Handbook of PHYSICS in **MEDICINE** and BIOLOGY

Edited by Robert Splinter



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To my dad Hans, for supporting my goals and believing in my potential.

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Preface

Biology: The New Physics

The focus of this book is the use of physics and physical chemistry in biological organisms, in addition to the physical aspects of the to ols u sed to i nvestigate biological organisms. The term physics is used in the broadest sense of the word, extending to fluid dynamics, mechanics, and electronics. This book provides the physical and te chnological foundation for u nderstanding biological functioning in general, as well as offering technical and theoretical support for biomedical research.

A frequently cited phrase coined for the new millennium is that biology is the new physics. This concept holds true in bioengineering and diagnostic tool development as well as in general biological research. Both biology and medicine have had a close collaboration with physics over centuries, at both the basic and applied levels. Major new developments in biology are motivated by broad aspects of physics, including electronics and mechanics. In addition to physicists developing instruments for biologists to p erform research and c reate methods to a nalyze and reproduce biological archetypes, biologists are more and more likely to be the creative minds behind biomedical physics concept development. This book covers the engineering and physics that can help explain clinical conditions and also describes the technology used to examine clinical conditions. In addition, it discusses emerging te chnologies t hat will advance t he role o f medicine a nd a ssist i n i mproving d iagnostic a nd t herapeutic medical applications.

About the Book

Handbook of Physics in Medicine and Biology is designed as a reference manual for professionals and students in the biomedical profession. It is also a resource on the technological aspects of the broad range of scientific top ics for biomedical physics taught in a university setting. The book provides an introduction to engineering technology as applied to biological systems. The scientific background offered will aid in the evaluation and design of devices and techniques that can be used to acquire pertinent clinical information and develop an understanding of pertinent biological processes that will assist in the general understanding of how biology works and how biological entities function. Each chapter contains references for a dditional information on specific topics that cannot be discussed in detail due to the focus of the book or based on the exhaustive background available in that particular field.

The goal of this work is to provide a professionally relevant handbook to further the education for students and professionals in biology, medicine, and biomedical physics. The material offers the fundamental k nowledge and s kill sets required for anyone pursuing a career in the medical and biomedical field. In this book, the reader is given an opportunity to learn about the rapidly developing and innovative techniques for understanding biological processes from an engineering perspective, as well as the science behind diagnostic methods and imaging techniques. Ultimately, we seek to i mprove our understanding of d iseases and our ability to treat them.

Interdisciplinary Treatment

The interaction of physics and living or biological systems starts at the cellular and molecular levels, extending to the description of the operation of the organism in addition to t he diagnostic methods of identifying potential problems or gaining a detailed understanding of t he op eration of t he organism. Bio medical physics is often described as biomedical engineering, in contrast to biotechnology, which addresses the biochemistry. All aspects of diagnostic and therapeutic modalities are treated in their relation to normal physiological functions.

The u se o f ph ysics i n me dicine a nd b iology w ill a ssist i n increasing an understanding of the molecular and cellular principles that create the macro diagnostic values measured on the outside with current diagnostic and physical devices.

The objectives of the book are to provide an insight into the elementary laws of physics and the roles they play in the biological organism, in add ition to t he app lication of t he basic laws of physics applied to t he measurement of biological phenomena and the interpretation of these data. Additionally, the authors describe the biological operation by means of physics theory w herever app licable. The v arious a spects of physics involved in biology are the following: thermodynamics: cellular metabolism; en ergy: conservation of en ergy in biological processes; e lectricity: cellular d epolarization; k inetics/mechanics: muscle contraction and skeletal motion, and waves and sound; radiation: vision; and last but not least fluid dynamics: breathing and blood flow.

Furthermore, t he c hapters d iscuss i n de tail t he ph ysics involved i n de veloping b iologically a lternative de tection a nd signal processing techniques.

Organization

The organization of this text follows the hierarchy of the physical de scription of t he op eration of biological building blocks (cells a nd organs) to t he functioning of various organs. The biological function is described at t he electric, me chanical, electromagnetic, thermodynamic, and hydrodynamic levels for the re spective me tric a nd no nmetric c haracteristics of t he organs. F ollowing t he ph ysical de scription of t he biological constituents, t he book add resses t he principles of a r ange of clinical diagnostic methods. It also looks at the technological aspects of specific therapeutic applications.

Brief Description of the Chapters

The book begins with a basic background description of specific biological features and delves into the physics of explicit anatomical structures such as the basic building block: the cell. Cellular metabolism is analyzed in terms of cellular thermodynamics, with t he io nic me chanism f or t he t ransmembrane potential, after which the book describes the concepts of specific sensory functions. Next, the chapters explain more specific biological functions from a physics perspective—starting with electrophysiology, followed by fluid dy namics for blo od and a ir f unction. A fter th e biological description, the b ook outlines certain analytical modalities such as imaging and supporting diagnostic methods. A final section turns to future perspectives rel ated to t he ne w field of t issue eng ineering, including the biophysics of prostheses and the physics concepts in regenerative medicine.

The outline of the book has the following basic structure.

Section I o f t he b ook i s a de tailed de scription o f ato mic, molecular, and cellular biological physics. Chapters 1 through 5 describe cellular activity, including action potential generation and conduction.

Section I I de scribes t he ph ysics o f p erception a s w ell a s sensory a lternatives ba sed o n b iology de veloped w ith ph ysics principles. Chapters 6 through 11 cover the basic senses as well as additional means of perception and arriving at a diagnostic conclusion.

Section III focuses on the mechanics in biology. Chapters 12 through 19 give a de tailed description of the mechanical engineering of motion, and liquid and gas fluid dynamics.

Section IV is an overview of the electrical engineering aspects of medical device design and electrical events in biology. Chapters 20 and 21 delve i nto ele ctrode de sign and ele ctrical detection, respectively.

Section V i s t he d iagnostic p ortion of t he b ook de scribing imaging techniques and alternate diagnostic methods. Chapters 22 through 40 give the scientific background of several conventional imaging methods and the mechanism of action on which their operation is based, in addition to several novel and upcoming sensing and imaging techniques.

Section VI describes some affiliate biology and physics, with a brief review of the science behind nuclear medicine and some engineering aspects of upcoming diagnostic methods. Chapters 41 through 43 introduce some new technology as well as stateof-the-art te chnology t hat h as i ts o wn p lace i n me dicine a nd biology.

Section V II is the c onclusion t hat delv es i nto t he physics behind regenerative medicine aspects in Chapter 44.

Audience

This book targets medical professionals and students involved in physical a nthropology, f orensic pat hology, me dical p ractice, medical de vice de velopment, a nd d iagnostic de sign. It is a lso appropriate for graduate level education in (bio)medical physics as well as in biomedical engineering and related disciplines.

Related Textbooks

- Cameron JR, Skofronick JG, and Grant RM, *Physics of the Body*, 2nd edi tion, M edical Physics Publishing, M adison, WI, 1999.
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The a uthors a lso ac knowledge t he a ssistance b y b oth i llustrative a nd t heoretical me ans f rom a ll h ospitals a nd i ndustry, and t he n umerous i ndividuals w ho a re not men tioned i ndividually b ut a re no netheless e qually v aluable for s haring t heir biomedical a nd physics i nformation a nd i llustrations w ith t he reader and the authors, respectively. Great care has been taken to ensure that the source for each illustration is provided and to acknowledge the contributions of all institutions and individuals with proper tribute.

Editor

Robert S plinter received his master's degree from the Eindhoven U niversity of Technology, E indhoven, the Ne therlands and his doctoral degree from the VU University of Amsterdam, Amsterdam, the Netherlands. He has worked in biomedical engineering for over 20 years, both in a clinical setting and in medical de vice de velopment. He has been a filiated with the physics de partment of t he U niversity of N orth C arolina at Charlotte for over 20 years as an adjunct professor and was a core team member for the establishment of the interdisciplinary biology graduate program at UNCC. In addition, he served

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Anatomical Physics

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Physics of the Cell Membrane

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Thomas Wolkow

1.1 I ntroduction

The plasma membrane and those of intracellular organelles are composed of lipids and proteins a rranged in a dy namic lipid bilayer. The structures and mechanical features of both components are described herein.

1.2 Cellular Membranes are Elastic Solids

The i ntegrity of c ellular memb ranes is ro utinely c hallenged by external and internal forces.¹ External forces include highfrequency vibrations, fluid shear stress, and osmotic and gravitational pressure gradients. Internal forces include hydrostatic pressure as well as those produced by cytoskeletal cables that push outward to orchestrate cellular movements, morphological changes, growth, and adhesion.

The physical characteristics of membranes that allow them to withstand such forces have been described by measuring membrane parameters before and after force is applied.¹ Researchers tend to em ploy human red blo od cells (RBCs) and te chniques like micropipette aspiration and patch–clamp devices to obtain these measurements. Overall, their results demonstrate that biological membranes respond like elastic solids when mechanical operations a re u sed to c ompress, e xpand, b end, a nd e xtend a defined membrane area.

Within a drop of fluid t hat is not su rrounded by a c ellular membrane, the relationship between surface tension and pressure is described by the law of Laplace. Given a uniform surface tension (σ), internal pressure (*P*), and radius (*R*) of the drop, the law states that

$$P = \frac{2\sigma}{R}.$$
 (1.1)

When modeling this relationship in a c ell, one might think that the density of the membrane reacts to pressure differences between the external and internal environments. However, density, w hich de scribes t he c ompressibility o f l ipids w ithin t he bilayer, rem ains c onstant u nder ph ysiologically rele vant p ressures (100 atm).¹ Surface area displays somewhat weaker resistance a nd do es u ndergo s ome c hange, b ut o nly 2 –4% b efore rupturing. The tensile force (F_t) on the membrane is expressed in Equation 1.2 for this situation:

$$F_{\rm t} = K_{\rm A} \frac{\Delta A}{A_0},\tag{1.2}$$

where ΔA is the increase in bilayer surface area from the original area A_0 , K_A is the area expansion constant (between 10^2 and 10^3 mN/m), and F_t is tension (between 3 and 30 mN/m). And while surface area expands, membrane thickness changes proportionally so that

$$\frac{\Delta A}{A_0} = \frac{\Delta h}{h_0},\tag{1.3}$$

where h_0 represents original membrane thickness. But the membrane response to s hear stress is what clearly describes it as an elastic s olid. U sing t wo si lica b eads and opt ical t raps to e xert shear stress across an R BC² (Figure 1.1), elasticity can be seen



FIGURE 1.1 Membrane response to shear stress has been measured using optical traps and silica beads (black ovals) to apply force across RBCs.²

as this membrane elongates in the direction of applied force *F*. It can be shown that the diameter of the RBC obeys Equation 1.4:

$$D = D_0 - \frac{F}{2\pi\mu},\tag{1.4}$$

where *D* is the diameter of the RBC, D_0 is the original diameter, and μ is the shear stress applied by the optical trap.

Importantly, t his e lastic be havior see ms t o be a lmost completely de pendent up on a flexible ne twork of c ytoskeletal e lements beneath the membrane surface.^{3,4} Thus it is the underlying cytoskeleton t hat a llows memb ranes to b end, flex, a nd re sist rupture under physiologically stressful conditions.

1.3 L ipids

The m ajor c onstituents o f b iological memb ranes a re l ipids, which a re a mphipathic mole cules composed of a h ydrophobic fatty acid chain and a hydrophilic head group (Figure 1.2).

Fatty acids a re hydrocarbon chains (typically 16–18 carbons long) containing a terminal carboxyl group, and are synthesized in the cytoplasm from acetyl-CoA molecules produced in mitochondria. F atty ac ids i nclude s aturated f orms (e.g., pa lmitate and s tearate) wherein c arbon ato ms a re b onded with a m aximum n umber of h ydrogens, a nd t he mo re c ommon u nsaturated forms (e.g., ole ate) containing at le ast o ne k ink-inducing double b ond. W hen i n excess, free fatty acids a re t ransported



FIGURE 1.2 Lipids are major constituents of biological membranes.

to the space between the leaflets of the endoplasmic reticulum (ER) and the Golgi, where they are transformed into triacylglycerols or cholesteryl esters and stockpiled within membranebound organelles called lipid droplets.⁵ These lipids will later be used for purposes of adenosine triphosphate (ATP) production, membrane synthesis, and steroid synthesis. For example, lipids contained within droplets and modified with a polar head group containing pho sphate, e thanolamine, c holine, s erine, i nositol, or sphingomyelin are used to synthesize the structural lipids of cellular membranes.

Structural l ipids a re memb ers o f t he g lycerophospholipid and sphingolipid families.⁶ Sphingolipids have a ceramide head group b uilt f rom a n a mino ac id bac kbone a nd lo nger hydrocarbon c hains t hat a re p redominantly u nsaturated. These unsaturated chains allow sphingolipids to pack together closely and form a mo re s olid gel ph ase within the liquid-disordered glycerophospholipid environment. Cholesterol commonly exists in sphingolipid do mains a nd c auses t hem to t ransform i nto a liquid-ordered ph ase w herein l ipids a re t ightly pac ked w ith freedom to diffuse laterally. These liquid-ordered phases or lipid rafts⁷ exist only in the outer membrane leaflet and are connected to u ncharacterized do mains of t he i nner le aflet.⁸ Within lipid rafts, specific sets of membrane-associated proteins are assembled, which promote interactions among specific groups of proteins and inhibit cross talk with others.⁹

Microdomains, such as lipid rafts, can affect the curvature and thus the energy (E_{sphere}) of biological membranes¹⁰ (Figure 1.3). For a membrane without spontaneous curvature, the energy of the membrane is given by

$$E_{\rm sphere} = \gamma S + 8\pi\kappa, \,(\qquad 1.5)$$

where γ is surface tension, *S* is membrane area, and $\kappa = 20K_{\rm B}T$ is bending rigidity; the thermal energy scale at room temperature is $K_{\rm B}T = 4 \times 10^{-21}$ J. Microdomains that induce small invaginations increase t he membrane energy by app roximately $8 \pi \kappa$. A tomic force microscopy (AFM) measurements suggest that these microdomains are stiff, as their elasticity moduli may be approximately 30% higher than the surrounding membrane area.¹¹

1.3.1 M embrane-Associated Proteins

Proteins are gene p roducts that can be distinguished based on location, f unction, a nd c hemical c omposition. Two p rincipal types o f p roteins e xist w ithin t he memb rane en vironment.



FIGURE 1.3 Cell c urvature i s a f unction of s tructural l ipid composition.



FIGURE 1.4 Transmembrane proteins (left) and peripheral proteins (right) populate biological membranes.

Transmembrane (or intrinsic) proteins cross the bilayer and may function as cellular receptors required for cell-to-cell communication and ad hesion, or as transporters that shuttle various particles (including ions, glucose, and proteins) across the membrane. Peripheral (or extrinsic) proteins associate with the internal or external layer of the membrane where they may affect cell shape (BAR domain proteins), or possibly facilitate receptor-dependent signaling pathways (Figure 1.4). Two other groups of proteins (glycoproteins and lipoproteins) are also discussed because of their broad influence on membranes and lipid homeostasis.

1.3.2 Transmembrane Proteins

All t ransmembrane p roteins c ontain memb rane-spanning domains c omposed p rimarily of no npolar re sidues a ssembled into secondary structures that neutralize the polarity of peptide bond elements. These memb rane-spanning do mains typically assume flexible α -helical or r igid β -sheet secondary st ructures. Ligand binding seems to stimulate downstream receptor signaling events by altering the electrostatic field of the receptor and/or el iciting c hanges i n re ceptor c onformation. Cu rrently, the technology to record measurements of single receptors at the surface of living cells is absent. However, AFM studies of the α -amino-3-hydroxy-5-methylisoxazole-4-propionic a cid-type glutamate re ceptors (AMPAR) demo nstrate t hat up on l igand binding, t he el astic mo dulus o f t he re ceptor na nodomains permanently de creases by 20-30% relative to t he surrounding membrane area.¹² This probably occurs because activated receptors are sometimes internalized and removed from the cell surface by the endocytotic pathways discussed below.

1.3.3 P eripheral Proteins

Peripheral p roteins m ay a ssociate w ith memb ranes t hrough physical interactions with transmembrane proteins or because of p ost-translational mo difications. The se modifications result in the addition of a hydrophobic fatty acid, such as palmitate, or a hydrophobic glycolipid group. Glycolipid modifications include glycosylphosphatidylinositol (GPI) m odifications t hat c ontain two fatty acid chains, an inositol in addition to other sugars, and ethanolamine. By nat ure of t heir hydrophobicities, t hese fatty acid a nd G PI g roups b ecome i nserted i nto t he b ilayer a nd thereby serve to anchor the protein to the membrane.

1.3.4 Gl ycoproteins

Glycoproteins are carbohydrate-modified proteins. These carbohydrate groups not o nly assist in protein folding, stability, and a ggregation, b ut when present on transmembrane proteins may affect cell-cell adhesion via electrostatic, hydrophobic, and covalent interactions. Adhesion forces can also result from surface tension that arises in the fluid interface formed with glycoprotein-decorated ce llular s urfaces. F or ex ample, glycoprotein-decorated stigmas and lipoprotein-decorated pollen grains interact with an adhesion force of approximately 2×10^{-8} N due to su rface tension and a fluid interface.¹³ Four types of glycosylations are known: GPI anchors, C-glycosylation, *N*-glycosylation, and *O*-glycosylation. As discussed above, GPI anchors contain sugar moieties that participate in the production of peripheral proteins.

C-glycoproteins a re p roduced w hen su gars a re d irectly linked to the protein by carbon–carbon bonds, hence the name *C*-glycoprotein.^{14,15} To date, *C*-mannosylation of human RNase 2 i s t he mo st w ell-characterized e xample o f *C* -glycosylation. It occurs on the first Try residue in the Trp–X–X–Trp motif of RNase 2 and influences the specific orientation of the modified Trp in the tertiary structure.

N-glycosylation occurs in the ER and begins when a 14-sugar precursor c ontaining t hree g lucose, n ine m annose, a nd t wo *N*-acetylglucosamine molecules is transferred to an asparagine (N) re sidue i n o ne of t he following t ripeptide mot ifs, A sn–X–Ser, Asn–X–Thr, or Asn–X–Cys.¹⁴ This precursor complex is then modified to p roduce mature *N*-glycosylation patterns that contain, for example, more m annose or d ifferent t ypes of s accharides or more than two *N*-acetylglucosamines.

O-glycosylation occurs in both the ER and the Golgi as glycosyl transferases modify the OH group of amino acids like serine or threonine with one sugar at a time, typically beginning with *N*-acetylgalactosamine.¹⁴ To d ate, ro ughly 100 *O*-glycosylated proteins are known.¹⁶

1.3.5 L ipoproteins

Lipids a re h ydrophobic i nsoluble mole cules a nd, t herefore, travel through the aque ous blo od in lipoprotein vesicles c omposed of a phospholipid monolayer and proteins called apoproteins.¹⁷ Apoproteins wrap around the outside of the phospholipid monolayer u sing α -helices with hydrophobic residues oriented inside the hydrophobic lipid monolayer and hydrophilic residues interacting with the polar lipid head groups. Apoproteins bind cell surface receptors and allow direct tissue-specific transport of the lipids contained within the lipoprotein vesicles. Two types of lipoproteins a re k nown to t ransport triacylglycerols. V ery low-density lipoproteins (LDL) transport newly synthesized triacylglycerol from the liver to ad ipose t issue, and chylomicrons



FIGURE 1.5 Lipoproteins transport lipids within vesicles composed of a phospholipid monolayer and apoproteins.

transport triacylglycerol to the liver, skeletal muscle, and adipose tissue. Cholesterol is transported inside two other types of lipoproteins. L DL transport cholesterol from the liver to d ifferent cells of the body, and h igh-density lipoproteins (H DL) re cycle this cholesterol back to the liver (Figure 1.5).

1.4 Organelle Cell Membranes

Like t he c ell i tself, c ytoplasmic o rganelles a re su rrounded b y complex m ixtures o fl ipids a nd p roteins. I mportantly, t hese organelles c ompartmentalize a g reat n umber of re actions t hat affect bioenergetics and lipid homeostasis.

1.4.1 M itochondria

Mitochondria have an outer membrane and an infolded inner membrane with roughly five times the surface a rea of the outer membrane.¹⁹ The inner membrane space exists between the outer and inner membranes and the matrix exists within the inner memb rane. Cr istae a re the sm all re gions formed within the folds of the inner membrane. The outer membrane contains porin channels composed of the β -sheet secondary structure of integral membrane proteins. These porins are relatively large and allow the passage of molecules smaller than ~5000 Da. In contrast, the inner membrane is highly impermeable, possibly because of the presence of cardiolipin (bisphosphatidyl glycerol). Cardiolipin is a lipid with four fatty acid tails and is only found within the membranes of mitochondria and some prokaryotes.¹⁸ Cardiolipin comprises approximately 20% of the inner membrane of mitochondria and, through its four fatty acid tails, creates a highly impermeable barrier that facilitates proton-gradient formation. Mitochondria also have a sm all circular genome that encodes a little less than 40 g enes.¹⁹ These gene s c ode f or r ibosomal R NA (rRNA), transfer RNA (tRNA), and protein components of the electron transport system. Within the matrix, the electron transport proteins couple the oxidation of carbohydrates and fatty acids to proton-gradient formation and ATP generation.

1.4.2 P eroxisomes

These organelles are delimited by a single membrane lipid bilayer that compartmentalizes oxidative metabolic reactions.¹⁹ During β -oxidation of fatty acids, enzymes of the peroxisome progressively shorten the hydrocarbon tails of fatty acids by two carbon units, each of which is used to make one molecule of acetyl CoA. Therefore, when a fatty acid with 16 carbons is oxidized in this manner, eight molecules of acetyl CoA are produced. These acetyl-CoA molecules can then be transported to the mitochondria and used to fuel ATP production. Peroxisomes also contain the enzyme catalase, which converts hydrogen peroxide, a by product of these β -oxidation reactions, into water and molecular oxygen. Catalase also detoxifies alcohol, phenols, formic acid, and formaldehyde.

1.4.3 L ysosomes

These memb rane-bound o rganelles c ontain d ifferent t ypes of acid hydrolases, including lipases, phospholipases, phosphatases, and sulfatases, that use hydrolysis to sever the bonds of numerous c ellular m aterials.¹⁹ C atalytic ac tivity o f t hese en zymes requires an acidic environment of about 5.0, which is produced by membrane-bound H+ ATPase that pumps protons from the cytosol into the lumen of the lysosome. These hydrolases serve to d igest t he m acromolecules t hat a re del ivered to ly sosomes during endocytic processes (see Section 1.5).

1.4.4 ER and Golgi

Translation o f a ll p roteins b egins o n f ree r ibosomes i n t he cytoplasm.¹⁹ Those de stined for s ecretion, t he p lasma mem brane, lysosome, ER, or Golgi must first enter the ER. These proteins are either deposited entirely within the lumen of the ER or inserted as transmembrane proteins, depending on the function that each serves in its final destination. Within the ER environment, proteins can be glycosylated and modified with glycolipid anchors and/or disulfide bonds. Chaperone-assisted protein folding and assembly into multisubunit complexes also occur within the ER. Following those modifications, these proteins bud from the ER within vesicles that then fuse with the membrane-enclosed sacs of the Golgi. Further rounds of glycosylation occur within the Golgi stacks before the protein is packaged into vesicles that fuse with the plasma membrane, lysosome, or ER. These vesicles travel a long m icrotubules to their final destination, which is determined by receptor-mediated interactions at vesicle/membrane interfaces. For example, vesicles de stined f or t he p lasma memb rane h ave re ceptors that only interact with those on the cytoplasmic surface of the plasma membrane.

Lipid s ynthesis a lso o ccurs i nside t he E R a nd t he G olgi.¹⁹ Phospholipids, cholesterol, and ceramide are synthesized in the ER, w hile en zymes w ithin t he G olgi ut ilize c eramide to p roduce sphingolipids and glycolipids. Transport of these lipids will depend on the current demands of the cell or organism.



FIGURE 1.6 Endocytosis (left), exocytosis (middle), and phagocytosis. (TEM courtesy of Winston Wiggins, Daisy Ridings, and Alicia Roh, Carolinas HealthCare System, 1000 Blythe Blvd. Charlotte NC.)

1.5 Vesicle Transport

A highly interconnected series of vesicle transport routes mediates t he e xchange o f m aterials a mong o rganelles, a s w ell a s between t he c ell a nd i ts en vironment. P hagocytosis, p inocytosis, c lathrin-mediated endo cytosis, a nd c aveolae-dependent uptake a re me chanisms o f endo cytosis u sed d uring v esicular internalization.²⁰ Conversely, the process by which materials are delivered from within the cell to t he plasma membrane occurs during exocytosis.²¹ Together, endocytosis and exocytosis influence membrane su rface a rea h omeostasis a nd t he re cycling of cellular m aterials t hat i ncludes t ransmembrane re ceptors a nd lipids (Figure 1.6).

1.5.1 Ph agocytosis

Phagocytosis occurs when large particles, like bacteria or dead cells, ar e in ternalized a fter b inding t he c ellular re ceptors o f phagocytes (e.g., m acrophages a nd neut rophils).²⁰ Bi nding results in actin-dependent clustering of the receptors and pseudopodia extension of actin filaments, so that the object becomes surrounded within a large phagosome derived of plasma membrane. During fusion with the lysosome, ligand/receptor interactions are broken within the acidic environment. The receptors can then be placed in new vesicles that return and fuse with the plasma membrane in an effort to recycle these surface receptors. Interestingly, some pathogenic bacteria are able to escape before the ph agosome f uses with the lysosome, while others can survive the acidic environment of the lysosome.

1.5.2 P inocytosis

Pinocytosis, or cell drinking, allows cells to internalize extracellular fluid that may contain nutrients in bulk.²⁰ It is an actindependent p rocess t hat do es not f ollow a re ceptor-mediated mechanism. However, pinocytosis may be initiated by upstream pathways that re spond to growth factor or hormone signaling. The internalized extracellular fluid is typically transported to the lysosome, where it is metabolized.

1.5.3 C lathrin-Mediated Endocytosis

Clathrin-mediated endocytosis permits the uptake of essential nutrients and the internalization of activated receptors from the cell surface. With regard to receptors, such internalization may down-regulate or modify their activity at the plasma membrane, or allow them to participate in signal transduction cascades within the cell.²² Clathrin forms a he xameric complex of three 190-kDa heavy chains and two 30-kDa light chains that assemble on adapter mole cules lo cated at the cytoplasmic surface of the plasma membrane.²³ A ssembly results in the production of a c age (50–100 nm i n d iameter) t hat eng ulfs a nd c oats t he membrane invagination. Dynamin is a large 100-kDa guanosine triphosphate (GTPase) that a ssembles a round the neck of the clathrin-coated pit and, upon GTP hydrolysis, constricts the membrane to rele ase the clathrin-coated vesicle. This clathrin coat i s l ater remo ved f rom t he v esicle a nd re cycled to ot her adapter molecules as the vesicle is transported to the lysosome.

1.5.4 C aveolae-Dependent Endocytosis

Caveolae-dependent endocy tosis^{24,25} a lso f acilitates t he upt ake of essential nutrients and receptors. Caveolins are proteins that localize to lipid rafts, which are small regions of the outer plasma membrane particularly enriched in cholesterol and sphingolipids. M any c aveolins w eave t hrough t he l ipid b ilayer of t hese rafts, forming lo ops a s b oth N- a nd C -termini rem ain on t he cytoplasmic su rface of t he memb rane. This caveolin scaffold may i nfluence t he size a nd s hape of t he memb rane re gion to be internalized, a region that has a diameter of 50–80 nm. Like clathrin-dependent endocytosis, caveolae are internalized by a mechanism that depends on dynamin. These caveolin-decorated vesicles are delivered to ly sosomes or possibly a d ifferent place within the cell or plasma membrane.

1.5.5 E xocytosis

Exocytosis describes the vesicular transport of cellular materials to the plasma membrane.¹⁹ These vesicles may originate from

the lysosome, ER, Golgi, or another region of the plasma membrane. If transported in the lumen of the vesicles, this material is secreted from the cell and used to build the extracellular matrix, communicate with other cells, or remove waste. If transported within vesicle membranes, this material will become i ncorporated into the plasma membrane.

1.5.6 C ytoskeleton

The cytoskeleton establishes and maintains many of the structural characteristics and mechanical activities of cells.¹⁹ In terms of structure, proteins of the cytoskeleton form cables (Figure 1.7) that interact directly and indirectly with cellular membranes to establish and maintain a diverse array of cellular architectures. Meanwhile, mechanical activities of the cytoskeleton usually depend on their interactions with a v ariety of different motor proteins.

1.5.6.1 Assembly of the Cytoskeleton

The c ytoskeleton is composed of filamentous ac tin (F-actin), microtubules, and intermediate filaments (Ifs), all of which are composed of repeating p rotein sub units. A TP-bound g lobular actin monomers (G-actin) stack end-on-end to produce F-actin cables, while GTP-bound tubulin dimers (α and β tubulin) stack end-on-end to p roduce m icrotubule c ables. The a ssembly of each cable is regulated by a l arge number of p roteins; some of these serve as nucleation platforms and others regulate the state of the nucleotide c ofactor. The state of the nucleotide c ofactor is important because nucleotide t riphosphate-bound states are required for a ssembly while d iphosphate-bound states tend to promote disassembly of these cables. IFs are composed of repeating protein sub units with coiled-coil structure. Unlike F-actin and microtubules, IF assembly does not app ear to be regulated by a nucleotide cofactor.

1.5.6.2 C ytoskeletal Functions

All t hree filaments supp ort t he morphological a rchitecture of cells, b ut o nly ac tin a nd m icrotubule filaments a re k nown to



FIGURE 1.7 The cellular cytoskeleton.

directly participate in mechanical processes.¹⁹ This seems to be due to their ability to interact with motor proteins. Motor proteins consist, with a few exceptions, of a head domain, a heavy chain, a nd a re gulatory l ight c hain. The head domain is an ATPase motor that steps along the length of the filament during ATP hydrolysis by a not yet fully resolved molecular mechanism. The heavy chain associates with cargo while both the heavy and light chains are subject to p ost-translational modifications that exert regulatory control over movement and cargo affinity. Some motors have two head domains, in which case physical interactions a mong he avy a nd/or l ight c hains te ther t hese do mains together. These motors transport numerous types of cargo along cytoskeletal c ables, i ncluding m itochondria a nd b oth endo cytotic and exocytotic vesicles.

1.6 M otor Proteins

1.6.1 Kinesins, Dyneins, and Myosins

Kinesins a nd dy neins a re m icrotubule-dependent motor p roteins that step toward opposite ends of the microtubule cables. Both t hese me chanochemical en zymes h ave a pa ir of motor r domains that take overlapping, hand-over-hand steps along the microtubule su rface. *In v itro* measurements suggest that these head domains take 8 nm steps and generate ~6 pN of peak force during one ATP hydrolysis cycle.^{26,27} ATP-dependent velocities of si ngle k inesin mole cules follow the M ichaelis–Menten rel ationship shown in Equation 1.6:

$$v(c) = \frac{v_{\max}c}{K_m} + c,$$
 (1.6)

where $K_{\rm m}$ is the mechanochemical Michaelis–Menten constant, *c* is the ATP concentration, and $v_{\rm max}$ is the velocity at saturating ATP concentration.²⁸

Myosins a re o ne- a nd t wo-headed ac tin-dependent motors with s tep si zes b etween 5 nm a nd >40 nm.²⁹ Two-headed isoforms like Myosin II participate in contractile a ssemblies t hat influence sarcomere length in muscle cells and actomyosin ring constriction during cytokinesis of dividing cells.¹⁹ Within these contractile assemblies, Myosin II tails physically associate with each other to form myosin filaments. The head domains of these filaments a ssociate w ith ac tin filaments o f d ifferent polarity. Because the orientation of these myosins reverses along the myosin filaments, ATP hydrolysis by the motor domains causes the actin filaments to s lide to ward e ach other. The force generated by each myosin molecule adheres to the following relationship, where force (*F*) relates to the bending stiffness (*Ei*) and length (*L*) of the tail domains that is expressed in Equation 1.4^{30} :

$$F = \frac{3Ei}{L^2}.$$
 (1.7)

In c ontrast to M yosin I I, o ne-headed m yosins do not h ave tails that form coiled-coils and therefore do not participate in contractile mechanisms. Instead, the tails of these myosins bind vesicles and organelles in order to t ransport them a long actin filaments.

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2

Protein Signaling

Sonja Braun-Sand

2.1 Modeling Electrostatics in Proteins

Maxwell's equations describe the properties of electric and magnetic fields, and have been analytically solved for some simple cases. However, calculation of electrostatics in proteins is not a trivial problem, and several models have been used to try to describe these interactions. The question is of extreme interest, however, because electrostatic energies are one of the best correlators between structure and function in biochemical systems.¹⁻⁴ There are two main problems in formulating a model to describe protein electrostatics.⁵ First, the electrostatic interactions within proteins are occurring at microscopically small distances, which make the dielectric constant ambiguous. In addition, the protein environments a re i rregularly s haped, such t hat t he a nalytical models are impractical to use.

Microscopic studies of electrostatics in proteins have emerged with t he i ncrease i n a vailability of x -ray c rystal s tructures of proteins and the realization that electrostatic energies provide one of the best ways to correlate structure with function. Many mathematical descriptions of electrostatics in proteins have been proposed, and all are based on Coulomb's law, which gives the reversible work of bringing two charges close together as represented by Equation 2.1:

$$\Delta W = 332 \frac{Q_i Q_j}{r_{ij}}, \qquad (2.1)$$

where the distance, r, is given in Å, the charge Q is in atomic units, and the free energy, W, is in kcal/mol. Manipulations of this equation⁵ lead to the Poisson equation, Equation 2.2:

$$\nabla^2 U(r) = -4\pi\rho(r),$$
 (2.2)

where the electric field, **E**, is expressed as a gradient of the scalar potential, *U*, and ρ is the charge density. By assuming that a dielectric constant can be used to express effects not treated explicitly, the following equation is reached (Equation 2.3):

$$\nabla \varepsilon(\mathbf{r}) \nabla^2 U(\mathbf{r}) = -4\pi \rho(\mathbf{r}). \qquad 2.3)$$

If it is assumed that the ion distribution follows the Boltzmann distribution, t he lin earized P oisson–Boltzmann e quation i s reached, given by Equation 2.4:

$$\nabla \varepsilon(\mathbf{r}) \nabla^2 U(\mathbf{r}) = -4\pi \rho(\mathbf{r}) + \kappa^2 U, \qquad 2.4)$$

where κ is the Debye–Huckel screening parameter.

Interesting questions arise when these equations are applied to biological systems. For example, can a dielectric constant be applied to heterogeneous systems, such as an enzyme active site? In add ition, a re continuum a ssumptions valid on a mole cular level? An early work, the Tanford Kirkwood⁶ model, described a protein as a s phere with a u niform dielectric constant. This model was proposed before protein structures were known, and it was thought that ionizable residues were located solely on the protein e xterior. L ater s tudies c onducted a fter ma ny p rotein structures had been elucidated found that the simplification of a protein as a uniform dielectric constant missed some important aspects of the physics of charged residues in a protein interior.⁷ Discussed b elow a re a lternative app roaches to de scribing t he electrostatics of protein interiors.

2.1.1 Theory and Models

Electrostatic models span a wide range of possibilities from continuum dielectric approaches^{1,8,9} to all-atom models that explicitly represent the biological molecule and solvent.^{10,11} Each model has its own advantages and disadvantages.^{5,12–15} There are three primary ways of describing solvent in a system, shown in Figure 2.1.¹⁶ Simulation time decreases from the microscopic all-atom model to the macroscopic model.

2.1.1.1 Protein Dipoles Langevin Dipoles Model

A microscopic dipolar model that is often used in simulations of biological molecules is the protein dipoles Langevin dipoles (PDLD) m odel.^{17,18} This mo del do es not a ssume a d ielectric constant f or t he s olvent mole cules; r ather, t he t ime-averaged



FIGURE 2.1 Three approaches to s olvent re presentation. A ll atom s are represented in the microscopic approach. A point dipole is used to represent a s olvent molecule in the dipolar approach, and several solvent molecules within a c ertain volume are represented as a p olarization vector in the macroscopic approach.

polarization o f e ach s olvent mole cule i s re presented a s a Langevin dipole.^{17,18} The dipoles are placed in a spherical grid, rather than attempting to reproduce the exact locations of the solvent molecules. The net polarization of a thermally fluctuating dipole in response to an electric field is described by the following equations.¹⁶

$$(\mu_i^{\mathrm{L}})^{n+1} = e_i^n \mu_0 \left(\operatorname{coth}(x)_i^n - \frac{1}{x_i^n} \right),$$
 (2.5)

where x_i^n is described by

$$x_{i}^{n} = \frac{C'\mu_{0}}{k_{\rm B}T} \Big| \xi_{i}^{n} \Big|, \qquad (2.6)$$

and where ξ_i^n is the local field, μ_0 is 1.8 debye, e_i^n is a unit vector in the direction of the local field, C' is a parameter, and the sup erscript (n + 1) i ndicates that the e quation is solved iteratively.

2.1.1.2 Protein Dipoles Langevin Dipoles/ Semimacroscopic-Linear Response Approximation Model

The m icroscopic P DLD mo del d iscussed a bove do es not u se any dielectric constants. A p otential problem with these types

of methods is poor convergence of results. One solution to this problem is to scale the dipole contributions of the PDLD model with a n a ssumed p rotein d ielectric c onstant, ε_{n} , le ading to a semimacroscopic PDLD (PDLD/S) model.16,19 (For discussions of dielectric constants in proteins, see Refs. [20-22]). To aid in the description of ε_{p} , the linear response approximation (LRA) is u sed. In order to app ly the LRA approximation, a mole cular dynamics (MD) simulation is done to generate a number of protein configurations for the charged and uncharged states of the solute of interest. The LRA approximation uses a thermodynamic cycle to evaluate the PDLD/S energy by averaging over the configurations (with solute charged and uncharged) generated by the MD simulations.18 This approach is summarized in Figure 2.2, taken from the Molaris Manual and User Guide.¹⁶ It is difficult to go from A to B directly; hence a thermodynamic cycle from $A \rightarrow D \rightarrow C \rightarrow B$ is used.

The thermodynamic cycle in Figure 2.2 leads to the following equation, which gives the difference in solvation energy when moving a c harge from water to a p rotein active site shown in Equation 2.7:

$$\Delta\Delta G_{\rm sol}^{\rm w \to p} = \frac{1}{2} [\langle \Delta U^{\rm w \to p} (Q = 0 \to Q = Q_0) \rangle]_{Q_0} + \langle \Delta U^{\rm w \to p} (Q = Q_0) \rangle_{Q=0}, \qquad (2.7)$$

where

$$\Delta U^{w \to p} = \left[\Delta \Delta G_{p}^{w}(Q = 0 \to Q = Q_{0}) - \Delta G_{Q}^{w} \right] \left(\frac{1}{\varepsilon_{p}} - \frac{1}{\varepsilon_{w}} \right) + \Delta U_{Q\mu}^{p}(Q = Q_{0}) \frac{1}{\varepsilon_{p}}, \qquad (2.8)$$

where the subscripts and superscripts p and w refer to p rotein and water, respectively, ΔG_Q^w is the solvation energy of the charge, Q, in water, $\Delta \Delta G_P^w$ is the change in solvation energy of the protein and bound charge upon changing Q from Q_0 to 0, and $\Delta U_{Q\mu}^p$ is the electrostatic interaction b etween p olar protein groups and the charge.

2.1.1.3 Interactions of Ions with Membrane Proteins

An application of the protein dipoles Langevin dipoles/semimacroscopic-linear response approximation (PDLD/S-LRA) model (in c onjunction with a m icroscopic de termination of t he free energy profile for ion transport) is demonstrated in a s tudy of the ion selectivity of the KcsA potassium channel.²³ Remarkably, this ion channel has the ability to discriminate between K⁺ and Na⁺ ions, allowing K⁺ ions to pass through ~1000 times more readily.^{24,25} Cr ystallographic s tructures a re a vailable f or t his transmembrane protein from *Streptomyces lividans*,^{26,27} enabling many computational estimates, using a v ariety of me thods, of the s electivity barrier.²⁸⁻³³ With the present computing p ower, the s ystem is to o large to a llow direct M D si mulations of ion transport in a re asonable time. Use of the PDLD/S-LRA model



FIGURE 2.2 The PDLD/S-LRA thermodynamic cycle for evaluation of $\Delta\Delta G_{sol}^{W \rightarrow p}(A^{-})$.

enables simulation of the K⁺ and Na⁺ ion currents in a reasonable time in this large system. The simulation system was essentially cylindrical, with a diameter of ~40 Å, which included the channel protein and a small portion of the membrane, and a length of ~89 Å, which included the length of the protein, 30 Å intracellular space, and 25 Å extracellular space. The study was able to examine the effects of several variables on ion current, including the effective dielectric constant used for the protein (which varied from 15 to 30), and the friction for moving the ion through the channel.

What were the factors found by this study to be most important in determining ion selectivity through the channel? First, the study found differences in channel radius at the initial ion loading sites based on the presence of K⁺ or Na⁺. This led to different ge ometries, a nd t hus d ifferent c hannel re organization energies for the ions. This reorganization energy can be captured with the PDLD/S-LRA model because it effectively evaluates the steric interactions between the ion and the channel. Second, it was found that the calculated free energy profiles were very sensitive to the protein dielectric constant, ε_{p} , used. In this case a large effective dielectric constant for the protein is necessary to properly represent the charge-charge interactions, if the LRA approximation is not used. A typical protein dielectric constant, ε_p , used in many studies without the LRA approximation is less than 6, but this low $\epsilon_{\rm p}$ may not correctly evaluate charge–charge interactions (ΔU_{Ou}^{p} in Equation 2.8). The strong dependence of the energy profile on the protein dielectric used may be due in part to the narrow protein channel through which the ions pass. Because the KcsA channel is so narrow, the ion is probably not solvated on all sides by water molecules, as it would be in wider channels, such as porins. This may make interactions with the protein, and thus the value of $\epsilon_{\!_{p}}$, much more important in the calculations.

2.1.2 Bacteriorhodopsin, a Transmembrane Protein

Transmembrane proteins span the width of a lipid bilayer, and have many uses within an organism. For example, transmembrane proteins may be used as ion or water channels, transporters, re ceptors i n s ignal t ransduction p athways, pr oton pu mps in the electron transport chain (ETC), adeno sine triphosphate (ATP) synthases, and many others. The largest class of cell surface receptors is the seven-transmembrane helix (7TM) family. It is estimated t hat ~ 50% of t herapeutic d rugs on t he m arket today target members of this family. A well-known example of this family is bacteriorhodopsin (bR). bR is present in the membranes of some halobacteria. It harvests light energy and then converts it to electrostatic energy in the form of proton transport (PTR) out of the cell. This creates a large pH gradient across the cell membrane, which is then used to create ATP when the cell allows a proton to move back into the cell, through another transmembrane protein, ATP synthase.

2.1.2.1 Empirical Valence Bond Model

Often scientists want to study biochemical bond breaking and forming processes, such as the breaking of a covalent bond to H, a nd t he forming of a ne w c ovalent b ond to H . M odeling these types of chemical reactions requires the use of a quantum mechanical (QM) treatment to describe the reacting fragments, coupled w ith a c lassical, mole cular me chanics (MM) si mulation of the surrounding biological molecule (where no reactions are taking place), resulting in a quantum mechanics/molecular mechanics (QM/MM) method. Frequently, a mole cular orbitalbased QM treatment, which is, for example, very effective for calculating spectroscopic properties of mole cules, is prohibitively expensive wh en st udying biochemical systems. A n alternative to using molecular orbital-based QM methods is the empirical valence b ond (E VB) mo del,³⁴ wh ich is effective at c alculating bond rearrangements.

The EVB me thod first calculates the ground state potential energy su rface of re acting f ragments b y m ixing the v alence bond (VB) resonance structures of the reactants and products. The reaction is forced to o ccur by gradually moving the wave function from 100% reactant, 0% product to 0% reactant, 100% product. The portion of the molecule described by MM adjusts itself to the reacting fragments in order to minimize the overall energy of the reaction. Importantly, this method is not as expensive as methods that use a molecular orbital QM approach, and allows sufficient configurational ave raging t o g ive the overall free energy change for the system.^{34,35}

An important p oint to b e m ade a bout the E VB model is that the reaction simulation must be carried out both in water and in the protein. The simulations begin in water, where the energetics of the reaction are known. For proton transfer (PT) reactions, the change in free energy of the PT in water can be obtained if one knows the pK_a values of the donor (DH⁺) and the protonated acceptor (AH) in water. This is given in kcal/mol by Equation 2.9:

$$\Delta G_{\rm PT}^{\rm w}({\rm DH}^+ + {\rm A}^- \rightarrow {\rm D} + {\rm AH})_{\infty} = 1.38(\Delta p K_{\rm a}^{\rm w}), \qquad (2.9)$$

where ∞ i ndicates t hat t he do nor a nd ac ceptor a re at l arge separation. All of the adjustable parameters used in the EVB model of the reaction are adjusted so that the water simulation of the PT between do nor and ac ceptor at l arge separation in water reproduces the experimentally known difference in p K_a values. The parameters are then fixed, and not allowed to vary when moving to simulations of the reaction in the biochemical system. An example where the EVB method was used in bR is given below.

2.1.2.2 Conversion of Light Energy to Electrostatic Energy

The me chanism o fl ight-induced P TR ac ross a memb rane and a gainst a p roton g radient i s o f sig nificant in terest in bioenergetics.³⁶⁻⁴⁷ b R is a w ell-characterized model system for this process, with many structures available of the ground state and s everal i ntermediates, a nd m any k inetic s tudies h aving been performed with it.36,48-50 This structural information was recently u sed to p ropose a de tailed mole cular p icture of h ow bR converts light en ergy to el ectrostatic en ergy. I n t he ac tive site, the chromophore is covalently attached to an arginine side chain through a protonated Schiff base (SB), and it forms an ion pair with the negatively charged side c hain of A sp85.51-53 It is known that bR absorbs light, and then a sequence of relaxation and PTR processes occurs, ultimately resulting in a proton being transported outside of the cell. However, the driving force for the initial PT from the SB to the Asp85 was unclear. A previous study⁵⁴ and a more recent study⁴⁷ suggest that the PT is driven by a light-induced charge separation of the ion pair. Apparently the

absorption of a photon by the chromophore leads to isomerization a round a c arbon–carbon do uble b ond a nd a h igh energy, sterically strained ground state. Relaxation of this steric energy leads to the increase in ion pair distance observed in structural and computational studies, ultimately leading to the PT.

2.1.2.3 Modeling the Conversion of Light Energy to Electrostatic Energy

The computational methods used in the more recent study⁴⁷ to convert structural information to free energy barriers for the PT process are described here. First, calculation of the PT potential energy surface in the ground state and several of the photocycle intermediates was performed to obtain the free energy landscape for the system. (For an in-depth description of the photocycle, see Refs. [36,55].) This study used a t ype of QM/MM method that c ombines the qu antum c onsistent force field/pi electrons (QCFF/PI) method⁵⁶ and the EVB³⁵ approach. An *ab initio* QM/ MM me thod w as not u sed b ecause the c alculations to do t he proper configurational averaging needed to provide reliable free energy surfaces are prohibitively expensive. The energetics of the PT are modeled by considering two VB resonance structures of the form

$$\Psi_1 = R \stackrel{\text{\tiny emer}}{=} C(H) \stackrel{\text{\tiny emer}}{=} N^+(R')H^-A$$

$$\Psi_2 = R \stackrel{\text{\tiny emer}}{=} C(H) \stackrel{\text{\tiny emer}}{=} N^+(R')H \stackrel{\text{\tiny emer}}{=} A$$
(2.10)

where t he w ave f unction Ψ_1 re presents t he pr otonated SB (SBH⁺) and de protonated ac ceptor, A⁻ (A sp85), and Ψ_2 re presents t he de protonated S B and p rotonated ac ceptor (Asp-H). Because the chromophore contains many p i electrons, the S B is represented by the QCFF/PI potential surface, and the acceptor is represented by an empirical potential function (as in the normal EVB). Water and protein surrounding the reacting system are coupled to the QCFF/PI Hamiltonian through a s tandard QM/MM treatment. This analysis allows the system to be represented by two diabatic or pure states, with the conditions outlined by Equation 2.11:

$$\overline{\varepsilon}^{(1)} = \varepsilon_{\text{QCFF/PI}}(\text{SBH}^+) + \varepsilon'_{\text{Asp85}} + \varepsilon_{\text{SS}'}^{(1)} + \varepsilon_{\text{Ss}}^{(1)} + \varepsilon_{\text{ss}} + \alpha^{(1)},$$

$$\overline{\varepsilon}^{(2)} = \varepsilon_{\text{QCFF/PI}}(\text{SB}) + \varepsilon'_{\text{AspH85}} + \varepsilon_{\text{SS}'}^{(2)} + \varepsilon_{\text{Ss}}^{(2)} + \varepsilon_{\text{ss}} + \alpha^{(2)},$$
(2.11)

where t he $\varepsilon_{QCFF/PI}$ of t he i ndicated form of t he c hromophore includes the potential from the solvent/protein system, ε' is an EVB de scription of A sp85 or A spH85, and $\varepsilon_{SS'}$ is the interaction between the classical (EVB) and π -electron systems, which is being t reated a s in the regular EVB treatment by c onsidering the classical electrostatic and steric interactions between the two fragments. Finally, $\varepsilon_{Ss}^{(i)}$ re presents the interaction b etween the solute (S) and the solvent (s) in the given state, while $\alpha^{(i)}$ is the "gas phase shift." The gas phase shift is a pa rameter that is adjusted by requiring that the PT at l arge separation in water between SBH⁺ (p $K_a = 7.0$) and Asp (Asp-H p $K_a = 4.0$) reproduce the experimental pK_a difference of 3.0 pH units (corresponding to 4.1 kcal/mol). The p ure d iabatic s tates shown a bove do not reflect t he ac tual g round s tate p otential energy su rface of t he system, which is represented by mixing the two diabatic states according to Equation 2.12:

$$\mathbf{E}_{\rm g} = \frac{1}{2} \left[\left(\boldsymbol{\varepsilon}^{(1)} + \boldsymbol{\varepsilon}^{(2)} \right) - \left(\left(\boldsymbol{\varepsilon}^{(1)} + \boldsymbol{\varepsilon}^{(2)} \right)^2 + 4\mathbf{H}_{12}^2 \right)^{1/2} \right], \qquad (2.12)$$

where H $_{12}$ is the off-diagonal c oupling element b etween Ψ_1 and Ψ_2 .

It should be emphasized that all of the required parameters, such as the gas phase shift, are adjusted during the simulation of PT from SBH⁺ to Asp in water, requiring that the values used reproduce experimental results. The parameters are then fixed, and are not adjusted in protein simulations.

In moving to t he protein si mulations, it was found that the driving force for the initial PT from SBH⁺ to A sp is primarily based on electrostatic effects. The absorption of a photon by the chromophore leads to a sterically strained structure. Relaxation of this strain leads to de stabilization of the ion pair by increasing the ion pair (SBH⁺Asp) distance, ultimately driving the PT process. The difference in energy between the ion pair and the neutral state seemed to determine the majority of the barrier to the PT process.

2.1.3 Coupling between Electron and Proton Transport in Oxidative Phosphorylation

Peter Mitchell was awarded the 1978 Nobel Prize for Chemistry for his revolutionary chemiosmotic hypothesis (see Refs. [39,57]). This theory stated that ATP synthesis by the oxidative phosphorylation pathway is coupled to P TR from the cytoplasmic side to the matrix side of the inner mitochondrial membrane. It is now known that transfer of high-energy electrons from the citric acid cycle (from NADH and FADH₂) to c omplexes of the ETC (which are embedded in the inner mitochondrial matrix) results in reduction of an electron acceptor, O2, to H2O. In eukaryotes, there are four transmembrane complexes involved in the ETC, three of which a re a lso p roton p umps. C omplex I (N ADH-Q oxidoreductase), Complex III (Q-cytochrome c oxidoreductase), and Complex IV (cytochrome c oxidase) all pump protons, with a s toichiometry of 2, 2, a nd 1 H⁺ p er h igh-energy ele ctron.⁵⁸ Only Complex II (succinate-Q reductase) does not. This electron transfer (ET) also leads to the creation of a proton gradient across the membrane, creating a proton motive force (PMF), which consists of two parts, a chemical gradient and a charge gradient as expressed by Equation 2.1358:

$$PMF(\Delta p) = \text{chemical gradient}(\Delta pH)$$
$$+ \text{charge gradient}(\Delta \Psi). \qquad (2.13)$$

The PMF c an b e u sed to d rive t he s ynthesis of A TP when protons a re a llowed to mo ve bac k i nto t he m atrix t hrough ATP s ynthase (sometimes c alled C omplex V). The t ypical p H difference ac ross t he memb rane i s a round 1.4 p H u nits (outside is more acidic), and the membrane potential is about 0.14 V (outside is positive), leading to a free energy of 5.2 kcal/mol of electrons.⁵⁸

2.1.3.1 Electron Transport Chain Complexes as Proton Pumps

Similar to t he Kc sA io n c hannel a nd b R p roteins d iscussed previously, complexes of the ETC are embedded in a membrane. While t here h ave b een s everal e xperimental a nd t heoretical studies of ET^{59-63} and PT^{64-67} individually in proteins, there have been fewer studies of coupled ET/PT reactions.⁶⁸⁻⁷¹

An extensive t heoretical a nalysis of c oupled ET a nd P T in Complex IV of the ETC, cytochrome *c* oxidase, has been published.⁷² M any of the ETC *c* omplexes have large, multisubunit structures, and C omplex IV is an example. It has a mole cular mass of 204 kDa, contains 13 subunits, and has s everal re dox centers, making i ts me chanism d ifficult to elucidate. Highresolution structures of Complex IV have been published,⁷³⁻⁷⁵ enabling theoretical studies to probe the coupled ET/PT mechanism of this complex. The author of this analysis postulates that Complex IV couples electron tunneling between re dox centers with a p roton moving along a c onduction channel in a "classical, diffusion-like r andom walk fa shion,"⁷² b ut c oncludes that much more work is needed to fully understand the coupled ET/ PT reactions occurring in the ETC.

2.1.4 Mechanosensitive Ion Channels

Mechanosensitive i on c hannels (MSCs) ar e tr ansmembrane proteins that are important in helping cells respond to a v ariety of mechanical stimuli, such as sound, gravity, and osmotic pressure gradients. They are found in a variety of tissues and are thought to b e important for the senses of touch, he aring, and balance.⁷⁶ It currently is believed that two types of MSCs exist. The first type is found in specialized sensory cells; forces a re applied to these channels through fibrous proteins.77,78 The second type responds to stresses in the lipid bilayer.77,79,80 The lipid membrane is often what the initial stress acts upon, and the lipid bilayer must somehow respond to these stimuli (see Chapter 1). A known function of MSCs includes regulating cell volume in response to osmotic pressure gradients, to prevent the cell from bursting. Somehow these transmembrane channels must detect extracellular forces, and transmit the information inside the cell as electrical or chemical signals.81

2.1.4.1 G ate Mechanisms

A de fining characteristic of MSCs represents large conformational changes between the open and closed forms. For example, the bacterial large conductance mechanosensitive (MscL) channel undergoes a radius change of 5–6 nm between the open and closed forms.⁸² An initial descriptor of the energy difference, ΔG , between open and closed forms based on the bilayer tension, *T*, is given by

$$\Delta G = T \times \Delta A, \qquad 2.14)$$

where ΔA is the in-plane area change between open and closed states.^{77,83} H owever, t here a rel ikely mo re c onformational changes, or deformations, possible for these MSCs, as the inplane a rea do es not t ake ac count of other channel conformational changes (see below), membrane stiffness, and membrane thickness, all of which can affect channel opening and closing. It is believed that there are three types of changes that channels can undergo.⁸³ The first is as mentioned above, where a channel can change its in-plane area, A. The second type occurs when a c hannel ac tually c hanges its s hape w ithin t he memb rane. Finally, a channel can also undergo a change in length without changing its shape or in-plane area. See Figure 1 in Markin and Sachs⁸³ for a n ice illustration of the three types of conformational changes.

This system presents another situation where modeling studies can complement experimental studies. In the last several years there have been a few computational studies that look at gating mechanisms using a v ariety of models.^{84–87} A re cent computational study of the *Escherichia coli* MscL channel investigated the gating pathways when various conformational deformations are simulated.⁸⁷ It is known that, in general, the channel protein and the membrane undergo a deformation leading to the opening of the channel, but a mole cular understanding of the process has not yet been achieved. The authors of the recent computational study examined the mechanical roles of structural features, such as t ransmembrane hel ices a nd lo ops, a nd found t hat m any o f these s trongly a ffect gating ability. However, many questions remain in the drive to understand these interesting and complex channels on a molecular level.

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3

Cell Biology and Biophysics of the Cell Membrane

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Didier Dréau

3.1 C ell Interactions

In contrast to unicellular organisms, in multicellular organisms cells interact with one another through cell–cell physical chemical (paracrine or h ormonal) contacts. The physical c ell–cell interactions occur through cell junctions with binding of proteins p resent within the memb ranes of e ach c ell. F or d istant interactions, molecules secreted (ligands) are recognized by specific receptors on the target cell membrane or in the target cell, depending on the hydrophobicity of the ligand.

3.2 Types of Junctions

Three main types of cell-cell junctions define the physical strength of i nteractions between cells (Figure 3.1): de smosomes (zonulae adherens), tight junctions (zonulae occludens), and gap junctions. These junctions are cell membrane regions enriched with specific proteins interacting between two cells. In particular, the physical strength of the junction allows a resistance to shear stress (a stress applied parallel or tangential to a c ontact surface) imparted, for example, b y v essel endot helium o n blo od o r blo od o n v essel, respectively. The s hear stress of a fluid or v iscosity d rag (t) is a function of its viscosity (η) and velocity (v) exerted on the wall of a lumen (inner radius r). Shear stress resistance characterizes the different cell junctions of a given lumen [e.g., blood vessels and the gastrointestinal (GI) tract]. The greater the viscosity [and the liquid flow (Q)], the higher the shear rate and the viscosity drag (t):

$$t = 4\eta Q / \pi r^3$$
. (3.1)

Note: In denominator $\pi = 3.1415926...$

3.2.1 De smosomes

Desmosomes a re f ound i n a ll t issues sub ject to *shear s tress*, including t he s kin a nd t he GI t ract. D esmosomes gener ate strong b onds b etween c ells a nd b etween c ells a nd t he ba sal lamina. P roteins, m ainly de smoglein a nd de smocollin, a re associated in dense plaques, separated by a 30 nm intercellular space, a re p resent i n b oth c ell memb ranes, a nd a re l inked to intracellular structures and tonofilaments in the two connected cells (Figure 3.1). She ar s tress le ads to def ormation o f t he c ell membrane a nd d isruption o f filament ac tin (F-actin) a nd o f



FIGURE 3.1 Type of cell junctions.

cytoskeleton organization. In response to disruption of F-actin, the expression of multiple proteins, including those involved in adherence a nd c ell j unctions, i s up -regulated, de pending o n both type of cell and liquid flow. Hemidesmosomes are structures that are present on cells and use similar proteins to anchor cells to the basal lamina through interactions between integrins and proteins in the basal lamina.

3.2.2 T ight Junctions

Tight j unctions a re c ommon i n e xchange t issues h olding nephron cells in the kidneys, endothelial cells in the vessels, and enterocytes in the GI tract together. Tight junctions in cells are made through the interactions of multiple proteins, including claudins and occludins, both of which are transmembrane proteins embedded in the cytoskeleton. Tight junctions also prevent the m ovement of p roteins with a pical functions to the b asolateral area of the cell membrane (and vice versa), ensuring cell polarity. C ell polarity a lso d efines b oth chemical in teractions and electrical gradients by the types and concentrations of receptors and channels present. As with chemical activity, cell membrane electrical potential can be different between the apical and the baso-lateral area of a cell.

3.2.3 Gap Junctions

Gap junctions are hemichannels or connexons composed of six connexin (Cx) proteins. The alignment of two connexons forms a gap j unction b etween t wo c ells, a llowing c ytoplasm s haring and t he r apid t ransfer o f b oth ele ctrical a nd c hemical sig nals (small molecules and ions). The type of connexins associated in the formation of t he c onnexon (homo- a nd he tero-hexamers) appears to influence the function of the gap junctions (speed of electrical c hemical transfers and nature of t he c hemical mole cule transferred). The concentration of multiple (>100) gap junctions forms a complex structure or plaque. Gap junctions allow direct e lectrical s ignaling b etween c ells, al though d ifferences (10- to 15-fold) in electrical conductance between gap junctions have been shown. Gap junctions also allow chemical molecules (<1000 Da) to move from one cell to the other and favor chemical communication through the passage of second messengers, including IP3 and Ca²⁺. The passage of these chemicals is selective, depending on the size and charge of the molecule and the nature of connexin subunits. Although most of the movement of ions through gap j unctions do es not re quire energy, the re cycling of K⁺ in the cochlea, essential to the transduction by auditory hair cells through gap j unctions, is facilitated by A TPase activity and connexin conformation changes.

Charge associated with the connexins either repulses or attracts ions, playing a critical role in preventing or allowing for passage. In addition to these chemical and electrical exchange functions, gap junction proteins also promote cell adhesion and have tumor suppressing (C×43, C×36) and c ell sig naling (C×43) role s. The presence of gap j unctions linking multiple cells within a t issue generates a*syncytium*, that is, a duster of cells with similar response as in the heart muscle, and the smooth muscles of the GI tract.

3.3 Cell Adhesion Molecules

Within tissues, cells interact not o nly with other cells but also with the extracellular matrix (ECM). Cell attachment to the ECM is a key requirement of multicellular organisms. Produced by multiple cells, including fibroblasts, the ECM is composed of multiple proteins, of which the major ones are collagens, laminin, fibronectin, vitronectin, and vimentin. The ECM constitutes the basal lamina, the basal layer on which cells are anchored by integrins. These cell surface receptors are composed of one α (alpha) and one β (beta) subunit. Each heterodimer binds to a specific molecule of the ECM (e.g., $\alpha 6\beta$ 1 binds to laminin) with variable affinities. Integrin expression is cell specific and the strength of the binding to the ECM is variable, depending on the composition of both integrin and ECM. The binding site for the ECM is on the β chain and requires divalent cations to function whereas the α subunit may be involved in protein stabilization.

Integrins at tach c ells to t he EC M t hrough i nteractions between E CM m olecules a nd m icrofilaments o f t he ac tin cytoskeleton, a llowing c ells to re sist s hear s tress f orces. The intensity of the force needed to deform a cell membrane or dissociate a cell linked by junctions in an epithelium is highly variable and will depend on the force as well as on the characteristics of the specific location of interest.

This cell attachment involves not o nly integrins but also the formation of cell adhesion complexes consisting of transmembrane integrins and many cytoplasmic proteins, including talin, vinculin, and paxillin. Integrins have a prominent role in regulating cell shape, cell migration, and cell signaling, making them pivotal in multiple cell events (including growth, differentiation, and survival).

3.4 I ntracellular Connections

Cell membranes are physically connected with the cellular scaffolding or cytoskeleton. The cytoskeleton, critical in cell shape and mot ion, i ntracellular t ransport (vesicles a nd o rganelles), and c ell d ivision, i s c omposed o f t hree k inds o f filaments: mcrofilaments, i ntermediate filaments, a nd m icrotubules. Microfilaments a re i ntertwined do uble-helix ac tin chains t hat are concentrated near the cell membrane. Intermediate filaments are very stable and constituted of multiple proteins, i ncluding vimentin, keratin, and laminin. Microtubules are composed of tubulin (α and β), which play a major role in intracellular transport and in the formation of m itotic spindles. Connections of the memb rane w ith t he c ytoskeleton a re k ey i n m aintaining 3D s tructures, c ell s hape a nd deformation (e.g., gener ation of processes), and resistance to tension.

3.5 Cell Membranes and Epithelia

As for individual cells, where the membrane is a selective barrier allowing the movement of water and ions through channels and of larger molecules through specific carriers, the epithelium also benefits from the selective permeability of the cells itis made of. The movement of mole cules through the semipermeable membrane that is the cell membrane or of cells lining an epithelium relies on various physiological mechanisms. The intrinsic permeability of the cell membrane depends on (1) the presence of a gradient, t hat i s, a d ifference i n t he c hemical c oncentration o r electrical charge between both sides of the cell membrane, and (2) the movement of molecules through diffusion, leaky channels, or facilitated or active transport. The membrane transport processes are discussed in greater detail in the next section and will be referenced in Chapter 5 for the specific working action.

3.6 M embrane Permeability

3.6.1 Membrane Composition and Structure

Membranes a re mostly m ade up of *hydrophobic* pho spholipids (phosphatidylcholine, s phingomyelins, a mino pho spholipids, phosphatidylglycerol, and phosphatidylinositol), with one polar head a nd t wo no npolar l ipid c hains. Hydrophobic me ans t hat the chemical structure is such that it repels the water dipole, in contrast to hydrophilic, which attracts water due to the inherent polar c hemical c omposition. I n a n aque ous en vironment, t he nonpolar c hains a re o riented a way from water with t he p olar head in contact with the water, leading to the spontaneous formation o fl ipid b ilayers. Wi th t he e xception o f t he p rotein anchored i nternally to the a ctin or spectrin network or externally to EC M mole cules, p roteins c an mo ve w ithin t he l ipid bilayer creating a fluid mosaic. The lipid:protein ratio can radically vary between membrane and cell types (Table 3.1).

Membrane composition is also heterogeneous, that is, protein distribution and, to a lesser extent, lipid composition are different throughout the cell membrane. Specifically, the density of a given receptor can be much higher at a specific location, for example, acetylcholine nicotinic receptors concentrated at the motor end plate. This cell polarity, defined by an asymmetry in the protein composition of the ba so-lateral and ap ical membrane a reas a s

TABLE 3.1	Cell Mem	brane Com	position ((%))
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Membrane	Carbohydrate	Lipid	Protein
RBC 8		43	49
Myelin	3	79	18
Inner mitochondrial membrane	0	24	76

Source: S ilverthorn D.U., *Human Ph ysiology: A n I ntegrated A pproach*, 5th edition. Benjamin Cummings, San Francisco, CA, 2010.

delineated by thigh junctions, is critical in the development of epithelium and tissue whose major functions include exchanges.

The heterogeneous and asymmetric lipid bilayer forming the cell membrane through a c onstant and dynamic redistribution of proteins constitutes a *semipermeable barrier* separating two compartments with different chemical and ionic compositions. The se differences in charges and concentrations associated with the asymmetrical membrane proteins generate *electrochemical gradients*, that is, differences in the net electrical charge and concentrations of a given solute inside versus outside the cell (Figure 3.2). Although both gradients are intertwined, each can act independently of the other.

3.6.2 M olecule Movements

Molecule movements between two compartments separated by a plasma membrane or an epithelium use *pericellular transport* (between cells), *transcellular transport* (through the membrane), and *endocytosis* and/or *exocytosis* me chanisms. In pericellular transport, molecules move through an epithelium using spaces between cells. During endocytosis and exocytosis, physical distortions of the cell membrane through vesicle creation or fusion allow the movement of molecules into or out of the cell without transport through the membrane (Figure 3.2).

Transcellular t ransport de pends o n m ultiple pa rameters, including the hydrophobicity of the molecule and the density of transport proteins. Small molecules use diffusion whereas larger molecules require specific transport proteins. The cell membrane is highly permeable to most hydrophobic molecules or lipid-soluble solutes such as alcohol, vitamins A and E, and steroids. In contrast, the permeability of water-soluble or hydrophilic molecules is limited to very small molecules, i ncluding water and hydrophobic molecules with specific carriers. Most membranes are impermeable to water-soluble molecules above 200 Da. Ions are relatively insoluble because of their charge in lipids; therefore, memb ranes a rep oorly p ermeable to io ns. I on d iffusion occurs mostly through ion channels. I on channels s pan the membrane and a respecific to a n ion or class of ions, mostly depending o n si ze a nd c harge. A mino ac ids a nd su gars a lso require specific *transporters* present in the cell membrane.

3.6.3 D iffusion

Small molecules, gases $(O_2, CO_2, and NO)$, and molecules soluble in polar solvents diffuse through the cell membrane. *Diffusion* is driven by a g radient and continues until equilibrium. The net



FIGURE 3.2 Transport through the cell membrane and epithelium.

diffusion rate (*J*) is proportional to the coefficient of diffusion (*D*), the surface area (*A*), the thickness of the membrane (Δx), and the gradient or difference in concentration (ΔC). The net diffusion rate is defined by Fick's law:

$$J = -DA \frac{\Delta C}{\Delta x} . \tag{3.2}$$

The *diffusion time* is a function of the thickness of the membrane and the permeability coefficient (Einstein relation). The diffusion time (*t*) is a function of average diffusion distance (Δx) and the coefficient of diffusion:

$$t = \frac{(\Delta x)^2}{2\mathrm{D}}.$$
 (3.3)

For small water-soluble molecules with a coefficient of diffusion equal to 10^{-5} cm²/s, t he d iffusion t imes a re 0. 5 m, 5 0 m, 5 s, 8.3 min, and 14 h for membrane thicknesses of 1, 10, 100, 1000, and 10,000 μ m, respectively. The diffusion time (Table 3.2) is proportional to the diffusion coefficient (*D*), which itself is proportional to the speed of movement of the molecule in a given medium: if the molecule is large and the medium is viscous, *D* is small.

For small molecules, *D* is inversely proportional to the molecular weight (MW) in dalton: D = 1/MW. For larger s pherical molecules, t he e quation of Stok es–Einstein app roximates t he

TABLE 3.2 Molecule Size, Coefficient, and Diffusion Time

Molecule	Radius (nm)	D	Time (s)
Oxygen 0.2		900	0.001
Sucrose	0.5	400	0.003
Insulin	1.4	160	0.01
Ribosome	10	22	0.06

coefficient of diffusion (Equation 3.4), taking into account the gas constant (*R*), the absolute temperature (*T*), the number π , the Avogadro number (*N*), the solvent viscosity (η), and the radius of the molecule (*r*):

$$D = \frac{RT}{6N\pi r\eta} = 1.38 \times 10^{-23} \frac{T}{\pi r\eta}.$$
 (3.4)

3.6.4 Protein-Mediated Membrane Transport

Movements of large molecules require intrinsic specific *carriers* or *channels*. Thro ugh *conformational chan ges*, c hannels f orm gates, allowing the passage of molecules. Transporter recognition is ligand specific but gener ally not a boolute, and related molecules can compete for or inhibit transport. The se channels can be either *voltage gated* or *ligand gated*: the former is activated by difference in the transmembrane voltage difference and the latter by binding to its specific ligand.

Mediated membrane transport is more rapid than simple diffusion, can saturate, and is chemically specific and sensitive to competition. The transport rate (J) for a g iven mole cule (S) is defined by its maximum transport rate (J_m), the Michaelis constant (K_m) and the concentration of the mole cule ([S]), a s described by the Michaelis–Menten equation:

$$J = \frac{J_m[S]}{K_m + [S]}.$$
 (3.5)

The transport through a carrier is limited by the speed and capacity of each carrier with a conformational change of $10^{\circ}-10^{4}$ solute mole cules/s. For ion channels, through a n open channel, ions move at $10^{7}-10^{8}$ ions/s. In *facilitated transport*, no energy is i nvolved, w hereas *active tr ansport* r equires energy

(ATP mostly). Facilitated transport benefits from existing charge or concentration gradients to move molecules (e.g., GLU2 transporter and Na⁺ gradients). Active transports promote the movement against concentration or electrochemical gradients using energy, mostly ATP, to cycle between its conformational states. For example, the Ca²⁺ ATPases move two Ca²⁺ from the lumen to the s arcoplasmic re ticulum p er A TP a nd t he N a⁺/K⁺ AT Pase, present in the plasma membrane of the cells, moves three Na⁺ out of the cells and two K⁺ into the cell per ATP. Because of the K⁺ and Na⁺ concentrations in and out of the cells, these tend to move passively toward equilibrium, and the steady state for these ions is maintained by the constant activity of the Na⁺/K⁺ ATPases.

3.7 Osmotic Pressure and Cell Volume

The cell volume is directly related to the internal pressure, and hence the osmotic pressure is also affected by the cell volume.

3.7.1 O smotic Pressure

Osmosis is defined as the flow of water across a semipermeable membrane (i.e., permeable to water only) from a compartment with a low solute concentration to a compartment with a high solute concentration. *Osmotic pressure* is the pressure that is sufficient to prevent water from entering the cell. Osmotic pressure (Π) is directly associated with the number of ions formed from the dissociation of a solute (*i*), the molar concentration of the solute (*c*), and the osmotic coefficient (ϕ) and can be calculated by van't Hoff's law:

$$\Pi = RT(i\phi c). \tag{3.6}$$

Osmotic pressure is a function of the concentration of solute present on either side of the membrane, and the concentration of solute also increases the boiling point and lowers the freezing point. Osmotic pressure (Π) is a function of the concentration of solute present on either side of the membrane. Since the concentration of solute is proportional to the solute freezing point, the osmotic pressure c an also b e estimated based on the freezing point depression (ΔT_i):

$$\Pi = RT(\Delta T_f / 1.86). \tag{3.7}$$

where ΔT_f is the freezing point depression. Two solutions separated by a semipermeable membrane are *isoosmotic* (have equal osmotic pressures), *hyperosmotic* (A hyperosmotic compared to B), or *hypoosmotic* (B compared to A). Osmotic coefficients have been calculated (Table 3.3).

3.8 Tonicity

The plasma membrane of animal cells is relatively impermeable to m any s olutes b ut h ighly p ermeable to w ater. Therefore, increase in the osmotic pressure of the extracellular fluid (ECF)

TABLE 3.3 Osmotic Coefficients

Compound	i	MW (Da)	φ
NaCl	2	58.3	0.93
KCl	2	74.6	0.92
HCl	2	36.6	0.95
CaCl ₂	3	111.0	0.86
MgCl ₂	3	95.2	0.89
Glucose	1	180.0	1.01
Lactose	1	342.0	1.01

Source: Lifson N. and Visscher M.B., In O. Glasser (Ed.), Medical Physics, Vol. 1, St. Louis, MO, 1944.

leads to water leaving the cells through osmosis, resulting in cell shrinking. In c ontrast, if t he ECF is d iluted, water enters t he cells, re sulting in c ell s welling. S welling ac tivates c hannels, increasing efflux of K⁺, Cl⁻, and the water that follows by osmosis returns c ells to no rmal size. B oth c ell s hrinking and s welling will continue until the osmotic pressures on both sides are equal or *isoosmotic*.

In v ivo, p rotein c oncentration is t he most i mportant pa rameter generating oncotic pressure, which contributes to the net flow of a g iven solute. Both the shrinking and swelling drastically impair cell function and potentially, in extreme cases, its survival. In living organisms, cells are suspended in a mixture of *permeant* and nonpermeant solutes. In those conditions (1) the steady volume of a cell is determined by the concentration of nonpermeant solutes in the ECF, (2) permeant solutes generate only transient alterations of the cell volume, and (3) the greater the cell permeability to a p ermeant solute, the faster the time course to transient change.

3.9 Electrical Properties of Cell Membranes

The electrical properties of the cell membrane are derived from their insulator potential associated with the composition, especially the amount of lipid present. For example, myelin produced by Schwann cells leads to the insulation of axons, with multiple layers of the cell membrane preventing loss of electrical charges. The electrical properties of the cells are a lso a f unction of the constantly maintained disequilibrium of the ions generated by the tight control of ion movements and charges present on either side of t he memb rane. A dditionally, c ell t ransport t hrough channels for ions or carriers for proteins also affects the electrical charges present on each side of the cell membrane, leading to alterations in the local membrane potential.

3.9.1 Forces Acting on Ion Movements

Several forces act on the components su rrounding the membrane. The two main categories are electrical forces and chemical gradient forces.

In living animal cells, a comparison of the composition of the cytosol a nd t he EC F u nderlines t he p resence o f p roteins

(generally ne gatively c harged) a nd K⁺ at h igh c oncentrations inside t he c ell, w hereas C a²⁺, N a⁺, a nd C l⁻ concentrations a re higher i n t he EC F. *Permeant* mole cules, i ncluding s ome io ns, move continuously in or out of the cell through leaky *channels* of the cell membrane following electrical and chemical gradients. The difference in charge between the inside and outside of a cell creates a *membrane potential* or the amount of energy (electrical) associated with the electrochemical gradient present. The net gradient for a given ion and cell remains stable because ATPdependent ion p umps, e specially the Na⁺/K⁺ AT Pase, c ontinuously and actively maintain these equilibriums.

3.9.2 Distribution of Permeable Ions

Taking into account the ions that cannot diffuse, the distribution of permeable ions is predicted by the Donnan–Gibbs equilibrium: in the presence of a nond iffusible ion (e.g., protein), a diffusible pair of ions of the same valence distributes to generate equal concentration ratios, for example,

[K
$$^+]_{in} \times [Cl^-]_{in} = [K^+]_{out} \times [Cl^-]_{out}$$
. (3.8)

The overall membrane potential at any time is a function of the distribution (inside versus outside) and membrane permeability to Na⁺, K⁺, and Cl⁻ (Figure 3.3).

The Donnan–Gibbs equilibrium explains the critical role of the Na⁺/K⁺ ATPase pump in constantly removing Na⁺ ions out of the cells to m aintain osmotic pressure and cell volume. It also

clarifies t he ele ctrical d ifference gener ated b y t he a symmetric distribution o f p ermeable io ns b etween t he i ntracellular a nd extracellular c ompartments at e quilibrium. A long t he mem - brane on t he extracellular side, t he charges created by Cl⁻ are balanced by the K⁺ ions that are present inside the cell. This effect is also critical in the movement of ions across the capillary wall mostly gener ated b y t he h igher p rotein c oncentration i n t he plasma compared to the ECF.

3.9.3 M embrane Potential

The relationship between the chemical and electrical forces acting on ions across the plasma membrane and the generation of the resting membrane potential is defined by taking into account the ion valence (Z_{ion}) and ECF ([ion]_{out}) and (intracellular fluid) ICF ([ion]_{in}) concentrations as described in the Nernst equation:

$$E_{\rm ion} = \frac{RT}{FZ_{\rm ion}} \log_{10} \left(\frac{[\rm ion]_{\rm out}}{[\rm ion]_{\rm in}} \right), \tag{3.9}$$

where *R* is the gas constant, *F* is the Faraday constant, and *T* is the absolute temperature. At 37°C, the equation can be simplified to $E_{\rm ion} = 61.5 \log_{10}([\rm ion]_{out}/[\rm ion]_{in})$. For Cl⁻, with intra- and extracellular Cl⁻c oncentrations o f9 .0 a nd 1 25.0 mM, $E_{\rm Cl-} = -70$ mV, a value identical to the one measured experimentally. In neurons, calculated $E_{\rm K}^+$ (-90 mV) differs from measured $E_{\rm K}^+$ (-70 mV). Si milarly, the difference b etween c alculated $E_{\rm Na}^+$





(+60 mV) and measured $E_{\rm Na}^+$ suggests that other ions may play a role in the equilibrium potential in those cells. The se differences from the optimal membrane potentials of each of these ions are actively maintained through the action of the Na⁺/K⁺ AT Pases pumping three Na⁺ out and two K⁺ per ATP molecule.

The K^+ efflux is counterbalanced by the electrical gradient of more negative charges (the bulk of which are proteins) inside the cell. The constant activities of the Na⁺/K⁺ ATPases pumping K⁺ inside and removing Na⁺ prevent these ions from reaching the equilibrium a ssociated w ith t heir r espective e lectrochemical gradients.

3.10 A TPases

ATPases are evolutionary conserved proteins with three major types: P, V, and F. The P type involves a phosphorylated intermediate and includes Na^+/K^+ A TPases and Ca^{2+} AT Pases. Mostly present on cell organelles (storage granules and lysosomes), the V type accumulates H^+ in vesicle lumen. Most cell membranes also contain Na^+/H^+ e xchangers to p revent the ac idification of the cytosol becoming active when the pH of the cytosol decreases, with Na^+ mo ving f ollowing i ts ele ctrochemical g radient i n exchange with the movement of H^+ out of the cell.

In contrast to P and V ATPases, which consume ATP, the F type represented b y A TP s ynthase of t he i nner m itochondrial mem brane is a m ajor source of ATP. ATP production depends on the oxygen conditions. In anaerobic conditions, one glucose molecule produces two pyruvate molecules transformed in lactate, yielding a net energy of two ATPs. In aerobic conditions, pyruvate molecules enter the citric acid cycle in the m itochondria and through oxidative phosphorylation yield up to 30–32 ATP molecules.

3.10.1 Role of ATPases

In excitable cells, following an action potential in which Na⁺ and K⁺ ions move in and out of the cell respectively, the cell repolarizes with an efflux of K⁺ ions. K⁺ channels are slow to close and the K⁺ efflux generates a hyperpolarization of the cell membrane. The equilibrium is re-established by the activity of the sodium/ potassium ATPase pump moving three Na⁺ ions out and allowing two K⁺ ions in through active transport through a conformational change.

The efflux of Na⁺ provides the driving force for multiple facilitated transport mechanisms, including glucose, amino acid membrane transport, and creates an osmotic gradient that promotes the absorption of water. In the enterocytes of the GI tract, on the baso-lateral su rface of t he c ell, N a⁺ i s pu mped out of t he c ell through the activity of Na⁺–K⁺ ATPase pumps creating a gradient that favors the influx of Na⁺ from the apical side of the cell.

3.10.2 Regulation of Na+/K+ ATPase Activity

The activity of the ATPase pump is endogenously down-regulated through increases in cyclic adenosine monophosphate (cAMP) associated with G protein coupled receptor activations and up-

regulated through decreases in cAMP by ligands leading to G protein coupled receptor inhibition. Thyroid hormones, insulin, and a ldosterone i ncrease t he e xpression o f N a^+/K^+ AT Pase pumps and therefore the activity. In contrast, in the kidney, dopamine induces the phosphorylation of the Na $^+/K^+$ ATPase pump, inhibiting its activity.

3.11 Cell Membrane and pH Regulation

Mechanisms in cells allow the regulation of H⁺ intracytoplasmic concentrations i ncluding t hrough t he ac tivity of t he N a⁺/H⁺ ATPase, which prevents H⁺ increases into the cytosol by pumping H⁺ in specific cell compartments. Intracellular H⁺ concentration is influenced by ECF and plasma H⁺ concentration.

In the plasma, the H⁺ concentration is very low compared to other ions (~0.0004 mEq/L) and is expressed as the negative log of the H⁺ concentration (or pH). The plasma pH ranges from 7.38 to 7.42, with extreme acidosis at 7.0 and extreme alkalosis at 7.7. Throughout t he b ody, p H v alues a re v ery v ariable w ith, f or example, gastric HCl (0.8), urine (as low as 4.5), and pancreatic juice (8.0). Because pH homeostasis is essential to organism survival through enzymatic and membrane and capillary exchanges, the pH is tightly monitored through central and peripheral sensors a nd re gulated by b uffers, the lung, a nd k idney ac tivities. Like ot her c hemicals, t he o rganism h as s ensing me chanisms with properties comparable to those observed in smell and taste senses, including pH sensors, and a constant feedback regulation and monitoring of the ECF and plasma pH.

3.11.1 p H Sensors

Chemoreceptors sensing H⁺ concentrations in the plasma and cerebrospinal fluid, respectively, are located peripherally in the aortic arch (aortic bodies) and at the bifurcation of the internal and external carotid in the neck (carotid bodies) and centrally in the brain medulla. The blood–brain barrier is poorly permeable to H⁺ but allows CO₂ diffusion. The addition of CO₂ displaces the equilibrium bicarbonate hydrogen toward the formation of more H⁺, increasing the pH of the cerebrospinal fluid (CSF):

$$CO_2 + H_2O \iff H_2CO_3 \iff H^+ + HCO_3^-.$$
 (3.10)

This decrease in pH is sensed by chemoreceptors that stimulate lung v entilation to b ring H $^+$ and C O₂ concentrations w ithin range.

3.11.2 p H Regulation

In mammalians, pH regulation is achieved through (1) buffers and the activities of (2) the lung and to a le sser extent (3) the kidneys. Buffers are molecules that combine with H⁺, neutralizing i ts e flects. The p resence of b uffers mo derates g reatly the addition of H⁺ to a s olution. Buffers such as $H_2PO_4^{2-}$ and HCO_3^{-} are present in cells and ECF, respectively. Also, an increase in plasma C O₂ is associated with an increase in H⁺ in the C SF sensed in the medulla, leading to a rapid increase in lung ventilation to remove CO₂ and maintain EC F p H. If despite buffer effects and ventilation modulations, p H acidification or alkalination p ersist, the k idney c an s ecrete or a bsorb H⁺ io n and HCO₃⁻ ion. Following conversion of CO₂ into HCO₃⁻ by carbonic anhydrase in proximal tubule cells, HCO₃⁻ is reabsorbed and H⁺ is secreted. Alternatively, H⁺ is secreted as ammonium ion NH⁴⁺. In the distal nephron, intercalated cells or either type A or B functioning during acidosis or alkalosis excrete H⁺ or HCO₃⁻ and K⁺, respectively (see Equation 3.10).

3.11.3 Gas Exchanges and pH Regulation

Cells of the organism receive signaling molecules, nutrients, and O_2 through the cardiovascular system and the ECF. As described above, removal of CO_2 produced by cellular metabolism is critical to t he m aintenance of a p H c ompatible w ith no rmal c ell function. CO_2 is carried in the blood as (about 70%) bicarbonate ions HCO_3^- (see E quation 3.10) by a c arbonic a nhydrase in the red blood cells (RBCs), 7% is dissolved in the plasma, and 23% is bound to hemoglobin at a site other than O_2 . The binding to CO_2 , however, d ecreases hemog lobin O_2 binding, in effect allowing more O_2 release in a region with high CO_2 concentrations. This effect (Bohr e ffect) i s ob served w hen i ncreases i n t he partial pressure of CO_2 or lower pH values result in the off-loading of oxygen from hemoglobin.

3.12 Summary

In multicellular organisms, cell interactions depending on cell junctions and ad hesions to t he ECM modulate individual cell function and epithelium membrane permeability. In addition to diffusion, mole cules a re t ransported t hrough p rotein c arriers with or without energy requirements. The chemical and electrical i nbalance b etween c ompartments s eparated b y t he l ipid bilayer cell membrane is actively maintained by ATPases. These electrical a nd c hemical d isequilibria gener ate ele ctrochemical gradients and the membrane potential critical in cell functions.

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4

Cellular Thermodynamics

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Pavlina Pike

4.1 I ntroduction

Every living organism is built with a network of billions of cells, which communicate a mong e ach other a nd with the surroundings by the controlled exchange of chemical and electrical signals. These signals are molecules and ions that carry information used by the cells to p erform c ertain t asks, such a s the activation of enzymes or genes, cellular proliferation, and death. A major role in this exchange is played by the cell membrane and more specifically by structures called ion channels and gap junctions. The purpose of this paragraph is to introduce ion transport in cells from the point of view of thermodynamics. We will start with the basic terms and laws that are the building blocks of thermodynamics. Attention will be given to excitable cells, that is, cells that respond to electrical signals, especially heart muscle cells.

4.2 En ergy

Energy is needed to sustain life in all its forms. The most powerful natural source of energy for the Earth is the Sun. The amount of energy that reaches the Earth is 1366 W/m², which includes light of all wavelengths i rradiated by the Sun.¹ This energy is used in every aspect of life to sustain it. For example, visible light is essential in photosynthesis in plants, activation of photosensitive c ells i n t he e ye, re gulation o f t he c ircadian c ycle b y t he hypothalamus, etc. Energy is also used for electrical signal conduction and neurotransmitter release in nerve cells: importing/ exporting and processing ions and molecules in cells. Energy is stored in cells (potential energy) in the form of bonds between the phosphate groups in the adenosine triphosphate (ATP) molecule. If one of these bonds is broken, energy is released and then used for different endergonic (energy gaining) reactions in the cell. But what is energy? So far there is no clear definition. Energy is most commonly defined as the ability of an object to do work. It can be either supplied or taken away from the system in order for the processes (changes) to o ccur. The energy transfer to o r from the system is called *work*.

The sum of the kinetic, potential, chemical, nuclear, and so on energies of particles in a system is called the *internal energy* (U)of a system. For simplicity, we will consider the internal energy to only consist of the potential energy of molecular bonds and the kinetic energy of the microscopic motion of atoms. It is also described as the energy that is required for the system to be created assuming constant temperature and volume.

The laws that govern energy transfer, or the conversion of energy from one form to another, are described by thermodynamics.

4.3 Laws of Thermodynamics

4.3.1 The First Law of Thermodynamics

The first law of thermodynamics states that the change in the internal energy of a system is the net result of the heat (Q) added to the system and the work (W) done by the system on the surroundings, as given by Equation 4.1:

$$\Delta U = \Delta Q - \Delta W. \tag{4.1}$$

The work done can be mechanical (W_M) ,

$$W_{\rm M} = P\Delta V + V\Delta P, \qquad 4.2$$

and/or electrical (W_e),

$$W_{\rm e} = -nF\Delta E, \, (\qquad 4.3)$$

where *n* is the number of transferred charges, *F* is the Faraday constant e qual to 9 6,485 C/mol, a nd ΔE is the m aximum

potential difference due to the motion of charges. In other words, this is a statement of *conservation of energy*.

4.3.1.1 En thalpy

The sum of the internal energy U and the work done by the reacting molecules to push the surroundings away, that is, to increase the volume of the system at constant pressure, is called *enthalpy* (*H*), expressed by

$$\Delta H = \Delta U + P \Delta V. \tag{4.4}$$

The change of enthalpy also gives the heat of reactions in chemistry. It is also calculated as the sum of the energies required to break old bonds minus the energies released from the formation of new bonds. The change in enthalpy is negative ($\Delta H < 0$) if the reaction is exothermic and positive ($\Delta H > 0$) if the reaction is endothermic. In the c ase of c onstant p ressure, the c hange i n enthalpy is simply equal to the heat added to the system (Q).

4.3.1.2 E ntropy

Entropy (*S*) is most commonly described as a measure of the order in a system. Ordered systems have low entropy because the probability that a s ystem is in a n ordered state is low. When he at is added to the system it causes particles to move faster, and if the temperature is h igh enough b onds will be broken and the new state will be less ordered than before. Consider, for example, melting ice. The amount by which entropy has increased is given by

$$\Delta S = \frac{\Delta Q}{T} \,. \tag{4.5}$$

4.3.2 The Second Law of Thermodynamics

The second law of thermodynamics states that if a system is isolated (no energy is added to it), its entropy will only increase with time. Consider a plant that has been cut and left without water in a closed container. The plant will eventually decay, that is, its entropy has increased. Life requires input of energy to sustain order. Such processes are called *endergonic*. The energy of the final state is higher than the energy of the initial state.

4.3.2.1 Gibbs Free Energy

Gibbs free energy (G) is the energy that determines whether a reaction will be spontaneous or not. It is defined as the change in enthalpy m inus the tem perature t imes the entropy, shown in Equation 4.6:

$$\Delta G = \Delta H - T\Delta S = \Delta U + P\Delta V - T\Delta S. \qquad (4.6)$$

The free energy for unfavorable (not spontaneous) reactions is positive (G > 0). Reactions will be spontaneous if the free energy is negative (G < 0). These reactions are classified as endergonic and exergonic, respectively.

During redox reactions, the Gibbs free energy is equal to the maximum electric work:

$$\Delta G^{\rm o} = -nF\Delta E^{\rm o}, \, (\qquad 4.7)$$

where t he sup erscript "o" indicates standard c onditions (25°C temperature and 1 atm pressure) and ΔE is the electric potential. It can be shown that at any temperature, Equation 4.8 represents the energy balance:

$$\Delta G = \Delta G^{\circ} + RT \ln Q_{\rm r}, \qquad 4.8)$$

where *R* is the gas constant (R = 8.314 J mol⁻¹ K⁻¹) and Q_r is the reaction quotient.

As a re sult of t he d ifference i n i onic c oncentrations i n t he intra- versus extracellular s pace i n biological cells, a p otential difference is generated that can be calculated by combining the previous two equations in the following way:

$$-nF\Delta E = -nF\Delta E^{\circ} + RT \ln Q_{\rm r}.$$
(4.9)

The result is called the Nernst equation, which is also referred to as the Nernst potential:

$$\Delta E = \Delta E^{\circ} - \frac{RT}{nF} \ln Q_{\rm r}. \tag{4.10}$$

Therefore, Equation 4.10 gives the potential difference generated in a galvanic cell as a function of the ion concentrations in both compartments. This is called the *resting potential* during equilibrium. In t his equation, Q_r re presents t he r atio of t he extracellular to intracellular concentrations. This equation only represents a simple case in which the membrane is only permeable to one type of ion (e.g., only K⁺ ion s).² A more re alistic expression for Q_r will be given later.

Cells are surrounded by membranes, which control the flow of ions in and out of the cell by the use of voltage gated ion channels and gap junctions.

4.4 Ion Channels and Gap Junctions

It has been found that there are passages, called *gap junctions*, connecting c ardiac c ells that a re i nsulated f rom e xtracellular space and are wide (with a diameter of about 16 Å).³ The se channels have a very low resistance and are considered to have fixed anions that will select incoming ions based on their electronegativity and size. The other type of structure that is responsible for the flow of charges in the cell is called *ion channels*. The channels are gates that can transmit certain ions or molecules when activated by changes in the potential difference across the membrane or activated by extracellular or intracellular transport molecules (also called ligands) that attach to it.

The memb rane p otential de pends d irectly on t he c oncentrations of t he ions on b oth sides. For example, let us a ssume t hat only K^+ , Na^+ , and Cl^- are allowed to flow through the membrane.

The expression f or t he memb rane re sting p otential c an b e derived from the Nernst equation (Equation 1.10).⁴ The resultant equation is also called the Goldman voltage equation, given by²

$$V_{\rm m} = \frac{RT}{F} \ln \frac{P_{\rm Na}[{\rm Na}^+]_{\rm out} + P_{\rm K}[{\rm K}^+]_{\rm out} + P_{\rm Cl}[{\rm Cl}^-]_{\rm in}}{P_{\rm Na}[{\rm Na}^+]_{\rm in} + P_{\rm K}[{\rm K}^+]_{\rm in} + P_{\rm Cl}[{\rm Cl}^-]_{\rm out}}.$$
 (4.11)

In this equation $P[Na^+]$ is the permeability constant for the Na⁺ ion. A typical value for the resting potential is -90 mV.^5 It is negative because cells are more negative relative to the surrounding medium. Cells that are excitable have the ability to rapidly reverse the potential, causing it to be slightly positive. The potential that is generated in this process is known as the *action potential*.

4.5 Ac tion Potential

The resting state of a membrane is the one in which the inside is more negative than the outside. As mentioned in the above section, a typical value is about -90 mV. Excitation from other parts of t he memb rane c an t rigger t he op ening of t he s odium io n channels, which will cause Na⁺ ions to flow into the cell. As a result the membrane potential will become more positive. This process is called *depolarization*. Once the potential reaches a certain threshold value (Figure 4.1), more sodium channels start opening very fast. This corresponds to the part of the potential curve on the picture where the rise of the potential is very steep. The total change in the potential is around 100 mV. When the potential reaches its maximum value, a number of Na⁺ channels will begin to dose and K⁺ channels will open. The potential starts falling back toward its original value—repolarization. It will fall slightly b elow t he re sting v alue (hyperpolarization) b ut i t w ill recover. This is, in short, a description of the action potential in a neu ron. It is very si milar to t he one in a he art muscle cell, except that the action potential of a v entricular myocyte lasts longer and has a "plateau" area in which the potential stabilizes for a short period of time. This is due to the balance between the Ca²⁺ current flowing into the cell and the K⁺ current flowing out (Figure 4.3).

4.6 Models of Ionic Current

After p erforming t heir f amous e xperiments on a g iant *nerve* fiber, A. L. Hodgkin and A. F. Huxley modeled their results comparing the cell membrane as a simple circuit in which there are three conductive elements (ion channels) connected in parallel (Figure 4.2).⁶ S odium, p otassium, and "leakage" c urrents flow through each one of these. The conductance of each channel varies with time, as observed during the experiments, but the potential difference (E_{Na} , E_{K} , and E_{L}) for each one stays the same. The ionic currents are expressed in terms of the sodium, potassium, and leakage conductances, as shown by Equation 4.12:

$$I_{Na} = g_{Na}(V - V_{Na}),$$

$$I_{K} = g_{K}(V - V_{K}),$$

$$I_{L} = g_{I}(V - V_{L}),$$
(4.12)

where V_{Na} , V_{K} , and V_{L} are the differences b etween the resting potential and the equilibrium potential for each ion. *V* is the difference b etween the me asured v alue of the p otential and the absolute value of the resting potential. As previously mentioned,



FIGURE 4.1 Action potential of a ventricular myocyte. Action potential on a 100 μ m × 100 μ m × cardiac tissue.



FIGURE 4.2 Action potential of an excitable cell.



FIGURE 4.3 Circuit mo del of a s quid a xon me mbrane. (Modified from Hodgkin, A. L. and A. F. Huxley, *Journal of Physiology* 117: 500–544, 1952.)

the conductances a refunctions of both time and voltage. The *conductance of the potassium* ions was modeled by Hodgkin and Huxley, as represented by Equations 4.13 and 4.14:

$$g_{\rm K} = \overline{g}_{\rm K} n^4, \tag{4.13}$$

$$\frac{\mathrm{d}n}{\mathrm{d}t} = \alpha_n (1-n) - \beta_n n, \qquad (4.14)$$

where $\bar{g}_{\rm K}$ is a constant that is equal to the maximum value of $g_{\rm K}$ and has units of conductance/cm² and *n* is a dimensionless variable that can only take values from 0 to 1. The latter has been described as the "portion of particles in a certain position (e.g., at the inside of the membrane) and 1 - n represents the portion that is somewhere else."⁶ This parameter has also been described in the literature as the activation parameter representing the ion channels. It re presents the p robability of t he c hannels b eing open if there are a large number of channels.² The coefficients α_n and β_n are the rates of ion transfer in both directions: from outside and from inside, respectively. They vary with voltage but not with time and have units of $[\text{time}]^{-1}$. The functions α_n and β_n were obtained by fitting the experimental data for *n*, as shown in Equations 4.15 and 4.16:

$$\alpha_n = 0.01 \frac{(V+10)}{\left[\exp((V+10)/10) - 1\right]},$$
(4.15)

$$\beta_n = 0.125 \exp\left(\frac{V}{10}\right). \tag{4.16}$$

The *sodium* (N a) *conductance* i s mo deled i n a si milar w ay, Equations 4.17 through 4.19:

$$g_{\rm Na} = m^3 h \overline{g}_{\rm Na}, \qquad (4.17)$$

$$\frac{\mathrm{d}m}{\mathrm{d}t} = \alpha_m (1-m) - \beta_m m, \qquad (4.18)$$

$$\frac{\mathrm{d}h}{\mathrm{d}t} = \alpha_h (1-h) - \beta_h h, \qquad (4.19)$$

where *m* represents the proportion of activating molecules inside the cell, *h* is the proportion of inactivating molecules on the outside, α_m and β_m are the transfer rates for the activating molecules inside the cell, and α_h and β_h are the same rates for the inactivating molecules. The equations that best fit the data are expressed by Equations 4.20 through 4.23⁶:

$$\alpha_m = 0.1 \frac{(V+25)}{\left[\exp((V+25)/10) - 1\right]},$$
(4.20)

$$\beta_m = 4 \exp\left(\frac{V}{18}\right),\tag{4.21}$$

$$\alpha_h = 0.07 \exp\left(\frac{V}{20}\right), \qquad (4.22)$$

$$\beta_{h} = \frac{1}{\left[\exp((V+30)/10) + 1\right]}.$$
(4.23)

Therefore, the total ionic current can be expressed as the sum of all the ionic currents shown by Equation 4.24:

$$I = I_{\rm K} + I_{\rm Na} + I_{\rm L},$$

$$I = C_{\rm M} \frac{\mathrm{d}V}{\mathrm{d}t} + \overline{g}_{\rm K} n^4 (V - V_{\rm K}) + \overline{g}_{\rm Na} m^3 h (V - V_{\rm Na})$$

$$+ \overline{g}_{\rm L} (V - V_{\rm L}). \qquad (4.24)$$

Other models of the action potential include the same type of differential e quations but i ntroduced d ifferent formulations of the io nic c urrent. The action p otential of he art t issue is more complex than that for nerve fibers. That requires the equations and parameters to be adjusted in order to reflect those differences. For example, G. Beeler and H. Reuter modeled the action potential for *mammalian ventricular cardiac* muscles by representing the potassium c urrent as composed of both time-independent o utward p otassium c urrent, I_{K1} , a nd a t ime- a nd voltage-dependent component, I_{Kx} . The first is a lso called the "outward rectification" current, and the latter is the inward rectification current.⁷ In other words,

$$I = I_{K1} + I_{Kx} + I_{Na} + I_{Ca} - I_{S}.$$
 (4.25)

Here I_s is the slow current flowing into the cell that is mainly carried by calcium ions.

Other, more re cent mo dels i nclude e ven more d etailed descriptions of the current. When describing action potentials and pacemaker activity, DiFrancesco and Noble suggested that in addition to t he currents mentioned above, the total current includes the hyperpolarizing-activated current $I_{\rm p}$, the transient outward current $I_{\rm to}$, the background sodium and calcium currents $I_{\rm b,Na}$ and $I_{\rm b,Ca}$, the N a–K e xchange p ump c urrent $I_{\rm p}$, the Na–Ca exchange current $I_{\rm NaCa}$, and the second inward current $I_{\rm si}$ given by Equation 4.26⁸:

$$I_{tot} = I_{f} + I_{K} + I_{K1} + I_{to} + I_{b,Na} + I_{b,Ca} + I_{p}$$
$$+ I_{NaCa} + I_{Na} + I_{Ca,f} + I_{Ca,s} + I_{pulse}.$$
(4.26)

As more experimental data on the ionic currents became available, t he m athematical mo dels b ecame mo re s ophisticated i n order to achieve higher accuracy in describing *human atrial* currents. Courtemanche et al.⁹ de scribed t he memb rane c urrents using the formulations of Luo and Rudy,¹⁰ but adjusting the values for the parameters to fit the action potential for human atrial cells. Their model describes well the variations in Ca²⁺, Na⁺, and K⁺ ion concentrations inside the cell by also including pumps and exchangers. The extracellular concentrations of ions are considered fixed. The total current according to their model is given by

$$I_{\text{tot}} = I_{\text{Na}} + I_{\text{K1}} + I_{\text{to}} + I_{\text{Kur}} + I_{\text{kr}} + I_{\text{ks}} + I_{\text{Ca,L}} + I_{\text{p,Ca}} + I_{\text{NaK}} + I_{\text{NaCa}} + I_{\text{b,Na}} + I_{\text{b,Ca}}.$$
(4.27)

In this equation $I_{\rm Kur}$ is the ultrarapid delayed rectifier K⁺ current, $I_{\rm kr}$ is the rapid delayed rectifier K⁺ current, and $I_{\rm Ks}$ is the slow delayed r ectifier K⁺ current. The model h andles the C a²⁺ ion exchange by representing three c alcium ion currents: $I_{\rm Ca,L}$ — L-type inward Ca²⁺ current, $I_{\rm p,Ca}$ —sarcoplasmic Ca²⁺ pump current, $I_{\rm b,Ca}$ —background C a²⁺ current, and $I_{\rm NaCa}$ —Na⁺/Ca²⁺ exchange c urrent. Some of the current de scriptions a regiven below.

As in the Luo–Rudy model the expression for the sodium current has an additional parameter, *j*, called the slow inactivation parameter, as shown in Equation 4.28:

$$I_{\rm Na} = g_{\rm Na} m^3 h j (V - V_{\rm Na}).$$
(4.28)

The maximum sodium conductance was temperature adjusted $(g_{\text{Na}} = 7.8 \text{ nS/pF})$ to reflect experimental d ata and a lso to produce the correct amplitude for the action potential. The expression for the I_{K1} current that best represents current and resistance measurements is given in Equation 4.29 (assuming no temperature dependence):

$$I_{\rm K1} = \frac{g_{\rm K1}(V - V_{\rm K})}{1 + \exp[0.07(V + 80)]}.$$
 (4.29)

Here, the value for g_{K1} was set to be 0.09 nS/pF. The transient outward and ultrarapid a re represented in a si milar way. The gates o_a and u_a are the activation gates for I_{to} and I_{Kur} , respectively, and o_i and u_i are their inactivation gates, expressed by Equation 4.30:

$$I_{to} = g_{to} \sigma_{a}^{3} \sigma_{i} (V - E_{K}),$$

$$I_{Kur} = g_{Kur} u_{a}^{3} u_{i} (V - E_{K}),$$

$$g_{Kur} = 0.005 + \frac{0.05}{1 + \exp[(V - 15)/-13]}.$$
(4.30)

The descriptions of the rest of the currents are given in great detail by the author.⁹ The flow of ions across the cell membrane is governed by the Nernst–Planck diffusion equation (Equation 4.31), in which the flux of ions $J_{\rm K}$ (current/area) is calculated as a function of the concentration of the species of interest $C_{\rm K}$ and the diffusion constant $D_{\rm K}^{-11}$:

$$\vec{J}_{\rm K} = -D_{\rm K} \bigg(\vec{\nabla} C_{\rm K} + \frac{C_{\rm K}}{\alpha_{\rm K}} \vec{\nabla} V \bigg), \tag{4.31}$$

where *V* is the potential due to the electric charge distribution and $\alpha_{\rm K} = RT/FZ_{\rm K}$ with $Z_{\rm K}$ the valence of the ionic species, *R* the gas constant, *F* the F araday constant, and *T* the absolute temperature. The diffusion equation can be solved numerically by implementing t he Crank–Nicholson s cheme expressed by E quation 4.32¹²:

$$\frac{1}{r_{a}}\left(\frac{\partial^{2}V}{\partial x^{2}} + \frac{\partial^{2}V}{\partial y^{2}} + \frac{\partial^{2}V}{\partial z^{2}}\right) = C_{m}\frac{\partial V}{\partial t} + I_{Na} + I_{Ca} + I_{K} + I_{stim}, \quad (4.32)$$

where r_a is the resistance of the intracellular medium, C_m is the capacitance of the cell membrane, I_{stim} is the stimulation current, and I_{Na} , I_{Ca} , and I_K are the sodium, calcium, and potassium currents, respectively. Let V_m^n represent the voltage of the *m*th spatial element on the grid at the *n*th iteration (point in time). The second partial derivatives can be rewritten as

$$\frac{\partial^2 V}{\partial x^2} = \frac{1}{2h_x^2} \left[\left(V_{m+1}^{n+1} - 2V_m^{n+1} + V_{m-1}^{n+1} \right) + \left(V_{m+1}^n - 2V_m^n + V_{m-1}^n \right) \right],$$
(4 .33)

where h_x is the spatial interval along the *x*-axis. Another approximation has been made for the current as follows:

$$I_m^{n+1} = I_m^n + \frac{\mathrm{d}I_m^n}{\mathrm{d}V} \Big(V^{n+1} - V^n \Big) + \cdots.$$
(4.34)

After rearranging some terms the diffusion can be factorized, which will help simplify the solution, as shown by E quation 4.35.

$$\frac{1}{\left(2+k\Delta t\right)^{2}}\left(2+k\Delta t-\Delta t\alpha_{x}\right)\left(2+k\Delta t-\Delta t\alpha_{y}\right)$$
$$\left(2+k\Delta t-\Delta t\alpha_{z}\right)=2\Delta t\left(\alpha(V)^{n}-\frac{I_{m}^{n}}{C_{m}}\right),\quad(4.35)$$

where

$$\alpha(V) = \frac{1}{r_{\rm a}} \left(\frac{\partial^2 V}{\partial x^2} + \frac{\partial^2 V}{\partial y^2} + \frac{\partial^2 V}{\partial z^2} \right), \tag{4.36}$$

$$\alpha_i^n = \frac{1}{h_i} \left(\frac{V_{i+1}^n - V_i^n}{h_i R_{i2}} - \frac{V_i^n - V_{i-1}^n}{h_i R_{i1}} \right), \tag{4.37}$$

$$k = \frac{1}{C_m} \frac{\mathrm{d}I_m^n}{\mathrm{d}V}.\tag{4.38}$$

In these relations i = x, y, or z and h_i is the spatial interval along the x-, y-, or z-axis.

A representative solution to E quations 4.35 through 4.38 for select parameters are presented in Figure 4.4.



FIGURE 4.4 Numerical solution to Equation 4.35 for a 100 μ m × 100 μ m × 100 μ m dimensional slab of c ardiac tissue. G ap junctions have been re presented a s r andomly d istributed re sistances i n t he t issue. Parameters used to ge nerate this re sult a re the following: membrane capacitance 6.28 nF/cm; cytoplasmic resistance 79.5 MΩ/cm; gap junction resistance 397.8 MΩ/cm; maximum sodium conductance 15 mS/ cm²; maximum calcium conductance 0.09 mS/cm²; stimulation current -150 μ A/cm^{2.11-14}

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5

Action Potential Transmission and Volume Conduction

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Robert Splinter

5.1 I ntroduction

The generation of the action potential is described in detail in Chapter 3. The depolarization p otential has specific values for specific cell types and is always positive: +30 to +60 mV. The rising potential difference initially causes an avalanche effect due to the influence of the increasing potential on the sodium influx, which is self-maintaining. This process continues until the limit has been reached, after which the cell will actively repolarize the membrane potential locally. Meanwhile this depolarization has initiated t he s ame de polarization p rocess i n t he neig hboring section of the cell, causing the depolarization front to m igrate along the cell membrane until its physical end. In principle, the polarization f ront w ill ob ey t he tele graph e quation si nce t he entire length of the membrane is supposed to follow the repetitive pattern outlined in Section 3.5.

Certain cells that have a different mechanism of propagation of the depolarization wave can be recognized. For instance, the action p otential p ropagates a long t he leng th of t he a xon a nd dendrites of a myelinated nerve cell differently compared to the unmyelinated nerve cell.

Neurons are cells that specialize in the transfer of information within the nervous system. Neurons are excitable structures that are capable of conducting impulses across long distances in the body. They communicate with other cells by secretion of chemicals (neurotransmitter) to induce an action potential in the neighboring cell structure (e.g., the brain). When depolarization passes down a ner ve fiber, there is exchange of ions across the membrane, resulting in changes in membrane potential at each point of the axon. The conduction process of an action potential can be compared to the movement of people in a stadium during a "wave." The motion of one person is induced by its direct neighbor; however, no physical longitudinal transportation of mass takes place. The process of "the wave" is illustrated in Figure 5.1. This is physically different from signal transmission in an electrical c ord, w here io ns a re pa ssed t hrough t he c ord a nd not exchanged with the environment outside it.

5.2 Components of the Neuron

The general structure of the nerve cell is o utlined in Figure 5.2. The de scription of t he ner ve is a s f ollows: c ell b ody (perikaryon = a ro und n ucleus); si ngle c ell w ith re ceiving a nd transmitting lines: dendrites and axons, respectively. The cell body creates the transmitter molecules (neurotransmitter) for communication with neighboring cells at the synapse at the distal end of the axon. The dendrites are specialized features that re ceive i nformation f rom ot her neu rons (conduct t he receptor sig nal to t he c ell b ody), a nd t he a xon i s t he c ell extremity that has voltage gated channels to facilitate the creation and propagation of an action potential. A xons can be unmyelinated or myelinated. Myelin insulates the nerve cell, creating a leap-frog transmission instead of a cascading depolarization (Figure 5.3). Myelinated nerves have a significantly increased speed of conduction of action potentials compared to unmyelinated axons.



FIGURE 5.1 "The wave" performed by employees of The Spectranetics Corporation and students from UCCS in Colorado Springs, CO. No mass is moving; however, energy is transported from right to left in this picture as neighbors move upwards based on the incentive of the person to the left of each individual (for the viewer: right) as the wave moves to the left on the page. This process is very similar to the migration of turning dipoles on the cell membrane. The figure illustrates a monophasic transfer of potential energy from left to right, which will be described later in this chapter.



FIGURE 5.2 Schematic description of the construction of a nerve cell.



FIGURE 5.3 Electron microscope image of a cross section of a myelinated ne rve c ell w ith S chwann c ells w rapped a round t he a xon. (Reprinted from CRC-Press: Biomedical Signal and Image Processing, Taylor and Francis Press, 2006. With permission.)

5.3 Operation of a Nerve Cell

Stimulation of the nerve membrane can open ion channels in the membrane. Then Na⁺ ions flowing in will depolarize the membrane (movement f rom -70 mV t o s ay -60 mV) a nd K⁺ ion s flowing out of the membrane will hyperpolarize the membrane

(-70 mV t o s ay -90 mV). The s pike at o ne p oint o n a n a xon causes the adjacent neural membrane to change its permeability so that just beside the area where the spike just took place sodium rushes in and potassium rushes out, resulting in a s pike there. This process repeats itself many times, resulting in the propagation of the action potential down the neuron. Since this moving spike is electrochemical rather than strictly electrical, it moves considerably more slowly than electricity in a wire. At body temperature, the depolarization and subsequent repolarization procedure lasts ~0.5 ms at one single point on the membrane.

5.3.1 Unmyelinated Nerve

The transmission of impulses in an unmyelinated membrane propagates as "the wave"; the lag time between the neighboring rise and fall (for the membrane: the transmembrane potential; in the audience: the standing and sitting response) is the refractory period. The refractory period is a function of the initiation of the chemical transfer, which is a vol tage gated Na/K pump activation. The chemical migration of the Na and K io ns is an active process and hence relatively slow. The propagation of the action potential is shown in Figure 5.4. The accompanying membrane potential gradient resulting from the action potential illustrated in Figure 4.1 is illustrated in Figure 5.5. The expression of the membrane potential at the surface of the body is described later on in this chapter.



FIGURE 5.4 Schematic description of depolarization propagation in an unmyelinated axon.