primitive airway from the earliest stages of development. Vascular endothelial growth factor (VEGF) signaling from the epithelium to the developing capillary endothelium is essential for the development of the primitive capillary hemangioblasts into mature networks of capillary endothelium. Likewise, the endothelium signals back to the epithelium to coordinate morphogenesis of these tissue compartments. There is a constant stereotypic anatomical relationship between the developing pulmonary capillaries, arteries, and veins (Fig. 2).

The arteries run along the superior surface of the developing lobules, whereas the veins run along the interior surface. The lymphatics also develop under the control of the



**Figure 2** Blood vessels of the developing lung are shown at E12.5 in a special transgenic mouse. The blue signal is generated by staining for LacZ, driven in endothelial cells by the Flk-1 (VEGF receptor) promoter. *Source:* Artwork by Pierre del Moral. *Abbreviations:* PA, pulmonary artery; PV, pulmonary vein; Cr, cranial lobe; Med, median lobe; Ca, caudal lobe; Acc, accessory lobe of right lung.

VEGFR3 isoform of VEGF receptor and play a key role in regulating lung interstitial liquid content. Null mutation of VEGFR3 markedly retards mobilization of fetal lung liquid at birth because of lymphatic hypoplasia, leading to failure of lymphatic drainage of interstitial fluid.

### III. Histological Stages in Lung Development

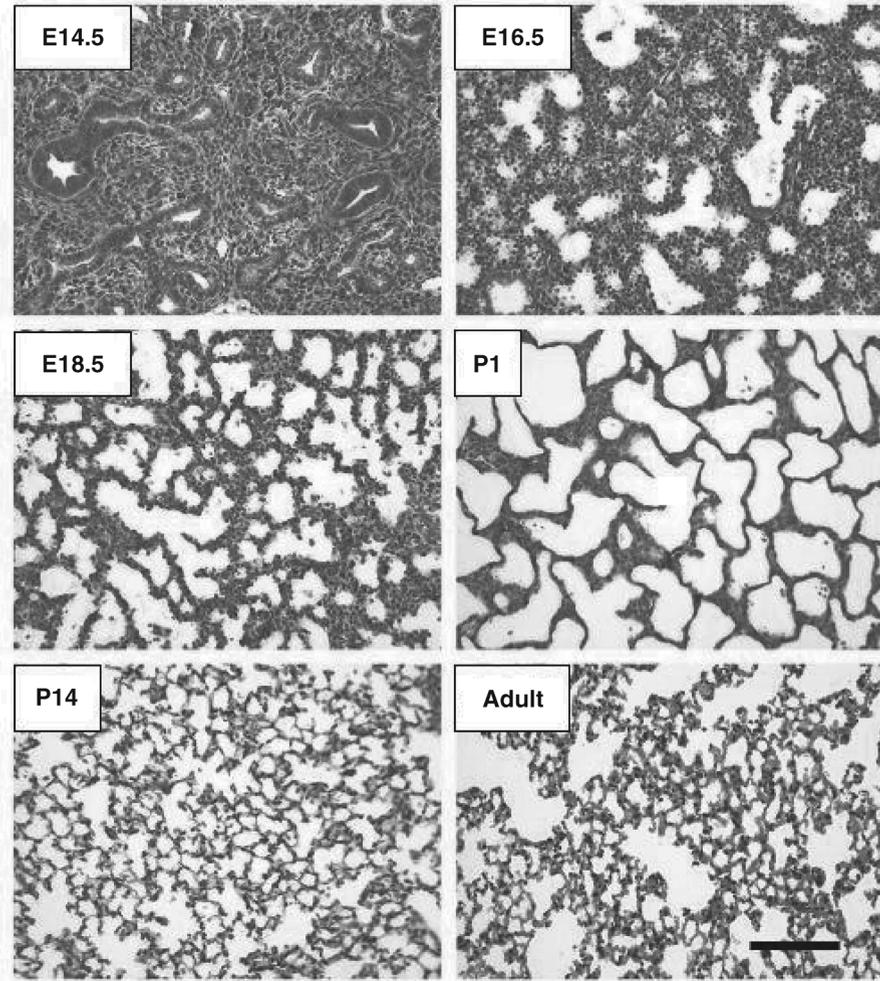
Histologically, lung development and maturation has been divided into four stages: the pseudoglandular stage, the canalicular stage, the terminal sac stage, and the alveolar stage (Fig. 3).

#### A. The Pseudoglandular Stage (5–17 Weeks of Human Pregnancy, Embryonic E9.5–16.6 Days in Mouse Embryo)

This is the earliest lung development stage in which the embryonic lung undergoes branching morphogenesis developing epithelial tubular structures with lining cuboidal epithelial cells that resemble an exocrine gland. However, this fluid-filled respiratory tree structure is too immature to perform efficient gas exchange.

#### B. The Canalicular Stage (16–25 Weeks of Human Pregnancy, E16.6–E17.4 Days in Mouse Embryo)

The cranial part of the lung develops relatively faster than the caudal part, resulting in partial overlap between this stage and the previous stage. During the canalicular stage,



**Figure 3** Histology of mouse lungs at various stages of development. Embryonic mouse lung develops from early pseudoglandular stage (E14.5) to canalicular stage (E16.5) and further terminal sac stage (E18.5 and P1). Neonatal lungs undergo further alveolarization, resulting in many septa formation (P14). Finally, a mature honeycomb-like structure with normal respiratory function is formed, as observed in adult. Scale bar: 100  $\mu$ m.

the respiratory tree is further expanded in diameter and length, accompanied by vascularization and angiogenesis along the airway. A massive increase in the number of capillaries occurs. The terminal bronchioles are then divided into respiratory bronchioles and alveolar ducts, and the airway epithelial cells are differentiated into peripheral squamous cells and proximal cuboidal cells.

### **C. The Terminal Sac Stage [24 Weeks to Late Fetal Period in Human, E17.4 to Postnatal Day 5 (P5) in Mouse]**

There is substantial thinning of the interstitium during the terminal sac stage. This results from apoptosis as well as ongoing differentiation of mesenchymal cells (9,10). Additionally, at this stage, the AEC are more clearly differentiated into mature squamous type I pneumocytes and secretory rounded type II pneumocytes. The capillaries also grow rapidly in the mesenchyme surrounding the saccules to form a complex network. In addition, the lymphatic network in lung tissue becomes well developed. The thick wall of these saccules, also called primary septae, comprises lining epithelial cells on both sides of a connective tissue core, within which there is a double parallel network of capillaries. Toward the end of this stage, the fetal lung can support air exchange in prematurely born human neonates. Although human premature infants can breathe with the lung that has developed to the end of terminal sac stage, the immature lung is nevertheless vulnerable to hyperoxic injury and barotrauma, resulting in the alveolar hypoplasia phenotypes described as new BPD. Maturation of surfactant synthesis and secretion is a key factor in determining whether the newborn lung can sustain gas exchange without collapsing. Another key factor is the rapid switch from chloride ion-driven fluid secretion into the airway to sodium-driven uptake of fluid out of the airway. This latter is driven by the birth response of the adrenergic system to cord cutting at birth.

How lung development is controlled at this stage is still incompletely known. The hydrostatic pressure inside the lumen of the airway, which is due to chloride ion and hence liquid secretion from epithelium in the developing lung (11–13), integrated with chemotactic signals from the mesenchyme such as FGF10 play important roles in forming terminal sacs. Mechanical factors also play an important role. Diaphragm muscle in *MyoD*<sup>-/-</sup> mice is significantly thinned and cannot support fetal breathing movements. As a result, lung is hypoplastic, and the number of proliferating lung cells is decreased in *MyoD*<sup>-/-</sup> lungs at E18.5. Therefore, mechanical forces generated by contractile activity of the diaphragm muscle play an important role in normal lung growth at this stage (14).

### **D. The Alveolar Stage (Late Fetal Period to Childhood in Human, P5–P30 in Mouse)**

Alveolization is the last stage of lung development. The majority of the gas exchange surface is formed during this stage. Alveolarization can be positively and negatively influenced by many exogenous factors including oxygen concentration, stretch in fetal airway, dexamethasone, and retinoic acid.

Forming new septa within terminal sacs is the key step for differentiation of the saccule into alveoli. This involves a complex interaction between myofibroblasts in the mesenchyme, adjacent airway epithelial cells, and vascular endothelial cells. Controlled multiplication and differentiation as well as migration of the myofibroblast progenitor cells within terminal sac walls are important for new septa formation. Myofibroblasts, smooth muscle precursor cells having the morphology of fibroblasts, migrate to the proper position within nascent alveolar septa, and synthesize and deposit elastin (15,16). This is the first step of new secondary septa development (16). Platelet-derived growth factor-A (PDGF-A) and its receptor PDGF- $\alpha$  play important roles in forming new septa.

*Pdgf-a*<sup>-/-</sup> or *Pdgf- $\alpha$* <sup>-/-</sup> shows a phenotype comprising loss of alveolar myofibroblasts and elastin, failure of alveolar septation, and this develops into emphysema due to alveolar hypoplasia (15,17). Besides PDGF-A, there are some other key proteins that mediate cell-cell interaction within terminal sac walls. For example, Roundabout (ROBO) is a receptor known to be involved in repellent signaling controlling axonal extension in the developing neuronal system. ROBO and its ligand SLIT are also involved in the regulation of nonneuronal cell migration (18). In E18, one day before birth, *Slit-2* is expressed in the saccular mesenchyme surrounding the airways. At the same time, *Robo* is expressed on the apical aspects of the airway epithelium adjacent to the ligand *Slit-2*, suggesting interactive roles in pulmonary bronchiolar development (19). A *Robo* knockout mouse has been shown to have loss of septation and thickened mesenchyme (20). In addition, transforming growth factor  $\beta$  (TGF- $\beta$ )-Smad3 signaling in peripheral lung epithelial cells is also essential for secondary alveolar septa formation (21). Abrogation of TGF- $\beta$  type II receptor in lung epithelial cells results in reduction of AECI and alveolar formation (22).

### E. Alveolar Septum Formation

Two additional processes are necessary in septum differentiation to form a septum with final mature morphology and function. One is the thinning out of the septal mesenchyme and the other is the maturation of the double capillary network into a single capillary bed. Thinning of the mesenchymal tissue involves apoptosis of “unwanted” cells in the postnatal lung mesenchyme. There is a substantial reduction in the number of interstitial myofibroblasts resulting from increased apoptosis during this phase of rapid alveolarization (23,24). The immature lung contains at least two morphologically distinct fibroblast populations, lipid-filled interstitial fibroblasts (LFIF) and non-LFIF (NLFIF). After alveolarization, apoptosis occurs preferentially in only one of these fibroblast populations, the LFIF. Apoptosis was correlated with downregulation of insulin-like growth factor I receptor (*Igf-IR*) mRNA and cell surface protein expression (25). This thinning of the previously thickened immature interstitium occurs simultaneously with the ongoing expansion of the epithelial, blood vessel, and airspace compartments in the rapidly developing septa. A mature capillary bed is also vital for the proper function of alveoli, but the mechanism is still incompletely known. In the developing lungs, VEGF isoforms and their receptors have been identified as being important for endothelial survival and proliferation in the alveolar wall. Inhibition of VEGF signaling results in abnormal lung vascular growth and reduced alveolarization (26). Finally, the new septum differentiates into a functional respiratory membrane that consists of AECI, basement membrane, and capillary endothelial cells. The respiratory membrane provides a short distance for gases diffusion and thus facilitates optimal gas exchange. It is estimated that about 50 million alveoli are present in neonatal lung at term. However, by age seven to eight years, when the alveolarization is substantially complete, the number of alveolar units in the lung has grown about six times, to about 300 million alveoli.

Retinoid acid (RA) has been shown to increase the number of alveoli (27) and can partially rescue a block in alveolar formation induced by dexamethasone (28). In adult rats, RA has also been reported to reverse the anatomical features of elastase-induced emphysema, in which there is destruction of septa (27). In the *RAR- $\gamma$*  gene deletion mouse, there is a developmental defect in alveolar formation most consistent with a

defect in elastin deposition. The additional deletion of one retinoid X receptor (*RXR $\alpha$* ) allele results in a decrease in alveolar surface area and alveolar number (29). Retinoids affect multiple cellular functions that are involved in alveolar septal formation such as proliferation, migration, and temporal differentiation of cells (30). Retinoic acid is an active metabolite of vitamin A. Vitamin A deficiency has long been known to injure lungs and impairs function of rat type 2 pneumocytes (29). Taken together, the evidence suggests that RA may play an important role in alveolar development. For more on RA signaling, see following text.

#### IV. Specific Cell Types in the Lung

More than 40 specific types of cells are differentiated during embryonic lung development. The epithelial cell lineages are arranged in a distinct proximal-distal spatial pattern in the airways.

Cartilage lies outside the submucosa and decreases in amount as the caliber of the bronchi decreases. Cartilage is present in the bronchi, but not in the bronchioles. Two major cell components of the proximal bronchial epithelium are identified: pseudostratified ciliated columnar cells and mucous (goblet) cells. Both of them are derived from basal cells, but ciliated cells predominate in number. Goblet cells release mucus granules into the bronchial lumen to prevent drying of the walls and traps particulate matter. Mucous cells begin to mature around 13 weeks' gestation in humans, when the mature ciliated columnar cells are already present. The molecular markers for mucous cells are mucins (MUC5B, 5A, 5C). The beating of cilia results in a cephalad movement of the mucus blanket, thereby cleaning and protecting the airway. In the case of cystic fibrosis, cilia movement is disabled due to the thick mucous layer that is caused by mutation of the *Cfr* gene, which encodes a transmembrane Na<sup>+</sup> ion transporter protein. This phenotype also makes the airway surface vulnerable to microbial infection. In chronic airway injury, both repair and fully experimental exposure of the epithelium to IL-9 before it becomes fully differentiated result in goblet cell hyperplasia. Exposure to IL-9 resulted in increased lysozyme and mucus production by the epithelia (31). IL-4, IL-13, and allergens enhance the release of TGF- $\alpha$ , which is a ligand for the epidermal growth factor receptor (EGFR) that also stimulates fibroblast proliferation and goblet cell differentiation (32).

There are three different types of cells in bronchial submucosal glands: myoepithelial cells surround the gland, whereas mucous cells (pale cytoplasm) and serous cells (basophilic cytoplasm) produce mucins. These secreted mucins mix with lysozyme and IgA on airway surface.

Kulchitsky cells are also found on the airway surface next to bronchial glands. Their precise function is unclear. It is believed that they are pulmonary neuroendocrine cells that produce a variety of peptide hormones such as serotonin and calcitonin. Their fingerlike cytoplasmic extensions usually reach the airway lumen. Kulchitsky cells expressing the markers gastrin-releasing peptide, calcitonin gene-related peptide, and chromogranin may be related to certain lung neoplasms (i.e., small cell carcinoma and carcinoid tumors). However, pulmonary neuroendocrine cells differentiate earlier by 10 weeks of gestation in humans and are also the first airway epithelial cells to be fully differentiated in mouse.

Clara cells are found in the distal bronchiolar airway epithelium that normally lacks mucous cells. They produce a mucus-poor, watery proteinaceous secretion. They assist with clearance and detoxification, as well as reduction of surface tension in small airways. The most important cellular marker of Clara cell is Clara cell-specific protein (CC10, CCSP, or uteroglobin). Cytochrome P450 reductase and CC10 can also be used as cellular markers for Clara cells. Clara cells begin to mature during the 19th week in humans. In normal mice, only a small number of mucin-positive cells are present in the airway. However, numerous mucous cells that are derived from Clara cells with excessive mucin production or reduced mucin secretion can be detected during mucous metaplasia.

The majority of the alveolar surface is normally covered by type I epithelial cells. These flat cells are believed to be terminal differentiated cells, expressing several specific molecular markers such as T1 $\alpha$  and aquaporin 5. T1 $\alpha$  is a differentiation marker gene of lung alveolar epithelial type I cells. It is developmentally regulated and encodes an apical membrane protein of unknown function. In the absence of T1 $\alpha$  protein, type I cell differentiation is blocked. Homozygous T1 $\alpha$  null mice die at birth of respiratory failure, and their lungs cannot be inflated to normal volumes (33). Aquaporin 5 is a water channel in type I epithelial cells.

Type I epithelial cells only account for 40% of the total airway epithelial cells, even though 95% of the surface area of the alveolar wall is covered by this type of cells. The remaining 60% of the epithelial cells are rounded cells that cover only 3% of the alveolar surface, named type II pneumocytes.

Type II pneumocytes are plump or cuboidal and have a finely stippled cytoplasm and surface microvilli. They manufacture surfactant phospholipids and proteins that reduce the surface tension in the lung. This equalizes pressures, stabilizes and maintains alveoli in an open position despite the variation in alveolar size, and prevents atelectasis at end-expiration. Four surfactant proteins, SP-A, -B, -C, and -D, also play critical roles in maintaining lung function. SP-A and -D participate in host defense in the lung, whereas SP-B and -C contribute to the surface tension-lowering properties of the lipoprotein complex termed pulmonary surfactant (34). Type II cells are capable of regeneration and replacement of type I cells after injury. A commonly used cellular marker of type II cell is SP-C (*SftpC*).

Alveolar macrophages constitute a small percentage of the cells in alveoli, but they represent a major cellular sentinel of the host defense mechanism in the alveolar space. They are part of the mononuclear phagocyte system and are derived primarily from blood monocytes. However, once they get into the lung, their turnover rate is extremely slow.

## V. Stem and Progenitor Cells in the Respiratory System

Respiratory stem and progenitor cells have important functions in repairing damaged trachea, bronchi, bronchioles, and alveoli. However, the precise identification of lung stem/progenitor cells remains uncertain. The large surface area and highly branched and folded geography of the lung dictates that there must be several kinds of stem or progenitor cells in the respiratory system. In the trachea and bronchi, certain basal cells and mucus-gland duct cells are believed to be stem/progenitor cells. Clara-like cells and

type II pneumocytes are also thought to function as stem/progenitor cells in bronchioles and alveoli, respectively. Another population of stem/progenitor cells lies at the bronchoalveolar duct junction (35). They can function as bipotential precursors of both the SP-C and CC10-expressing cell lineages.

It has recently been reported that bone marrow-derived mesenchymal stem cells can differentiate into airway epithelial cells in airway and type I pneumocytes in alveoli, particularly by injury. In contrast, *in vitro* cell culture indicates that Syrian hamster fetal lung epithelial M3E3/C3 cells can differentiate into Clara cells and type II pneumocytes under different culture conditions. Whether CCSP-expressing cells with pre-Clara cell phenotypes are stem cells for the entire respiratory tract remains to be determined. In addition, the concept of a pluripotent stem cell for the whole lung needs to be further investigated due to the great differences between identified stem cell and progenitor candidates in proximal bronchi and distal alveoli. Recently, we have discovered that lung contains populations of cells with stem or progenitor cell characteristics that can be sorted by FACS from adult rat and also mouse lung. This population is relatively resistant to apoptosis and may possibly be responsible for repopulation of the damaged alveolar surface. Another such population of stem or progenitor cells sorted as “side cells” on FACS has been identified to possibly repopulate in several different tissues, including the bone marrow.

Airway smooth muscle is derived from at least two distinct progenitor cell populations. One population comes from the periphery of the embryonic lung and is derived from the *Fgf10*-expressing progenitor cells that lie in the submesothelial mesenchyme. This population of cells at first plays a key role in mediating branching morphogenesis of the peripheral airway by virtue of expression of FGF10 as a chemotactic and proliferative growth factor. However, as the airway extends outward into the peripheral mesenchyme, these progenitor cells relocate to lie along the more proximal stalk portion of the distal bud. In this location, they differentiate into smooth muscle cells (SMCs), most probably under the paracrine inductive influence of bone morphogenetic protein 4 (BMP4) and SHH, which are secreted by the underlying airway epithelium (36). On the contrary, another population of smooth muscle progenitor cells arises around the upper airway and proximal bronchi (37). The two populations of smooth muscle progenitor cells appear to meet distal to the major lobar and segmental branches. It is speculated that the size of these smooth muscle progenitor populations that are laid down during airway branching in the embryonic lung may determine the eventual propensity of the airway to undergo obstructive disease processes later in life such as BPD and asthma. Moreover, these progenitor pools may be targets for nicotine derived from maternal smoking.

## VI. Molecular Mechanisms of Lung Development

Normal lung development is controlled by many genes as well as physical and chemical factors including intraluminal hydraulic pressure and relative hypoxia. Genetic factors responsible for lung development include (i) transcription factors that directly modulate gene expression in the cell nucleus, (ii) peptide growth factors and cytokines as well as their related intracellular signaling components that mediate cell-cell interaction, and (iii) extracellular matrix (ECM) that provides important environmental cues for

developing lung cells to differentiate. The specification of all these integrated regulatory mechanisms are still being explored, but the interaction between epithelium and mesenchyme compartments has long been known to play a critical role during airway branching morphogenesis and lung maturation.

### A. Transcription Factors

Lung growth is initiated and developed through changes in specific gene expression. The activity and expression level of relevant transcription factors determine gene expression profiles in the developing lung, and consequently, the morphogenetic process in a particular temporospatial order. Recent advances in mouse genetic technology allow us to evaluate each factor by either overexpressing or knocking out a specific gene. Three major groups of transcription factors such as forkhead box transcription factors, Nkx homeodomain transcription factors, and *Gli* play important roles in lung development.

#### *Forkhead Box Transcription Factor Family*

Many members of the forkhead box family transcription factors, such as Foxa1, Foxa2, HFH8, and HFH4, are important regulatory factors involved in lung development. These transcription factors share homology in the winged helix DNA-binding domain and play important roles in pulmonary cellular proliferation and differentiation.

HNF-3 $\alpha$  (Foxa1) and HNF-3 $\beta$  (Foxa2) share 93% homology in their amino acid sequences and were first identified as essential factors in hepatocyte differentiation (38). However, *Hnf-3 $\beta$*  is also expressed in developing lung, with higher levels in proximal airway-lining epithelial cells and lower levels in the distal type II epithelial cells (39). Overexpression of *Hnf-3 $\beta$*  under the control of the lung epithelial-specific *SP-C* promoter in vivo inhibits lung branching morphogenesis and vasculogenesis (40). Also, HNF-3 $\alpha$  and HNF-3 $\beta$  have important functions in regulating expression of CCSP as well as SPs in both bronchiolar and type II epithelial cells (41–43). *Hnf-3 $\beta$*  is inducible by interferon and, in turn, regulates the expression of the *Nkx* homeodomain transcription factor *Nkx2.1* (also termed *Ttf-1* and *CebpI*), which in turn regulates transcription of the SP genes in lung peripheral epithelium (44,45).

HFH8 is another important member of this family of proteins that contribute to lung development. At E9.5, *Hfh-8* expression is restricted to the splanchnic mesoderm contacting the embryonic gut and presumptive lung bud, suggesting that *Hfh-8* may participate in the mesenchymal-epithelial induction of lung and gut morphogenesis. HFH-8 expression continues in lateral mesoderm-derived tissue during development. By day E18.5, *Hfh-8* expression is restricted to the distal lung mesenchyme and the muscular layer of the bronchi (46). One important regulated target of HFH8 is *Pdgf* receptor that is also expressed in mesenchyme (15,47,48). The level of *Hfh-8* expression is important for normal lung development, as an alveolar hemorrhage phenotype is observed in *Hfh8* (+/–) mice, while *Hfh8* (–/–) mice died in utero. In addition, reduction of *Hfh-8* expression in *Hfh-8*<sup>+/-</sup> mutants is accompanied by decreased expression of VEGF and its receptor 2 (Flk-1), BMP4, and the transcription factors of the Brachyury T-Box family (Tbx2–Tbx5) and lung Kruppel-like factor (49). HFH8-binding sites are also found in the promoter region of genes such as *Bmp4*, *Hgf*, and *Hoxa5* that are very important in controlling lung morphogenesis (50,51).

*Hfh4* (*Foxj1*) is the key factor in controlling ciliated epithelial cell differentiation. *Hfh4* is expressed in E15.5 airway epithelium just before the appearance of ciliated epithelial cells (52). Defective ciliogenesis in airway epithelial cells and randomized left-right asymmetry are observed in *Hfh4*<sup>-/-</sup> null mutant mice, mimicking Kartagener syndrome in humans. This congenital syndrome can result in perinatal lethality, but in low penetrance gives rise to situs inversus, sinusitis, bronchoectasis, and sterility, all caused by defects in ciliary beat (53,54). Interestingly, in mesenchyme-free airway epithelial culture, inhibition of endogenous BMP4 signaling by adding exogenous BMP antagonist Noggin results in increased expression of the proximal lung markers CCSP and HFH4 (55).

*Foxp1*, *Foxp2*, and *Foxp3* are newly discovered members of the forkhead box family of transcription factors that are expressed at a high level in mouse lung and gut tissues. All three proteins are expressed in lung epithelium. *Foxp1* and *Foxp4* are expressed in both proximal and distal airway epithelium, whereas *Foxp2* is expressed primarily in distal epithelium. *Foxp1* protein expression is also observed in the mesenchyme and vascular endothelial cells of the lung (10).

#### *Nkx and Hox Homeodomain Transcription Factors*

One of the most important homeodomain transcription factors in lung development is NKX2.1, also called TTF-1 (thyroid-specific transcription factor) or CEBP-1. *Nkx2.1* is expressed in foregut endoderm-derived epithelial cells including developing lungs, thyroid, and pituitary, as well as in some restricted regions of fetal brain (56,57). *Nkx2.1*<sup>-/-</sup> mice suffer severe impairment in branching morphogenesis of the lung and tracheoesophageal septum formation. The distal airway branches are totally absent, while only the two main bronchial stems are formed in *Nkx2.1* knockout mice, which indicates that lung development is arrested at a very early stage (58,59). In developing mouse lung, *Nkx2.1* is expressed in the proximal and distal airway epithelia and, at later stages of lung development, in the distal AEC (39). *Nkx2.1* expression is strictly controlled, and increased expression of *Nkx2.1* causes dose-dependent morphological alterations in postnatal lung. Modest overexpression of *Nkx2.1* causes type II pneumocyte hyperplasia and increased levels of SP-B. Higher expression level of *Nkx2.1* disrupts alveolar septation, causing emphysema due to alveolar hypoplasia. The highest overexpression of *Nkx2.1* in transgenic mice causes severe pulmonary inflammation, fibrosis, and respiratory failure, associated with eosinophil infiltration as well as increased expression of eotaxin and IL-6 (60). *Nkx2.1* is critical for SP, *Tl $\alpha$* , and *Ccsp* gene expression (56,61–66). *Nkx2.1*-deficient pulmonary epithelial cells fail to express nonciliated marker genes, including differentiated *Sp-B*, *Sp-C*, and *Ccsp*. *Bmp4* expression in these cells is also reduced. Phosphorylation of NKX2.1 is important. Mice with point mutation of seven serine phosphorylation sites of NKX2.1 died immediately following birth with malformation of acinar tubules and pulmonary hypoplasia. Meanwhile, expression of SPs, secretoglobulin 1A, and *Vegf* was decreased (67). *Nkx2.1* expression can be activated by HNF-3 $\beta$  (44) and GATA-6 (68) transcription factors during lung morphogenesis.

The expression of Hox transcription factors shows a proximal to distal polarity in developing lung. *Hoxa5*, *Hoxb2*, and *Hoxb5* expression are restricted to distal lung mesenchyme. *Hoxb3* and *Hoxb4* genes are expressed in the mesenchyme of both

proximal airway and distal lung (69–71). The importance of these genes during lung development is well illustrated in gene-targeting experiments in mice. *Hoxa5*<sup>-/-</sup> null mutant mice display defects of tracheal formation and impaired lung branching morphogenesis, with tracheal occlusions, diminished SP expression, and thickening of alveolar walls (69).

### *GLI Family of Zinc Finger Transcription Factors*

GLI1, -2, and -3 are very important zinc-finger transcription factors, which are activated by the SHH pathway. All of them are expressed in lung mesoderm rather than endoderm, particularly in the distal portion (72). Null mutation of *Gli2* plus *Gli3* genes results in total absence of lung. Mice with *Gli3* single deficiency are viable, but the size of the lung is smaller and the shape of the lung is also altered (72). In *Gli2*<sup>-/-</sup> null mutant mice, the right and left lungs are not separated but exist as a single lobe with a reduced size, and the primary branching in right lung is defective. Also, both trachea and esophagus are hypoplastic, though separated from each other. However, proximal-distal differentiation is normal (73). Therefore, *Gli2* plays an important role in the asymmetric patterning of the lung.

### **B. Peptide Growth Factors That Mediate Lung Morphogenesis**

E11 mouse embryo lung can grow and branch spontaneously in serum-free medium in vitro. A variety of growth factors added into the culture medium can influence lung growth in the culture system (74,75). Such experiments indicate that the embryonic lung mesenchymal and epithelial cells can communicate through autocrine or paracrine factors. In this way, different signaling pathways are coordinated to control lung growth at the right time and right place. Many of those factors are peptide growth factors, including FGF, EGF, TGF $\beta$ , IGF, PDGF, SHH, etc. The expression and modification of these proteins and their downstream signaling components are strictly controlled during normal lung development. Loss of function of many of these genes perturbs normal lung development and function in mice.

### *FGF Family*

FGF family members can be found in all vertebrate and invertebrate animals. Their regulatory functions during respiratory organogenesis are very well conserved from drosophila (76,77) to mammals. On the basis of their protein sequence homology, FGFs have been divided into several subgroups. Similarly, their cognate transmembrane protein tyrosine kinase receptors are classified into several different types, contributing to the specificity of FGF ligand binding (78). Heparin or heparan sulfate proteoglycan, an ECM protein, has been reported to be essential for FGF ligand–receptor binding and activation (79,80). FGFs play important roles in cell proliferation, migration, and differentiation during embryo development. Inhibition of fibroblast growth factor receptor signaling at different stages of embryo development shows that FGF signaling is required for branching morphogenesis early in lung development. Later inhibition of FGFR signaling in E14.5 lung decreased lung tubule formation before birth and caused severe emphysema at maturity. In E16.5, FGFR inhibition caused mild focal emphysema. Inhibition of FGFR signaling after birth did not alter alveolarization (81).

One of the best-studied FGF family members during embryonic lung development is FGF10. Despite the formation of larynx and trachea, the distal embryonic lung is completely missing in *Fgf10*<sup>-/-</sup> null mice (82). *Fgf10* is expressed in the mesenchyme of E11 to E12 mouse lungs, adjacent to distal epithelial tubules. These sites of expression change dynamically in a pattern that is compatible with the idea that FGF-10 appears in the mesenchyme at prospective sites of bud formation (83). Culture experiments have shown that FGF10 has a chemotactic effect on nearby epithelium, so that the nearby epithelial tips proliferate and migrate toward FGF10-expressing mesenchyme or FGF10 beads (84,85). FGF10 also controls the differentiation of the epithelium by inducing *Sp-C* expression and by downregulating the expression of *Bmp4* (55). Several other regulatory molecules such as SHH, BMPs, and TGF- $\beta$ s may cross talk with FGF10 to coordinate control of embryonic lung morphogenesis. These interactions will be further discussed later in this chapter.

FGF7 (KGF) is found in the developing lung mesenchyme during late stages (86). In early cultured mouse embryonic lung, addition of FGF7 promotes epithelium growth and formation of a cyst-like structure with extensive cell proliferation. FGF7 can also contribute to distal airway epithelial cell differentiation (87,88). *Erm* and *Pea3* are ETS domain transcription factors known to be downstream of FGF signaling. FGF7 can induce *Erm/Pea3* expression more effectively than FGF10. *Erm* is transcribed exclusively in the epithelium, whereas *Pea3* is expressed in both epithelium and mesenchyme. When examined at E18.5, transgenic expression of a repressor form of *Erm*, specifically in the embryonic lung epithelium, shows that the distal epithelium of *Sp-C-Erm* transgenic lungs is composed predominantly of immature type II cells, while no mature type I cells are observed. In contrast, the differentiation of proximal epithelial cells, including ciliated cells and Clara cells, appears to be unaffected (89,90). FGF7 does not seem to protect against hyperoxic inhibition of normal postnatal alveoli formation and early pulmonary fibrosis, but FGF7 consistently had a significant protective/preventive effect against the development of pulmonary hypertension during hyperoxia (91). However, *Fgf7*<sup>-/-</sup> mutant mice have apparently no gross abnormalities in the lung (92), suggesting a redundant function of FGF7 with other factors during lung development.

Another FGF family member FGF9 also regulates branching morphogenesis. In E10.5 lung, *Fgf9* is expressed in the visceral pleura lining the outside of the lung bud as well as in the epithelium of the developing bronchi. At E12.5 and E14.5, *Fgf9* expression persists in the mesothelium of the visceral pleura, but is no longer detected in airway epithelium (93). *Fgf9* null mice exhibit reduced mesenchyme and decreased branching of the airways, but show significant distal airspace formation and pneumocyte differentiation. The reduction in the amount of mesenchyme in *Fgf9*<sup>-/-</sup> lungs limits the expression of mesenchymal *Fgf10* (94). Recombinant FGF9 protein inhibits the differentiation response of the mesenchyme to N-SHH, but does not affect proliferation (95).

The signaling cascade activated by FGF-10 and -9 involves Raf, MAP ERK kinase, and extracellular-regulated kinases (ERK) 1 and 2 as signal transducers. MAP ERK kinase inhibition has been shown to reduce lung branching and epithelium cell proliferation, but increase mesenchyme cell apoptosis in fetal lung explants (13). FGF signaling is regulated at several levels. One of the key negative regulators is the Sprouty family. There are four sprouty (*Spry*) genes in mouse (*mSpry1-4*) and human (*hSpry1-4*). Murine *Spry2* is expressed in the distal tip of embryonic lung epithelial branches, but is downregulated between the sites of new bud formation. Murine *Spry4* is predominantly

expressed in the distal mesenchyme of the embryonic lung (96) and may play roles in branching morphogenesis. Sprouties (SPRY1, -2, and -4) act as suppressors of Ras-MAP kinase signaling (97–99). Overexpression of *mSpry2* or *mSpry4* can inhibit lung branching morphogenesis through reducing epithelium cell proliferation (100–102). SPRED-1 and -2 are two sprouty-related proteins, which contain EVH-1 domains. *Spreps* are predominantly expressed in mesenchymal cells. Expression of *Spreps* is especially strong in the peripheral mesenchyme and epithelium of new bud formation. After birth, *Spreps* expression decreases, while the expression of *Sprouties* expression is still high. Both *Sprouties* and *Spreps* play important roles in mesenchyme-epithelium interaction during lung development (9).

### *TGF- $\beta$ /BMP Family*

The TGF- $\beta$  superfamily comprises a large number of structurally related polypeptide growth factors including TGF- $\beta$ , BMP, and activin subfamilies. TGF- $\beta$  ligands bind to their cognate receptors on cell surface and activate downstream Smad proteins, which translocate into the nucleus and modulate target gene expression (103).

### *TGF- $\beta$ Subfamily*

TGF- $\beta$ s are well known for their inhibitory effects on embryonic lung branching morphogenesis. There are distinct expression patterns for the three isoforms of TGF- $\beta$ s, TGF- $\beta$ 1, - $\beta$ 2, and - $\beta$ 3. In early mouse embryonic lung (E11.5), TGF- $\beta$ 1 is expressed in the mesenchyme, particularly in the mesenchyme underlying distal epithelial branching points, whereas TGF- $\beta$ 2 is localized in distal epithelium. TGF- $\beta$ 3 is mainly expressed in proximal mesenchyme and mesothelium. Each isoform of TGF- $\beta$ s plays a unique and nonredundant role during embryonic development. Mice lacking TGF- $\beta$ 1 develop normally but die within the first two months of life as a result of aggressive pulmonary inflammation (104). A TGF- $\beta$ 2<sup>-/-</sup> null mutation results in embryonic lethality around E14.5 in mice, and one of the abnormally developed organs is lung (105). TGF- $\beta$ 3<sup>-/-</sup> null mutant mice display cleft palate, retarded lung development, and neonatal lethality (106,107). Misexpression of TGF- $\beta$ 1, leading to excessive TGF- $\beta$ 1 activation, always results in an adverse phenotype that depends on the developmental stages at which TGF- $\beta$ 1 is expressed. Overexpression of TGF- $\beta$ 1 in early mouse embryonic lung epithelium inhibits lung branching morphogenesis in vitro (108), while misexpression of *Sp-C* promoter-controlled TGF- $\beta$ 1 in embryonic lung epithelium results in arrest of embryonic lung growth and epithelial cell differentiation as well as inhibition of pulmonary vasculogenesis (109,110). Clinically, the presence of excess TGF- $\beta$ 1 activity in tracheal aspirates of human premature infants who develop more severe BPD suggests a crucial role for TGF- $\beta$ 1 in lung maturation (111,112). On the other hand, misexpression of TGF- $\beta$ 1 in adult rats results in a chronic, progressive interstitial pulmonary fibrosis with increased proliferation and matrix secretion by the mesenchyme (113,114). Misexpression of TGF- $\beta$ 1 in neonatal rat lung using recombinant adenoviral vectors results in neonatal alveolar hypoplasia and interstitial fibrosis that phenocopies BPD (115). In addition, TGF- $\beta$ 1 may be one of the most important factors that are involved in the pulmonary inflammation response to exogenous factors, such as infection, bleomycin, or endotoxin. Blockade of the TGF- $\beta$ -Smad3 pathway in Smad3<sup>-/-</sup> null mutant mice

strongly attenuates bleomycin-induced pulmonary fibrosis (114). TGF- $\beta$ -activated kinase-1-binding protein-1 (TAB1) was identified as a molecule that activates TGF- $\beta$ -activated kinase-1 (TAK1). *Tab1* mutant embryonic fibroblast cells displayed drastically reduced TAK1 kinase activities and decreased sensitivity to TGF- $\beta$  stimulation. *Tab1* mutant mice died of cardiovascular and lung dysmorphogenesis (116).

The activity of TGF- $\beta$  signaling is regulated precisely at multiple levels. For example,  $\beta 6$  integrin, LTBPs, and thrombospondin are involved in regulating the release of TGF- $\beta$  mature peptide, whereas betaglycan, endoglin, or decorin influences the affinity of TGF- $\beta$  receptor binding. Mutation of the above genes display phenotypes related to malfunction of TGF- $\beta$ s. For example, loss-of-function mutation both in the human and mouse endoglin gene, whose protein product binds to both TGF- $\beta$  ligand and its type I receptor (Alk1), causes hereditary hemorrhagic telangiectasia (117). Null mutation of LTBP-3 or -4 causes profound defects in elastin fiber structure and lung alveolarization, which is similar to the phenotypic changes observed in Smad3 knockout mouse lung (118,119). In addition, TGF- $\beta$  signaling in epithelial cells versus mesenchymal cells of developing mouse lung has distinct regulatory impacts on lung branching morphogenesis and alveolarization in vivo. Selective blockade of endogenous TGF- $\beta$  signaling in embryonic lung mesenchymal cells results in retarded lung branching after midgestation, while abrogation of epithelial cell-specific TGF- $\beta$  signaling only causes abnormal postnatal lung alveolarization, but does not have significant impact on prenatal lung development (22).

### *BMP Subfamily*

BMPs, with more than 20 ligand family members, have been shown to regulate many developmental processes, including development of the lung. Expression of *Bmp3*, -4, -5, and -7 are detected in embryonic lung. BMP4 is an important BMP member that plays a key role in normal lung development. Addition of exogenous BMP4 to intact embryonic lung explant culture stimulates lung branching, as reported by us and other groups (120,121). However, in isolated E11.5 mouse lung endoderm cultured in Matrigel, addition of BMP4 inhibited epithelial growth induced by the morphogen FGF10 (85). On the other hand, transgenic overexpression of BMP4 in the distal endoderm of fetal mouse lung, driven by a 3.7-kb human SP-C promoter, causes abnormal lung morphogenesis with cystic terminal sacs (122). In contrast, SP-C promoter-driven overexpression of either the BMP antagonist *Xnoggin* or the Gremlin to block BMP signaling results in severely reduced distal epithelial cell phenotypes and increased proximal cell phenotypes in the lungs of transgenic mice (51). Interestingly, blockade of endogenous BMP4 in embryonic mouse lung epithelial cells using a conditional gene knockout approach results in abnormal lung development with similar dilated terminal sacs as seen in BMP4 transgenic mouse lung (123), suggesting that appropriate level of BMP4 is essential for normal lung development. As extracellular growth factors, BMPs bind to heteromeric complexes of BMP serine/threonine kinase type I and type II receptors to activate intracellular signal pathway. Three cognate BMP type I receptors (Alk2, Alk3, and Alk6) have been identified. Among them, Alk3 expresses predominantly in distal airway epithelial cells during mouse lung development. Abrogation of Alk3 in mouse lung epithelia either from early lung organogenesis or from late gestation resulted in similar neonatal respiratory distress phenotypes,

accompanied with collapsed lungs (124). Early induction of Alk3 knockout in lung epithelial cells causes retardation of early lung branching morphogenesis and reduces cell proliferation and differentiation. But late gestation induction of Alk3 knockout also causes significant epithelial apoptosis accompanied by lack of surfactant secretion (124). Furthermore, canonical Wnt signaling was perturbed, possibly through reduced WIF-1 expression in Alk3 knockout lungs (124). Therefore, deficiency of appropriate BMP signaling in lung epithelial cells results in prenatal lung malformation, neonatal atelectasis, and respiratory failure.

In addition, BMP signaling is also important in lung vasculogenesis and angiogenesis. Mutations of BMP type II receptor (BMPRII) and change in expression level of BMP antagonist Gremlin are associated with primary pulmonary hypertension (125,126). Moreover, upregulation of Gremlin is also associated with pulmonary fibrosis and the severity of the pathology (127,128).

### SHH Pathway

Sonic hedgehog is a vertebrate homologue of *hedgehog* (Hh) that patterns the segment, leg, wing, eye, and brain in *Drosophila*. Hh binds to patched (Ptc), a transmembrane protein, and releases its inhibitory effect on downstream smoothed (Smo), which is a G-protein-coupled seven-span transmembrane protein. This leads to the activation of cubitus interruptus (Ci), a 155-kDa transcription factor that is usually cleaved to form a 75-kDa transcription inhibitor in cytosol. Elements of the *Drosophila* Hh signaling pathway and their general functions in the pathway are highly conserved in vertebrates, albeit with increased levels of complexity. Gli1, -2, and -3 are the three vertebrate Ci gene orthologues (129).

The SHH signal transduction pathway plays important roles in mesenchyme-epithelium interaction, which is very important in morphogenesis. In developing mouse lung, *Shh* is detected in the tracheal diverticulum, the esophagus, and later in the trachea and lung endoderm. *Shh* is expressed at low levels throughout the epithelium, whereas at higher level in the growing distal buds (130,131). Null mutation of *Shh* produces profound hypoplasia of the lung and failure of trachea-esophageal septation. Mesenchymal expression of *Ptc*, *Gli1*, and *Gli3* are all downregulated in the *Shh* knockout lung. However, proximal-distal differentiation of epithelial airway is preserved (132,133). Also, *Fgf10* expression is widespread in the epithelium in *Shh* null mutant lung, instead of the precisely location-restricted expression seen in wild-type control. Lung-specific *Shh* overexpression results in severe alveolar hypoplasia and a significant increase in interstitial tissue caused by an increased proliferation of epithelium and mesenchyme (130). Defective hedgehog signaling may lead to esophageal atresia and tracheo-oesophageal fistula (134). Gli1, -2, and -3 are three zinc-finger transcription factors activated by SHH signaling. Their functions in embryonic lung development have been discussed earlier.

HIP1, a membrane-bound protein, directly binds all mammalian hedgehog (HH) proteins and attenuates HH signaling (135). *Hip1* is transcriptionally activated in response to Hh signaling, overlapping the expression domains of *Ptch1* (135,136). Targeted disruption of *Hip1* results in neonatal lethality with respiratory failure. Although asymmetry in their growth was conserved, the initial stereotyped branching from the two primary buds was absent in *Hip1*<sup>-/-</sup> lungs. Hedgehog signaling is

upregulated in *Hip1* mutants. *Fgf10* expression was slightly downregulated at the distal tips of the primary lung buds in *Hip1*<sup>-/-</sup> lungs at E10.5, but completely absent from the mesenchyme where secondary branching normally initiates (136). Attenuated PTCH1 activity in a *Hip1*<sup>-/-</sup> mutant lungs leads to an accelerated lethality. *Hip1* and *Ptch1* have redundant roles in lung branching control (136). Both of them can attenuate SHH signal in lung development and pancreas development (136,137).

### *Wnt/β-Catenin Pathway*

Wnt signals are transduced through seven-transmembrane-type Wnt receptors encoded by *Frizzled* (*Fzd*) genes to activate the β-catenin–TCF pathway, the JNK pathway, or the Ca<sup>2+</sup>-releasing pathway. The Wnt/β-catenin pathway plays a critical role in many developmental and tumorigenesis processes. Following Wnt binding to the receptor, β-catenin is dephosphorylated and translocates to the nucleus to activate downstream gene expression (138).

Interestingly, all members of the *Fzd* gene family are expressed in embryonic and neonatal lung, albeit at different levels. *Fzd* genes are differentially expressed in the epithelium and mesenchyme. Expression of the *Fzd2*, *Fzd5*, *Fzd6*, and *Fzd8* was observed predominantly in the epithelium, while *Fzd4* and *Fzd10* were expressed in the mesenchyme. Expression of *Fzd1* and *Fzd7* was observed both in the epithelium and the mesenchyme, while *Fzd3* and *Fzd9* were only marginally expressed. This spatial distribution suggests differential roles for different *Fzd* receptor genes in the Wnt signaling pathway during the development of the lung (139).

In mouse lung development, between embryonic days 10.5 and 17.5 (E10.5–E17.5), β-catenin was localized in the cytoplasm, and often also in the nucleus of the undifferentiated primordial epithelium, differentiating alveolar epithelium, and adjacent mesenchyme. Other Wnt/β-catenin pathway members, *Tcf1*, *Lef1*, *Tcf3*, *Tcf4*, *sFrp1*, *sFrp2*, and *sFrp4*, are also expressed in the primordial epithelium, alveolar epithelium, and adjacent mesenchyme in specific spatiotemporal patterns (140). In human fetal lung, nuclear β-catenin is present in pulmonary acinar buds (141). Null mutation of β-catenin in mice results in abnormal cystic structure formation in the lung and prenatal lethality. On the basis of molecular marker detection, the lungs are composed primarily of proximal airways, suggesting that β-catenin is one of the essential components to specify proximal-distal axis of the lung (139).

### *EGF Family Growth Factors*

EGF, TGF-α, and amphiregulin are all EGFR ligands. Loss or gain of function experiments in mice, rat, or other animal models proves that EGF ligands can positively modulate early mouse embryonic lung branching morphogenesis and cytodifferentiation through EGFR (75,142,143). EGF is also expressed in mature AEC and regulates type 2 cell proliferation through an autocrine mechanism both in culture and in vivo (144). However, respiratory epithelial cell overexpression of TGF-α under the control of the *Sp-C* promoter of transgenic mice induces postnatal lung fibrosis (145). Overexpression of TGF-α caused severe pulmonary vascular disease, which was mediated through EGFR signaling in distal epithelial cells. Reductions in VEGF may contribute to the pathogenesis of pulmonary vascular disease in TGF-α mice (146).

EGFR is a tyrosine kinase receptor that transfers EGF signals into the cell. Abnormal branching and poor alveolization are observed in mice deficient in *Egfr*<sup>-/-</sup>. Mechanical stretch-stimulated EGFR phosphorylation, at least in part, induces differentiation of fetal epithelial cells via EGFR activation of the ERK pathway. Blockade of the EGFR or ERK pathway by specific inhibitors decreased stretch-inducible *Sp-C* mRNA expression. Maybe EGFR is part of a mechanic stimulus signal sensor during fetal lung development (147). Aberrant expression of matrix metalloprotease proteins (MMPs) is also detected in *Egfr*<sup>-/-</sup> null mutant mice, which suggests that MMPs may be involved in EGFR-regulated lung growth (148).

TNF- $\alpha$ -converting enzyme (TACE) is a transmembrane metalloprotease-disintegrin that functions as a membrane sheddase to release the ectodomain portions of many transmembrane proteins, including the precursors of TNF $\alpha$  and several other cytokines, as well as the receptors for TNF $\alpha$ , and neuregulin (ErbB4) (149). Neonatal TACE-deficient mice had visible respiratory distress, and their lungs failed to form normal saccular structures, resulting in a reduction of normal air-exchange surface. Mouse embryonic lung explant cultures show that TGF- $\alpha$  and EGF can rescue the inhibition of TACE activity (150).

#### *Platelet-Derived Growth Factors*

There are four types of PDGF peptides. The PDGF-A and PDGF-B can form homodimers (AA or BB) or heterodimers (AB). Two types of PDGF receptors,  $\alpha$  and  $\beta$ , are present in embryonic mouse lung and are differentially regulated in fetal rat lung epithelial cells and fibroblasts (151). PDGF-A regulates both DNA synthesis and early branching in early mouse embryonic lung epithelium in culture (152). *Pdgf-A* homozygous null mutant mice are perinatally lethal. The pulmonary phenotypes include lack of lung alveolar SMCs, reduced deposition of elastin fibers in the lung parenchyma, and developing lung emphysema due to complete failure of alveogenesis (15,17). Abrogation of PDGF-B chain expression with antisense oligodeoxynucleotides reduces the size of the epithelial component of early embryonic mouse lung explants, but does not reduce the number of branches (153). PDGF-B and its receptor are crucial for vascular growth and integrity during the alveolar phase (16). PDGF-C and -D also dimerize and bind to PDGF- $\alpha$  or - $\beta$  receptor (154,155). PDGF-C mRNA expression shows a significant increase in lung fibrosis induced by bleomycin (156).

#### *Insulin-like Growth Factors*

The IGFs and their receptors are expressed in both rodent and human fetal lung (157–161). Null mutant mice for the cognate type 1 IGF receptor (*Igf1r*) gene always die at birth with respiratory failure and severe growth deficiency (45% of normal birth weight). Dwarfism is further exacerbated (70% of size reduction) in either *Igf1* and *Igf2* double null mutants or *Igf1r* and *Igf2* double null mutants. There does not appear to be a gross defect in primary branching morphogenesis per se; the lungs merely appear hypoplastic (162). IGF signaling may play a role in facilitating other peptide growth factor pathways during lung morphogenesis. IGF1R signaling function is required for both the mitogenic and transforming activities of the EGF receptor (163). The lungs displayed reduced airspace in the *Igf1*-deficient embryos and neonates, and the phenotype was exacerbated

in additionally leukemia inhibitory factor (*Lif*) null mutant mice, which showed abnormal epithelial cells and decreased Sp3 expression. In addition, *Nkx2.1* and *Sp-B* expression are reduced in the lung of these double null mutant neonates. Thus, LIF and IGF-I have cooperative and distinct tissue functions during lung development (164). IGF1 is also a potent trophic factor for fetal lung endothelial cells. In human fetal lung explants, inactivation of IGF-IR results in a loss of endothelial cells, attenuates time-dependent increase in budding of distal airway, and increases mesenchymal cell apoptosis (165).

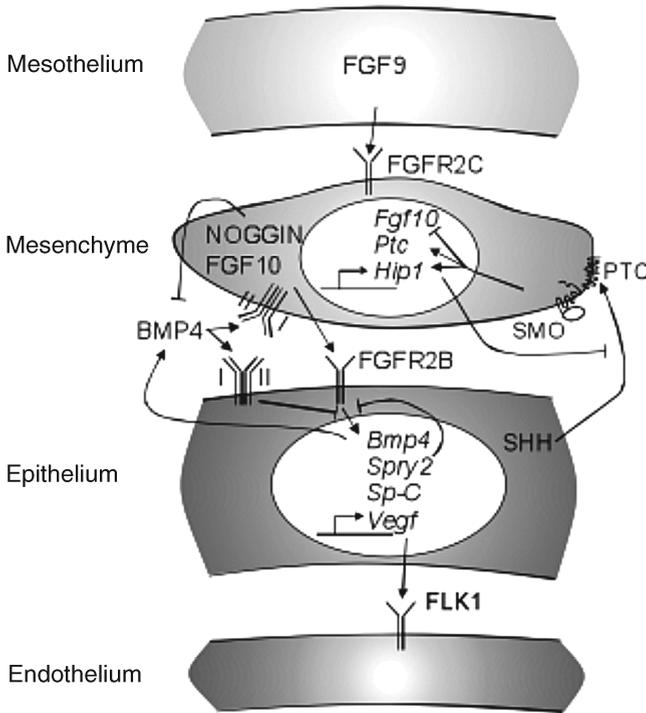
### *VEGF Isoforms and Cognate Receptors*

Lung development must form a fine alignment between the alveolar surface and the surrounding pulmonary capillary system for effective gas exchange. VEGF are potent effectors of vascular development in lung morphogenesis. VEGF signals through the cognate receptors fetal liver kinase-1 (Flk-1, VEGFR2) and fetal liver tyrosinase-1 (Flt-1, VEGFR1) (166). VEGF is regulated by hypoxia-inducible transcription factor-2 $\alpha$  (167). During lung organogenesis in mouse, VEGF120, -164, and -188 isoforms are expressed in pulmonary epithelial and mesenchymal cells around E12.5 and play a role in regulating endothelial cell proliferation and maintaining microvascular structure (168,169). Further, as epithelial branching progresses, *Vegf-A* expression becomes restricted to the distal lung (170), which may be partly due to the high affinity of VEGF-A for matrix components that concentrate VEGF-A around the branching tips (171,169). Thus, leading to the speculation that VEGF signaling may play a critical role in lung vascular development and diseases.

Vasculogenesis is initiated as soon as the lung evaginates from the foregut epithelium (172). Development of the vascular system influences branching morphogenesis of the airway as well as alveolarization. In transgenic mice, where the *Vegf* transgene is misexpressed under the control of SP-C promoter, gross abnormalities in lung morphogenesis are associated with a decrease in acinar tubules and mesenchyme (173); thus, suggesting that excessive VEGF signaling may disrupt both vascular and epithelial morphogenesis in the lung. Additionally, VEGF-A signaling through Flk-1 plays a key functional role in mediating cross talk between the epithelial, mesenchymal, and endothelial compartments during epithelial and vascular branching morphogenesis of the early mouse embryonic lung in explant culture (174). VEGF has also been demonstrated to play a role in maintaining alveolar structure (26). Lungs from newborn mice treated with antibodies to Flt-1 were reduced in size and displayed significant immaturity with a less complex alveolar pattern (175) (Fig. 4).

### **C. ECM and Lung Development**

The protein components of extracellular basement membrane, laminins (LNs), entactin/nidogen, type IV collagen, perlecan, SPARC, and Fibromodulin, are important in mediating cell-cell and cell-ECM interaction during fetal lung morphogenesis. Basement membrane components are differentially expressed and have a specific cell distribution during lung morphogenesis. ECM components not only provide the support for tissue architecture but also play an active role in modulation of cell proliferation and differentiation (176). For example, basement membrane components may serve as a barrier



**Figure 4** Integrative summary of selected growth factor signaling events during early lung morphogenesis. FGF9 is produced by the mesothelium, which signals through FGFR2c on the underlying mesenchyme. This stimulates *Fgf10*, *Ptc*, and *Hip* gene transcription. FGF10 in turn signals from the mesenchyme to FGFR2b on the epithelium. This signaling event is chemotactic for the epithelium, in addition to stimulating *Bmp4*, *Spry2*, *Vegf*, and *Sp-C* transcription. SPROUTY2 is an inducible negative downstream modulator of FGFR signaling. VEGF, produced by the epithelium, signals through FLK1 on the endothelium. BMP4, produced by the epithelium, signals back to the mesenchyme through its cognate receptors to modulate mesenchymal differentiation, particularly into smooth muscle. BMP4 ligand bioavailability is in turn negatively modulated by NOGGIN, which is produced in the mesenchyme. SHH, produced by the epithelium, signals through its cognate receptors Ptc and Smo located on the mesenchyme to both negatively modulate *Fgf10* transcription, but also to positively regulate mesenchyme differentiation into smooth muscle. This network diagram is highly simplified and does not include other key signaling mechanisms including Wnt ligands, Wnt antagonists such as DKK1, and their role in controlling fibronectin deposition at branch points. While all members of the network must interact correctly to control morphogenesis, the ratio of FGF10 to SPROUTY2 is a major factor that determines the periodicity and geometry of branching morphogenesis (7). *Source:* From Stijn de Langhe and Pierre del Moral.

and reservoir of growth factors, which in turn regulate epithelial and mesenchymal cell proliferation. Absence or inhibition of the interaction of epithelial cells with the basement membrane results in failure of normal lung development (177,178).

LN<sub>s</sub> are glycoproteins involved in cell adhesion, migration, proliferation, and differentiation during tissue development and remodeling. LN<sub>s</sub> are composed of three chains, one central ( $\alpha$ ) and two laterals ( $\beta$  and  $\gamma$ ), that are linked by disulfide bonds to form a cross-shaped molecule (179). To date, five  $\alpha$ , three  $\beta$ , and three  $\gamma$  chain isoforms have been identified, which suggests that their combination can lead to approximately 30 variants of LN (180–189). The  $\alpha$ 1 chain has been found principally localized in the basement membrane at the epithelial-mesenchymal interface, with a predominant distribution in specific zones. The LN  $\alpha$ 1 chain has also been identified around some mesenchymal cells. Molecular analysis dissecting the  $\alpha$ 1 chain isoform has shown that a domain in the cross-region of the  $\alpha$ 1 chain is involved in the regulation of lung epithelial cell proliferation (190). The  $\alpha$ 4 chain, found in LN8 and LN9 variants, has been reported to highly express in lung and heart tissues during mouse development (191,183–185). The LN  $\alpha$ 4 chain, localized principally around vessels in fetal lung, may play a role principally in the organization of lung mesenchyme (188,192). The  $\alpha$ 5 chain, found in LN10 and LN11, has been indicated abundantly expressed during fetal lung morphogenesis (188,193,194). Mouse embryos bearing mutated LN  $\alpha$ 5 chain isoform display a poor lobe septation and bronchiolar branching, suggesting that the LN  $\alpha$ 5 chain isoform might be the most indispensable LN variant for lung branching morphogenesis.

A constant expression of  $\beta$ 1 and  $\gamma$ 1 is observed during fetal lung development (195). These two chains also have a role in cell adhesion. The globular domains near the N-terminal of  $\beta$ 1 and  $\gamma$ 1 chains participate in the regulation of cell polarization (196,197). Immunohistochemistry studies have demonstrated that the LN  $\beta$ 2 chain isoform is localized in the basement membrane of prealveolar ducts, airways, SMCs of airways, and arterial blood vessels, as well as type II pneumocytes.

Nidogen (150 kDa) is a constituent of the basement membranes. Nidogen binds to the  $\gamma$ 1 and  $\gamma$ 3 chains of LN and forms a link between LN and collagen IV (187,198,199). Nidogen is actively synthesized by mesenchymal cell during fetal lung development, which suggests that it has a key role in the organization of the basement membrane during lung morphogenesis (200). Blocking the interaction of nidogen with LN affects the progression of lung development (198,200,201). Susceptibility of nidogen to degradation by matrix metalloproteinases may contribute in the remodeling and degradation of the basement membrane (202).

Proteoglycans comprise a core protein with sulfated carbohydrate side chains. They function as flexible structures in the organization of the basement membrane and may also play an important role as a reservoir for growth factors, water, and ions. Perlecan is a predominant proteoglycan in the basement membrane. It is composed of an approximately 450-kDa core protein with three heparan sulfate chains. Perlecan is involved in the control of smooth cell proliferation and differentiation since increased cell proliferation of fetal lung SMCs is accompanied by a highly increased synthesis of perlecan (203). Growth and branching of E13 mouse lung explants can be disrupted by inhibiting PG sulfation. The migration of epithelial cells toward invaded lung mesenchyme as well as toward beads soaked in FGF10 is inhibited when PG sulfation fails; chlorate severely decreased branching morphogenesis in lung mesenchymal and epithelial tissue recombinants (204).

Fibronectin also plays important roles in lung development. In branching morphogenesis, repetitive epithelial cleft and bud formation create the complex three-dimensional branching structures characteristic of many organs. Fibronectin is essential for cleft formation during the initiation of epithelial branching in salivary gland. Immunofluorescence comparisons of fibronectin localization during early branching of lung and kidney also showed an accumulation of fibronectin at sites of epithelial constriction and indentation (205), supporting possible roles for fibronectin in branching morphogenesis of the lung (206). Direct tests for roles of fibronectin, by treatment of developing lung rudiments with antifibronectin antibody or siRNA, inhibited branching morphogenesis, while fibronectin supplementation promoted branching of lung (205). The EIIIA segment of fibronectin is one of the major alternatively spliced segments and modulates the cell proliferative potential of fibronectin in vitro. The EIIIA-containing fibronectin isoform localized in both the epithelial cells and the mesenchyme. Its expression gradually decreased from the pseudoglandular stage to the saccular stage and then slightly increased from the saccular stage to the alveolar stage. This change in expression pattern of EIIIA-containing fibronectin seemed to be in accord with the change in the number of PCNA-positive cells in the distal pulmonary cells throughout lung development (207).

Extracellular matrix is under dynamic control during lung development. The MMPs are a large family of ECM-degrading enzymes. MMPs are inhibited by the family of tissue inhibitors of metalloproteinases, termed TIMPs. Activity of MMPs may be required during development and normal physiology in several ways: (i) to degrade ECM molecules and allow cell migration, (ii) to alter the ECM microenvironment and result in alteration in cellular behavior, and (iii) to modulate the activity of biologically active molecules by direct cleavage, release from bound stores, or modulating of activity of their inhibitors (208). In *Timp3* null mutant mouse, lung airway branching is inhibited. Compared with wild type, the number of bronchioles is reduced and alveologenesis was attenuated in the *Timp3* null (209). The *Timp3* null animals spontaneously develop progressive alveolar air space enlargement similar to that seen in human emphysema (210). Early postnatal exposure to dexamethasone (Dex) influences MMP2 and MMP9, as well as their tissue inhibitors (TIMP1 and TIMP2) in the developing rat lung: the expression of *Timp2* is reduced and that of *Mmp9* increases. These changes may be responsible, in part, for some of the known adverse maturational effects of steroids on lung structure in the newborn (211). MT1-MMP, which acts as a potent activator of MMP2, is a major downstream target of EGFR signaling in lung. *Egfr*<sup>-/-</sup> mice had low expression of *MT1-Mmp*. Extracts from lungs of *Egfr*<sup>-/-</sup> mice showed a tenfold reduction in active MMP-2. At birth, the abnormal lung alveolization phenotype of *Mmp2*<sup>-/-</sup> mice is similar to that of *Egfr*<sup>-/-</sup> mice, albeit somewhat less severe (148). The balance between the activity of MMPs and TIMPs is important to normal lung development.

### *Retinoic Acid and Lung Morphogenesis*

Retinoids (all-*trans*, 9-*cis*, and 13-*cis*) are fundamental for normal development and homeostasis of a number of biological systems including the lung. There is a precisely controlled RA synthesis and degradation system in mammals. Retinaldehyde dehydrogenase-2 (RALDH-2) plays a prominent role in generating RA during organogenesis

(212–214). RA signaling is mediated by its nuclear receptors of the steroid hormone receptor superfamily: RAR ( $\alpha$ ,  $\beta$ ,  $\gamma$ ) and retinoid RXR ( $\alpha$ ,  $\beta$ ,  $\gamma$ ). RAR/RXR heterodimers have also been shown to transduce RA signaling in vivo (215). Within the E13.5 lung, *Rar- $\beta$*  isoform transcripts are specifically localized to the proximal airway epithelium and immediately adjacent mesenchyme, whereas *Rar $\alpha$ 1*, *Rar $\alpha$ 2*, and *Rar $\gamma$ 2* isoforms are ubiquitously expressed (216).

RA signaling is required for lung bud initiation. Acute vitamin A deprivation in pregnant rats at the onset of lung development results in blunt-end tracheae and lung agenesis in some embryos, which is similar to *Fgf10*<sup>-/-</sup> null mutant mice (217,218). Disruption of RA signaling in *Rar $\alpha$ / $\beta$ 2* knockout mice leads to agenesis of the left lung and hypoplasia of the right lung (219). Interestingly, lung branching morphogenesis is characterized by a dramatic downregulation of RA signaling in the lung. Prevention of downregulating RA signal by treating embryonic lung explants with high concentrations of RA ( $10^{-6}$  to  $10^{-5}$  M) results in dramatic disruption of distal budding and formation of proximal-like immature airways (220,221). Continued RA activation by overexpression of constitutively activated *Rar $\alpha$*  chimeric receptors also resulted in lung immaturity. Lungs did not expand to form saccules or morphologically identifiable type I cells. High levels of *Sp-C*, *Nkx2.1*, and *Gata6* but not *Sp-A* or *Sp-B* in the epithelium at birth suggested that in these lungs differentiation was arrested at an early stage. Downregulation of RA signaling, however, is required to allow completion of later steps of this differentiation program that ultimately form mature type I and II cells (222). RA inhibits expression and alters distribution of *Fgf10* and *Bmp4*, which are required for distal lung formation (220,221). Pan-RAR antagonism alters the expression of *Tgf- $\beta$ 3*, *Hnf-3 $\beta$* , and *Cftr* in proximal tubules and that of *Bmp4*, *Fgf10*, and *Shh* within the distal buds (216).

It is also noteworthy that during early stages of lung branching (day 11–12.5), *Raldh-2* expression is concentrated in trachea (mesenchyme) and proximal lung (mesothelium) at sites of low branching activity. The *Raldh-2* pattern is not overlapping with that of *Fgf-10*, supporting the idea that RA signaling restricts *Fgf-10* expression and helps to define the proximal-distal axis of the developing lung. However, during later postnatal stages of lung development, RA has been shown to increase the number of alveoli, and therefore, partially rescue dexamethasone-induced suppression of alveolarization. In adult rats, RA has also been reported to reverse the anatomical features of elastase-induced emphysema in which there is destruction of septal structures (27,28,223). In *Rar $\gamma$*  gene deletion mouse, there is a developmental defect in alveolar formation, consistent with a defect in elastin deposition (30). This combined evidence suggests that RA may play an important but rather complex role in alveolar development during late lung development.

#### *Fetal Lung Surfactant Maturation, Lung Liquid Absorption, and the Transition to Air Breathing*

Maturation of the fetal lung surfactant system is one of the two key steps to prepare the lung for air breathing. During the last eight weeks of human gestation, fetal lung glycochen is broken down and converted into surfactant phospholipids, the most important of which is disaturated phosphatidylcholine. This maturation is under the control of and can be stimulated by corticosteroids. Null mutation of the glucocorticoid receptors and of corticotrophin-releasing hormone block this maturation in mice. Human mutations in

various components of the surfactant system have been found such as SP-B that adversely affect stability of pulmonary surfactant and hence the ability to maintain lung inflation.

The transition to air breathing occurs rapidly in the mature neonatal lung. Immediately following severance of the umbilical circulation, a significant spike in catecholamine levels switches off chloride secretion and stimulates sodium/potassium ATPase (224–226). This reverses the production of tracheal fluid and leads to its rapid absorption into the lung interstitium and thence into the lymphatic and pulmonary capillary circulation. Null mutation of Na/K ATPase in mice leads to failure to absorb fetal lung liquid, which causes significant respiratory distress and even neonatal lethality (227). In human infants, delayed lung liquid absorption can manifest as transient tachypnea of the newborn.

#### *Impact of Lung Injury on the Developmental Program*

The lung has a relatively limited genetic repertoire to respond to injury. Initial injury to the epithelium results in an outpouring of cytokines and chemoattractants including IL1, IL6, IL8, etc. Macrophages are recruited into the lung and enter the airways together with neutrophils and lymphocytes. Physiological levels of TGF $\beta$  peptides are actually protective of the airway and prevent inflammation, as revealed by null mutation in mice. Yet excessive amounts of TGF $\beta$ 1 activity have been detected in the tracheal fluid of human premature infants who go on to get severe forms of BPD and hence have a worse pulmonary prognosis (228). As discussed earlier, transgenic misexpression of TGF $\beta$ 1 in mice substantially phenocopies BPD (115). Another important feature of the airway cytokine milieu in human prematures who do badly with BPD is deficiency of IL10 (229,230). IL10 is an important anti-inflammatory cytokine, leading to the hypothesis that the airway of the human premature may be particularly prone to acute and eventually chronic inflammation, which in turn leads to production of TGF $\beta$ 1 by inflammatory cells in the airway. Targets for suppression by excessive TGF $\beta$ 1 signaling include epithelial and endothelial proliferation, while mesenchymal lineages may be stimulated. Likewise suppressive interactions of TGF $\beta$  signaling with morphogenetic pathways such as VEGF, FGF, PDGF, and SHH signaling may also play an important role in mediating the alveolar hypoplasia and airway obstruction phenotype characteristic of BPD.

#### *The Hope of Recovery and Regeneration*

Clinical experience in the special care nursery demonstrates that in most cases BPD is apparently at least somewhat reversible, that airway inflammation eventually resolves, and that lung alveolar growth can sometimes resume. This gives hope that with supportive care, even severe cases of BPD may eventually move toward resolution. However, one current view of BPD is that it is a disease in which damage to progenitor cells in the peripheral airway may be compounded by failure to resolve inflammation within a reasonable period. Thus, full recovery may be marred by failure to continue to grow alveoli. Survivors of extreme prematurity are now beginning to appear in adult pulmonary practice with reduced diffusion capacity, airways obstruction, and an “empty chest” on CT radiography as a result of BPD in infancy. Some of this is due to airway

epithelial damage and smooth muscle hypertrophy and some due to endothelial vascular damage, while some may be due to subsequent intercurrent infections, particularly RSV. Nevertheless, the neonatal lung is reassuringly relatively resilient. Newer studies in mice show that oxygen-induced BPD models can be ameliorated in terms of alveolarization both by VEGF therapy and by various kinds of exogenous stem cells. Thus, hope springs eternal for improved postnatal lung recovery from the ravages of prematurity, oxygen plus pressure plus time. Translation of this hope into practices that can prevent or improve BPD outcomes may depend on an increasingly thorough integrative understanding of the genetics of lung development, injury, repair, and regeneration in the human premature lung.

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