BASIC INTRODUCTION TO

BIOELECTROMAGNETICS



SECOND EDITION

CYNTHIA FURSE DOUGLAS A. CHRISTENSEN CARL H. DURNEY



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For Katie

For Laraine

For Marie

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Preface

While doing research in bioelectromagnetics (the interaction of electromagnetic fields with biological systems) for more than 30 years, we have sensed the need some life scientists have to understand the basic concepts and characteristic behaviors of electromagnetic (EM) fields so they can work effectively with physicists and electrical engineers in interdisciplinary research. Because most EM books are based heavily on vector calculus and partial differential equations, however, little written information about EM fields is available to satisfy this need. Many times over the years life scientists have asked us for references to EM books appropriate for them, but we could give none. These scientists wanted to understand how the fields worked and what controlled them, what factors were important in experimental setups and which were not. They had a great deal of curiosity in how fields were applied in their specific medical application. Yet they rarely, if ever, actually computed the fields themselves. These scientists needed a strong intuitive understanding of electromagnetic fields. We wrote the first edition of this book in an effort to fulfill that need, as well as to help others who want to learn about electromagnetics, but do not have the mathematical background to understand typical books on electromagnetics. The second edition of this book continues in that vein. The material is rearranged in many places to give the reader the details "just in time" to understand the applications. The second edition is also augmented by over forty medical applications of electromagnetics commonly found in clinical settings as well as a new and expanded Chapter 6 describing emerging methods and understanding about bioelectromagnetics. These applications are used to illustrate the basic principles in this book and how they are translated into real devices.

The purpose of this book is to explain the basic concepts, fundamental principles, and characteristic behaviors of electric and magnetic fields to those who do not have a background in vector calculus and partial differential equations. In particular, it is intended for life scientists collaborating with engineers or physicists in work involving the interaction of electromagnetic fields with biological systems. It should also be helpful to health physicists, industrial hygienists, and public health workers concerned with possible hazards or beneficial applications of electromagnetic field exposure, and those concerned with magnetic resonance imaging, implantable medical devices, electrophysiology, optical interactions with tissue, wireless communication devices, and more. Futhermore, this book may also be useful to traditional electrical engineers and physicists who are learning or have already learned the calculus-based mathematical calculations associated with traditional electromagnetics but who would like to have a stronger intuitive grasp of the subject.

In stark contrast to typical EM books that require a background in vector calculus and partial differential equations, this book requires only a background in algebra (some acquaintance with trigonometric functions would also be helpful), but it explains in detail the basic concepts, fundamental principles, and characteristic behaviors of EM fields using pictures, field maps, and graphs and numerous real-world applications. The explanations include a minimum of mathematical relationships, with the emphasis on qualitative behaviors and graphical descriptions. Nevertheless, in spite of the de-emphasis on advanced mathematics, the concepts of EM field theory are still treated in a comprehensive and accurate manner. The material covers the entire frequency spectrum from direct current (DC) up through optical frequencies. Practical explanations are given to help readers understand real situations involving EM fields. Over two hundred illustrations are included to augment qualitative explanations.

The first chapter gives an introduction to the fundamentals of EM field theory, and explains how characteristic behaviors can be effectively grouped in three categories defined by the wavelength of the EM fields compared to the size of the objects with which they interact: (1) when the wavelength is much larger than the size of the objects, (2) when it is about the same, and (3) when the wavelength is much smaller than the size of the objects. Chapters 2 to 4 respectively explain the characteristic behaviors in each of these three categories and how they are applied to applications in those frequency bands. Chapter 5 explains some of the principles of EM fields that are quantified in detailed and complex environments typical of bioectromagnetic applications. This calculation of the doses of the electromagnetic fields is called *dosimetry*. The book concludes with Chapter 6, which discusses the emerging and future applications of bioelectromagnetics.

We sincerely hope that this book will be useful (and enjoyable!) for its intended readers. We welcome comments and suggestions for improving it.

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Dr. Furse is a member of the IEEE where she was elected Fellow in 2008, Commission K of the Union of Radio Science International (URSI), Phi Kappa Phi, Eta Kappa Nu, Tau Beta Bi, the American Society of Engineering Education, the Society of Women Engineers, and the Applied Computational Electromagnetics Society. She is the past-chairman (1999–2007) of the IEEE Antennas and Propagation Society Education Committee and member of the IEEE AP Administrative Committee, editor-in-chief of the International Journal of Antennas and Propagation, and founding member of the editorial board of the Journal of Smart Structures and Systems. She has also served as a member of the editorial board of the IEEE Transactions on Antennas and Propagation, the Journal of the Applied Computational Electromagnetics Society, and the IEEE Applied Wireless Propagation Letters.

Carl H. Durney was born in Blackfoot, Idaho, on April 22, 1931. He received a BS degree in electrical engineering from Utah State University in 1958, and MS and PhD degrees in electrical engineering from the University of Utah in 1961 and 1964, respectively.

From 1958 to 1959 he was an associate research engineer with Boeing Airplane Company, Seattle, Washington, where he investigated the use of delay lines in control systems. He has been with the University of Utah since 1963, where he is presently professor emeritus of electrical engineering and professor emeritus of bioengineering. From 1965 to 1966, he worked in the area of microwave avalanche diode oscillators at Bell Telephone Laboratories, Holmdel, New Jersey, while on leave from the University of Utah. He was visiting professor at the Massachusetts Institute of Technology doing research in nuclear magnetic resonance (NMR) imaging and hyperthermia for cancer therapy during the 1983–84 academic year while on sabbatical leave from the University of Utah. At the University of Utah, until he retired in 1997, he taught and did research in electromagnetics, engineering pedagogy, electromagnetic biological effects, and medical applications of electromagnetics.

Dr. Durney is or has been a member of IEEE, the Bioelectromagnetics Society, Commissions B and K of the International Union of Radio Science (URSI), Sigma Tau, Phi Kappa Phi, Sigma Pi Sigma, Eta Kappa Nu, and the American Society for Engineering Education (ASEE). He served as vice president (1980-81) and president (1981-82) of the Bioelectromagnetics Society, as a member (1979-88) and chairman (1983-84) of the IEEE Committee on Man and Radiation (COMAR), as a member of the American National Standards Institute C95 Subcommittee IV on Radiation Levels and/or Tolerances with Respect to Personnel (1973-88), as a member of the editorial board of IEEE Transactions on Microwave Theory and Techniques (1977-97), and as a member of the editorial board of Magnetic Resonance Imaging (1983–95). He was a member of the National Council on Radiation Protection and Measurements from 1990 to 1996. He served as a member of the Peer Review Board on Cellular Telephones (Harvard Center for Risk Analysis) from 1994 to 1997. In 1980, Dr. Durney received the Distinguished Research Award, and in 1993 the Distinguished Teaching Award from the University of Utah. In 1982, he received the ASEE Western Electric Fund Award for excellence in teaching, and the Utah Section IEEE Technical Achievement Award. Utah State University named him College of Engineering Distinguished Alumnus in 1983. In 1990 the Utah Engineering Council named him Utah Engineering Educator of the Year. He was elected a fellow of the IEEE in 1992. In 1993 the Bioelectromagnetics Society awarded him the d'Arsonval Medal.

Douglas A. Christensen was born in Bakersfield, California, on December 14, 1939. He attended Brigham Young University in Provo, Utah, graduating with a BS degree in electrical engineering in 1962. He was valedictorian of the College of Engineering. He attended Stanford University in Palo Alto, California, graduating with an MS degree in electrical engineering in 1963. He then pursued a PhD degree in electrical engineering at the University of Utah, Salt Lake City, graduating in 1967. He was awarded a special postdoctoral fellowship from the National Institutes of Health for studying bioengineering, which he took at the University of Washington, Seattle, from 1972 to 1974. In addition, he has pursued research at the University of California at Santa Barbara and at Cornell University, Ithaca, New York.

Dr. Christensen was appointed an assistant professor of electrical engineering at the University of Utah in 1971. He also received an appointment as an assistant professor of bioengineering at the University of Utah in 1974. He was chairman of the Bioengineering Department from 1985 to 1988. He currently is a professor in both departments.

His industrial experience includes Bell Telephone Laboratories, Murray Hill, New Jersey; International Business Machines Corporation, San Jose, California; Hewlett-Packard Company, Palo Alto, California; and General Motors Research Laboratories, Santa Barbara, California. He has also been a consultant for several companies. His research interests range from electromagnetics to optics to ultrasound. He did early work on a fiberoptic temperature probe used for monitoring temperature during electromagnetic hyperthermia and has worked in numerical techniques for electromagnetic applications, mainly using the finite-difference time-domain method, including its use in optics. He authored a textbook titled *Ultrasonic Bioinstrumentation* and has been co-director of the Center of Excellence for Raman Technology at the University of Utah. He has received the Outstanding Teaching Award and the Outstanding Patent Award from the College of Engineering. His recent interests have been in biomedical optics, especially for sensing and imaging applications.

Electric and Magnetic Fields: Basic Concepts

1.1 Introduction

Bioelectromagnetics—the study of how electric and magnetic fields interact with the body—is a tremendously exciting field. Electromagnetic fields are all around us: radio and television signals, cellular telephones, fields from power lines and electrical appliances, radar, and more. They are even within our bodies in the endogenous fields that keep our hearts beating, brains thinking, and muscles moving. Electromagnetic fields can see inside of us to diagnose illness, sometimes before we feel it ourselves, in the form of medical imaging, electrocardiography, electroencephalography, and electrophysiological evaluations. They can heal us through therapeutic interventions for cancer, pain control, bone growth, soft tissue repair, electrophysiological stimulation, and more. And they can injure or kill us through lightning strikes, deep electrical burns, and shock.

Electromagnetic fields are already used in numerous medical devices, and the future (read more in Chapter 6) promises ever more detailed and localized diagnostic and treatment methods. Electromagnetic fields may soon help repair or replace damaged nerve pathways, help the blind to see, the deaf to hear, and the paralyzed to walk again. The promise of bioelectromagnetics seems limited only by our imaginations. However, the promise of bioelectromagnetics is very much limited by the physical nature of the fields themselves and how they can be made to interact with the body. The purpose of this book is to help you understand electromagnetic fields and how they interact with the body, how they are created, how they can be measured and evaluated, and how they can be controlled.

This book begins with the field of classical electromagnetics, which stems from the phenomenon that electric charges exert forces on each other. The concepts of electric and magnetic fields are used to describe the multitude of complex bioeffects that result from this basic phenomenon. Although classical electromagnetic (EM) field theory is typically couched in vector calculus and partial differential equations, many of the basic concepts and characteristic behaviors can be understood without a strong mathematical background. The purpose of this book is to describe and explain these basic concepts and characteristic behaviors with a minimum of mathematics, and to show how they are used in a wide variety of bioelectromagnetic applications. In this chapter we explain the basic concepts of electric and magnetic fields as a basis for what follows in the remainder of the book.

1.2 Electric Field Concepts

A fundamental law, Coulomb's law, states that electric charges exert forces on each other in a direction along the line between the charges. Charges with the same sign repel, and charges with opposite signs attract. The magnitude of the force exerted on one charge by



(a) Force **F** exerted on a charge Q_{test} placed at a point P in space. (b) Electric field **E** at the point P defined as $\mathbf{E} = \mathbf{F}/Q_{\text{test}}$.

another charge is inversely proportional to the square of the distance between the two charges. Because keeping track of the forces exerted on individual charges in a complex system of charges is almost impossible in practice, the concept of electric field is used to account for the forces.

The concept of electric field is illustrated by this thought experiment: Place a small test charge Q_{test} at a point in space P, as shown in Figure 1.1(a). Whatever other charges exist will exert a force on this test charge. Measure that force, denoted by F. By definition, the *electric field strength* at point P is given by

$$\mathbf{E} = \mathbf{F}/\mathbf{Q}_{\text{test}}(\mathbf{V}/\mathbf{m}) \tag{1.1}$$

as shown in Figure 1.1(b). (The direction of **E** is in the direction of the force exerted on a positive test charge. The force on a negative test charge, such as an electron, would be in the opposite direction.) Thus, **E** is a force per unit charge. **E** is also called *electric field intensity*, or often just electric field. The units of **E** are volts per meter (V/m).

Because **F** is a vector, **E** is also a vector. A vector is a quantity having both a direction and a magnitude. In this book, vectors are denoted by boldface symbols. The direction of a vector is represented by an arrow, as in Figure 1.1. The magnitude of a vector is represented by the same symbol as the vector, but without boldface. For example, let us define a vector **v** as a velocity having a direction from south to north and a magnitude of 30 meters per second (m/s). Then the magnitude of **v** is expressed as v = 30 m/s. In a similar fashion, E is the magnitude of the vector **E**.

As a consequence of the definition of electric field, a charge Q placed in an electric field E will experience a force given by F = QE. The larger the E, the larger the force F exerted on the charge Q. The fundamental effect of an electric field on an object placed in it is to exert forces on the charges in that object, as explained in Section 1.6.

Electric fields are represented graphically in two ways. Figure 1.2 illustrates the first method, using as an example the electric field produced by a single point charge Q. Remember that E fields are produced by charges. The E produced by a single point charge is perhaps the simplest example of an E field. In this first method of displaying E fields, the direction of E is shown by arrows, and the magnitude of E is indicated by the closeness of the arrows. In areas where the arrows are close together, the magnitude is higher than in areas where the arrows are farther apart. For example, near the charge, the arrows are close together, indicating a large E. Farther away from the charge, the arrows are farther apart, indicating a smaller E.



FIGURE 1.2 Plot of the electric field produced by a single point charge Q.



E field produced by two uniform sheets of charge, positive charge on the top and negative charge on the bottom. This configuration is a representation of a parallel-plate capacitor. The arrows represent the direction of the **E** field. The length of the arrow indicates the strength (magnitude) of the **E** field.

The second method of representing vector fields such as **E** is illustrated in Figure 1.3, which shows the **E** field produced by two uniform sheets of charge. In this method, the direction of the **E** field is also shown by arrows. The magnitude of **E** is indicated by the length of the arrows. The longer the arrow, the larger the E. This second method is often used when the **E** fields are calculated by numerical methods and plotted by computer graphical methods; this is the method we use most often in this book. The **E** field produced by the two uniform

sheets of charge is uniform near the center of the sheets. At the edges of the sheets, the **E** bends around, or *fringes*.

Because E fields exert forces on charges, work is required to move a charge from one point in space to another in the presence of an E field. The work done per unit charge is called *electric potential difference*. Electric potential difference is often referred to as potential difference, or just *voltage*, because its unit is the volt (V). When E is known as a function of space, the potential difference between any two points can be calculated. Let us consider



FIGURE 1.4

Configuration for calculating the potential difference of point *b* with respect to point *a* in the presence of **E**. The charge would move from *b* to *a*.

first the simplest case, when **E** is uniform in the space between two points, and a positive charge is moved from one point to another along a path in the opposite direction of **E**, such as moving a charge from point a to point b in Figure 1.4. For this case, the potential difference of point b with respect to point a is given by

$$V_{b} - V_{a} = V_{ba} = Ed (V)$$
 (1.2)

where d is the distance between the two points. Electrical potential difference refers to potential energy. If a charge were moved from point *a* to point *b*, it would possess potential energy because if it were released, the force produced on it by **E** would cause it to move, thus converting its potential energy to kinetic energy. When the **E** field is not uniform, or

when the path between a and b is not exactly in the opposite direction of **E**, Equation 1.2 does not apply, and a more complicated calculation is required. Familiar devices such as 12-volt automobile batteries and 1.5-volt dry cells are used to produce potential differences. Large electric generators produce the potential differences that we use for a multitude of purposes in our homes. Electrocardiograms measure potential differences on the surface of the body caused by the beating heart.

When **E** does not vary with time, or when it varies slowly with time (the frequency is low), the work done in moving charge between two points is independent of the path over which charge is moved between the two points. In this case, the **E** field is said to be *conservative*, and the potential difference is a unique quantity. When **E** varies rapidly with time (the frequency is high), the work done in moving charge between two points generally depends upon the path over which charge is moved between the two points, and a unique potential difference cannot be defined. In this case, **E** is not a conservative field. In special cases (see Section 3.5.1), **E** can vary rapidly with time and still be a conservative field.

Moving charges produce *electric current*, which is defined as the time rate of charge of charge. The unit of charge is the coulomb (C). Current at a given point in space is the amount of charge passing that point per second. The unit of current is the ampere (A). Thus, 1 A is equivalent to 1 C/s. *Current density* is defined as current per unit area. Its units are amperes per square meter (A/m²).

If a time-constant potential difference V is applied between two points and a total current I flows between the two points as a result of this applied voltage, then the current is given by I = V/R, where R is the *resistance* (units are ohms) between the two points. As its name implies, resistance opposes the flow of current. This relationship is called *Ohm's law*. It is one of the fundamental laws of electric circuit theory.

The electric field shown in Figure 1.3 could also be produced by replacing the two sheets of charge with metal plates and applying a potential difference between the two, by connecting, for example, a battery between the plates. The potential difference would produce current through the battery, transferring charge from one plate to the other, thus producing charged plates that would be equivalent to the configuration of Figure 1.3.

HOW ELECTRIC FIELDS ARE MEASURED

Electric fields are measured using metallic antennas. Electric fields (for example, the open lines that travel from positive to negative charges) are picked up by straight antennas, which are oriented parallel to the electric field lines. These straight antennas have a space in the middle that is left open to create a measurable voltage difference. An example is shown in Figure 1.5. This miniature electric field probe antenna was designed for assessment of compliance of electromagnetic devices with radio frequency (RF) exposure guidelines. Measurement of fields in or near the body is difficult, because a metal object (such as a measurement antenna) can perturb the fields. This small dipole antenna was specifically designed to receive the localized fields without perturbing them. This probe picks up electric fields along its axis, but fields oriented in any other direction are ignored. When all three components of the electric field vector are desired (either separately or in combination to find total electric field strength), three perpendicular linear antennas are used, as shown in the probe in Figure 1.6. Each antenna picks up the electric field parallel to its major axis. The three perpendicular electric field vectors can be measured independently or combined to give total electric field.



Miniature printed dipole antenna for measurement of electric fields to determine cell phone RF exposure compliance. (From Bassen, H., and Smith, G., *IEEE Trans. AP*, 31, 710–18, 1983. © 1983 IEEE. With permission.)



FIGURE 1.6

Electric field probe manufactured by SPEAG. The diameter of the tip is 3.9 mm. (From Schmid & Partner Engineering AG, Zurich. Reprinted with permission.)

1.3 Magnetic Field Concepts

In the previous section, electric field concepts were explained as a means of accounting for the forces between charges that act on a line between the charges. When charges are moving, they exert another kind of force on each other that is not along a line between the



The right-hand rule can be used to describe the direction of the current and magnetic field. This rule can be used in two ways. First, the thumb can point in the direction of the current (**I**), and the fingers represent the magnetic (**B**) field (as shown). Alternatively, the thumb can point in the direction of the magnetic field, and the fingers will represent the direction of the current that produced it. charges. Magnetic fields are used to account for this other kind of force. Moving charges produce an electric current (I), shown in the direction of the thumb in Figure 1.7. This current I produces a magnetic field B in the direction of the fingers in Figure 1.7. The rule that describes the direction of the current and its associated magnetic field is called the right-hand rule, because of the use of the right hand to describe it. This rule can be used in two ways. First, the thumb can point in the direction of the current, and the fingers represent the magnetic field (as shown). Alternatively, the thumb can point in the direction of the magnetic field, and the fingers will represent the direction of the current that produced it. The fact that the magnetic field encircles the current will be discussed in more detail in Section 1.5.

The magnetic field does not produce a force on a stationary charge (like the electric field does), but it does produce a force on any charge that is moving (in addition

to that produced by the electric field). The force on a moving charge Q_{test} moving at a velocity **v** at a point P in space is illustrated in Figure 1.8(a). The force on the moving charge has a magnitude of F = Bv Q_{test} , where **B** is the *magnetic flux density*. The direction of the force is perpendicular to both **v** and **B**, as shown in Figure 1.8(b). The unit* of **B** is the tesla (T). Magnetic flux density is sometimes referred to as just *magnetic field*.[†]

Figure 1.9 shows vector plots of the **B** produced by a line current (an infinitely long current) and by a loop current. The **B** produced by the line current is strongest near the current, as indicated by closer spacing of the arrows. In each case the **B** lines encircle the current, which is a characteristic described in more detail in Section 1.5.

HOW MAGNETIC FIELDS ARE MEASURED

Magnetic fields are picked up using loops of wire, and in turn measuring the induced voltage across the ends of the wire (as discussed in the next section). The loop may be single or may be a coil of multiple loops, with the loop oriented so that the magnetic field lines pass through the loop. A typical configuration on a commercial magnetic field probe is shown in Figure 1.10. As with the electric field, three separate perpendicular loops can be used to pick up the three components of the magnetic field, as shown in Figure 1.11.

^{*} A tesla is equivalent to an ampere-henry per square meter. The ampere is a unit of current. The henry is a unit of inductance.

⁺ The related quantity **H** (see Section 1.7) is also often called *magnetic field*. The context is used to keep the meaning clear.



(a) Force **F** exerted by a magnetic field on a test charge having velocity **v** at a point *P* in space. **F** is perpendicular to **v**. (b) Magnetic flux density **B** defined at point *P* to account for **F**. **B** is perpendicular to both **v** and **F**.



FIGURE 1.9

B fields produced by a line current and a loop current out of the page. The diagram shows just the edge of the loop current.



FIGURE 1.10

Loop antenna used for measuring magnetic fields. The antenna is made from two semirigid coaxial cables. (From Furse, *C.*, et al., *Modern Antennas*, Wiley-Liss, Inc., a subsidiary of John Wiley & Sons, Inc., © Wiley-Liss 2007. With permission.)



Magnetic field probes manufactured by SPEAG. Tip diameter is 6 mm. (From Schmid & Partner Engineering AG, Zurich. Reprinted with permission.)

1.4 Sources of Electric Fields (Maxwell's Equations)

Because **E** fields are defined to account for the forces exerted by charges on each other, the fundamental sources of **E** fields are electric charges. Specific information about how charges act as sources for **E** fields is given by Maxwell's equations, which are a fundamental set of equations that form the framework of all of classical electromagnetic field theory. Although we are minimizing the mathematical content of this book, we do state Maxwell's equations below because they are so fundamental and so famous in electromagnetics that we feel you should be introduced to them, even if you may not have a background in vector calculus and partial differential equations. We will just explain the qualitative meaning of these equations without giving the mathematical details.

Two of Maxwell's equations describe sources of **E**. One source is a time-varying **B** field, and the other is charge density ρ . Each source produces **E** fields with specific characteristics. For clarity, we describe these when each source is acting alone, but in general the **E** is produced by a combination of sources.

The first of Maxwell's equations that we discuss is Faraday's law:

$$\nabla \times \mathbf{E} = -\partial \mathbf{B} / \partial t \tag{1.3}$$

 $\nabla \times \mathbf{E}$ is a mathematical expression called the *curl* of **E**, which means that the **E** produced will encircle the **B** that produced it. $\partial \mathbf{B}/\partial t$ is the time rate of change* of **B** (how fast **B** changes). This equation tells us that a time-varying magnetic field **B** creates an electric

^{*} $\partial \mathbf{B}/\partial t$ is the time derivative of **B**. The symbol ∂ means change. So $\partial \mathbf{B}/\partial t$ means change in **B** ($\partial \mathbf{B}$) per change in t (∂t).





Calculated **E** fields at one instant of time for a two-dimensional model consisting of a 1 kHz **B** field (directed out of the paper) applied to a nonmetallic container of saline. The electric fields "curl" around the magnetic field.

field E. Generally speaking, the greater the time rate of change of B, the stronger E field it produces. This new E will also be time varying. There are many sources of time-varying magnetic field. Anything that uses typical commercial power (plugs into the wall) has 60 Hz fields.* This means that the fields vary sinusoidally (rise and fall) sixty times per second (see Section 1.9). Fields that vary sinusoidally with time are called alternating current (AC) fields. Sixty hertz is a relatively slow change in magnetic field, and therefore the electric field produced is quite small. Generally we approximate these fields as being constant with time. Fields that do not vary with time (such as those produced by a battery or permanent magnet) are called *direct current* (DC) fields. In the DC case, the magnetic field does not produce an electric field, and we say the fields are *decoupled*. Faster changes in magnetic fields are created in communication systems such as cellular telephones, which operate at 1,800 to 1,900 MHz.⁺ These sources are also sinusoidal, and the time derivative of the magnetic field is on the order of 10^9 higher than for the 60 Hz commercial power case. Thus, the time-varying magnetic field generates a significant electric field. Other applications utilize fields that are pulsed, such as many imaging applications. For example, some types of microwave tomography use pulses containing frequencies from 300 to 3,000 MHz, and a new type of microwave breast imaging called confocal imaging uses pulses with frequencies up to 5,000 MHz. These sources are not sinusoidal. They are bursts of energy called ultrawideband (UWB) pulses, and they rise and fall very quickly (microseconds to

^{*} Sixty hertz is the standard power frequency in the United States. Fifty hertz is used in Europe and Asia. $\pm 1 \text{ MHz} = 10^{6} \text{ Hz} = 1 \text{ million Hz}.$

_ Nonmetallic container of saline

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The same configuration as in Figure 1.12, but with an object of higher conductivity placed in the saline. The electric fields are smaller in the higher-conductivity object. The electric fields would also be smaller if the object had the same conductivity but higher permittivity than the saline.

nanoseconds). Thus, their time rate of change is very high, and a significant electric field is created from the time-varying magnetic field.

Figure 1.12 shows an example of the E fields in a nonmetallic container of saline produced by a changing **B** as calculated from a two-dimensional model.* The E field lines encircle (curl around) the changing **B**, which is directed out of the paper. Figure 1.13 shows the same configuration with an object added to the saline that has a higher conductivity (see Section 1.6) than the saline. Here again, the E field lines tend to encircle the changing **B**, but they are modified by the presence of the small object having higher conductivity. The higher conductivity of the small object causes the **E** fields inside the object to be weaker than those in the saline. The **E** field pattern in the small object can be thought of as consisting of two components: (1) the globally circulating **E** field of Figure 1.12 without the small object, and (2) an **E** field component circulating locally around the center of the small object. The resulting net pattern is a combination of the two, as shown in the magnified view of the object in Figure 1.14. On the left side and near the top of the object, the globally circulating **E** tends to cancel with the locally circulating **E**, while on the right side and near the bottom of the object, the two fields tend to add, producing a circulating pattern offset from the center of the object.

^{*} A two-dimensional model is constant or equal in the third dimension, in and out of the page.



A magnified view of the E fields in the small object of higher conductivity of Figure 1.13. On the left side and near the top of the object, the globally circulating E tends to cancel with the locally circulating E, while on the right side and near the bottom of the object, the two fields tend to add, producing a circulating pattern offset from the center of the object.



FIGURE 1.15

E field produced by positive charges on a wire and negative charges on a metal plate resulting from a potential difference applied between them.

A second of Maxwell's equations, Gauss' law, describes the E produced by charge density:

$$\nabla \bullet \mathbf{E} = \rho/\epsilon \tag{1.4}$$

The expression $\nabla \bullet \mathbf{E}$ is called the divergence of \mathbf{E} , which means an \mathbf{E} field is created that starts at the source, ρ , which is the electric charge density in Coulombs per cubic meter (C/m³). ε is a parameter called *permittivity*, or *dielectric constant* (see Section 1.6), that just changes the magnitude of the electric field but does not create it or change its direction. Equation 1.4 means that electric charge creates \mathbf{E} , and that the \mathbf{E} lines begin and end on charges.

Figure 1.15 shows an example of the E fields produced by charges. A potential difference applied between a long wire and a metal plate produces positive charges on the wire and negative charges on the plate. These charges produce the kind of E field lines shown.

1.5 Sources of Magnetic Fields (Maxwell's Equations)

Another two of Maxwell's equations describe sources of B. Ampere's law states that

$$\nabla \times \mathbf{B} = \mu (\mathbf{J} + \varepsilon \,\partial \mathbf{E} / \partial t) \tag{1.5}$$

where μ is a constant called *permeability* (Section 1.6) that affects the field magnitude but does not produce it or change its direction. As with Faraday's law, $\partial E/\partial t$ represents the rate of change of the electric field. Ampere's law shows that current density **J** (A/m²) and a time-varying electric field $\partial E/\partial t$ are both sources of **B**, and that the **B** field lines produced by these two sources encircle (curl around) **J** and $\partial E/\partial t$. The magnetic field produced by the electric field will always be time varying (AC). The magnetic field produced by **J** may be either AC or DC depending on **J**.

And finally, the last of Maxwell's equations, Gauss' law for magnetism, is

$$\nabla \bullet \mathbf{E} = 0 \tag{1.6}$$

This equation states that the divergence of \mathbf{B} is always zero, which means that there are no magnetic charges analogous to electric charges, and that \mathbf{B} field lines always occur in closed loops since they do not begin and end on charges, as do \mathbf{E} fields.

Figure 1.9 shows examples of how current density **J** produces **B** fields, and how the **B** field lines encircle the current. At low frequencies, the time-changing **E** field is usually a weak source compared to **J**, and so typical low-frequency systems do not involve significant **B** fields produced by $\partial E/\partial t$. We postpone discussion of examples showing how $\partial E/\partial t$ produces **B** until Chapter 3.

INDUCTIVE TELEMETRY FOR COMMUNICATION WITH MEDICAL IMPLANTS

Implantable medical devices such as cardiac pacemakers and defibrillators (as shown in Figure 1.16), neural recording and stimulation devices, and cochlear and retinal implants require methods to recharge their batteries and transmit data both to and from the device. Inductive coupling is the most common method of doing this today. Inductive coupling works by utilizing an alternating current I_1 in a loop of wire, as shown in Figure 1.17. The magnetic field **B** that is caused by this current (see the right-hand rule in Section 1.3) passes through a second (parallel) loop, where it generates a second current I_2 . If one of the loops is on the inside of the body and the other on the outside, the magnetic field will pass relatively unchanged through the body to the second loop. The current generated on the second loop can be used to recharge a battery or send data to an electrical device inside the body. Inductive coupling works best if the two loops are very close together and perfectly aligned parallel to each other. Otherwise, the magnetic field spreads out, and not all of it is picked up by the second loop. Using more loops (coils) will increase the amount of coupling (how much current I_2 is generated from current I_1).

Inductively coupled applications are usually limited to transcutaneous links rather than transmission through larger, more lossy regions of the (*continued on next page*) body. Typically, inductively coupled coils are wound around a ferrite core to improve the amount of magnetic field that can be transmitted from one coil through the skin to the other coil. Frequencies are often lower than 50 MHz to ensure that the presence of the human body (skin) does not significantly obstruct the coupling between the coils.

Most inductive telemetry links are used for subcutaneous applications due to power restrictions for implanted devices. Data rates are generally low, and size/weight and biocompatibility issues plague these devices. However, recent advances continue to reduce the power requirements and provide more biocompatible designs. For example, the Utah Electrode Array (Figure 1.18) has an array of one hundred tiny silicon electrodes that each pick up the nerve signal from a single neuron. A computer chip is integrated into the top of the electrode array in order to receive and process the signals from the electrodes. In order to receive external power and to upload and download data, a pickup coil is printed on a ceramic substrate and integrated with the implanted neural electrode array, as shown. The implanted coil is energized by an external inductive programmer/reader that powers the implanted circuitry while transferring telemetry data.



FIGURE 1.16

Example of an implanted pacemaker. (a) Double-chamber (double-lead) pacemaker. (b) Electrode electrically stimulating heart muscle. (c) Single-chamber (single-lead) pacemaker. (From the National Heart, Lung, and Blood Institute as a part of the National Institutes of Health and the U.S. Department of Health and Human Services.)



An alternating current I_1 in one loop will produce a magnetic field B that, upon passing through the second loop, will produce a current I_2 in that loop.



FIGURE 1.18

Utah Electrode Array packaged with a custom ASIC and printed receiver coil. (Top figure: From Florian Solzabacher. With permission. Bottom figures: From Guillory, K., and Normann, R. A., *J. Neurosci. Methods*, 91, 21–29, 1999. With permission.)

1.6 Electric and Magnetic Field Interactions with Materials

One of the more important aspects of bioelectromagnetics is how electromagnetic fields interact with materials, for example, how **E** and **B** fields affect the human body and how the body affects the fields. Because **E** and **B** were defined to account for forces among charges, the fundamental interaction of **E** and **B** with materials is that **E** and **B** exert forces on the charges in the materials. The interaction is even more complicated than that, though, because the charges in materials also act in turn as sources of **E** and **B**. The *applied* fields, as they are often called, are produced by source charges external to a given material in the absence of the material. The *internal* fields in the body are the combination of the applied fields and the fields produced by the charges inside material. The *scattered fields* are fields external to the object, produced by charges inside the object. Usually in an electrically neutral object, the algebraic sum of the positive and negative charges inside the object that the fields

they produce cancel on a macroscopic scale. The applied fields, however, exert forces on the internal charges, which cause them to separate so that the macroscopic fields they produce no longer cancel. These fields combine with the original applied fields to produce a new internal field, which further affects the internal charges. This process continues until an equilibrium is reached, resulting in some net internal field.

In most cases, accounting for the interaction with charges in a material on a microscopic scale is impossible in practice. The interaction is therefore described macroscopically in terms of three effects



Electric dipole resulting from charge separation

FIGURE 1.19

Illustration of how an E causes charge separation, which results in an electric dipole, the combination of a positive and a negative charge separated by a very small distance.

of fields on the charges in the material: induced dipole polarization, alignment of already existing electric dipoles, and movement of *free* charges. Figure 1.19 illustrates the concept of induced dipoles. Before the E is applied, the positive and negative charges are so close together that the macroscopic fields they produce cancel each other. When an E field is applied, the positive charge moves in one direction and the negative charge in the opposite direction, resulting in a slight separation of charge. The combination of a positive and a negative charge separated by a very small distance is called an *electric dipole*. These are *bound* charges, because they are held in place by molecular bonds and are not free to move to another molecule. The creation of electric dipoles by this separation of charge is called *induced polarization*.

In some materials, such as hydrogen-based biological materials, electric dipoles already exist, even in the absence of an applied E field. These permanent dipoles are randomly

oriented, so that the net fields they produce are zero. When an E field is applied, the permanent dipoles partially align with the applied E, as illustrated in Figure 1.20. The applied E exerts a force on the positive charge of the dipole in one direction and on the negative charge in the opposite direction, causing the dipole to rotate slightly, and thus partially align with the applied E. This partial alignment of the permanent dipoles reduces the randomization so that the net E field produced by the collection of dipoles is no longer zero.*



FIGURE 1.20



The third effect of applied **E** fields on material charges is illustrated in Figure 1.21. Some charges (electrons and ions) in materials are free in the sense that they are loosely bound, and can move between molecules in response to an applied **E** field. These charges move a short distance, collide with other particles, and then move in a different direction, resulting in some macroscopic average velocity in the direction of the applied **E** field. The movement of these free charges constitutes a current, which is called *conduction current*. Metals and high-water-content tissues have more

^{*} Because charges are effectively repositioned inside the material by either induced polarization or alignment of permanent dipoles, current appears to be produced; this type of apparent current in combination with the rate of change of electric field is called *displacement current* (see Section 2.4.2), and it plays a key role in capacitors and in the propagation of EM waves. Displacement current is enhanced by movement of bound charges, while conduction current is caused by movement of free charges.