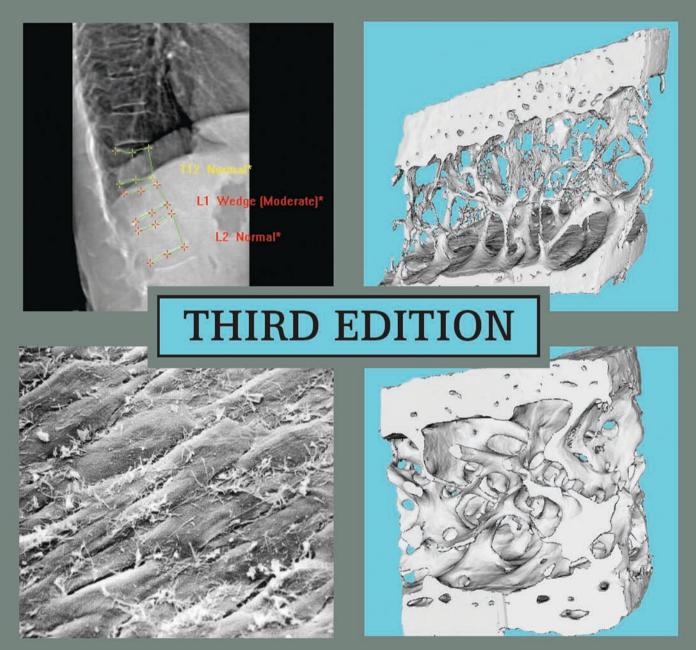
# An Atlas of OSTEOPOROSIS



# John C Stevenson Michael S Marsh



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## An Atlas of OSTEOPOROSIS Third Edition

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Tel: +44 (0)20 7017 5000 Fax: +44 (0)20 7017 6699 Website: www.informahealthcare.com

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A CIP record for this book is available from the British Library. Library of Congress Cataloging-in-Publication Data

Data available on application

ISBN-10: 0 415 40429 0 ISBN-13: 978 0 415 40429 7

Distributed in North and South America by Taylor & Francis 6000 Broken Sound Parkway, NW, (Suite 300) Boca Raton, FL 33487, USA

Within Continental USA Tel: 1 (800) 272 7737; Fax: 1 (800) 374 3401 Outside Continental USA Tel: (561) 994 0555; Fax: (561) 361 6018 Email: orders@crcpress.com

Distributed in the rest of the world by Thomson Publishing Services Cheriton House North Way Andover, Hampshire SP10 5BE, UK Tel: +44 (0)1264 332424 Email: tps.tandfsalesorder@thomson.com

Composition by Exeter Premedia Services Private Ltd., Chennai, India Printed and bound in India by Replika Press Pvt. Ltd.

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### Foreword

Over the last several years, many volumes have appeared on the subject of osteoporosis. Most of these are multi-authored books with a high degree of scientific accuracy, but the usual heterogeneity in writing style. In this, the third edition of An Atlas of Osteoporosis, Drs Stevenson and Marsh have produced an exciting volume that provides cogent, up-to-date evaluation of the pathophysiology, prevention and treatment of osteoporosis. The large number of figures and diagrams render this a novel volume. This unique approach to osteoporosis provides a valuable resource for physicians who practice in the field as well as for those who see patients with osteoporosis only occasionally. It will be particularly useful for young physicians as they enter their career. Written in a readable style throughout, the many illustrations enhance the text, fulfilling the old adage, 'a picture is worth a thousand words'. Of particular importance are the images surrounding the techniques of bone densitometry, which demonstrate not only the techniques, but the output from the techniques. This provides an introduction for the practicing physician to the technology which has become of increasing clinical importance. Osteoporosis is defined as a disease of low bone density which is recognised as a major risk factor for fracture. Thus, in order to make the diagnosis, the clinician must make use of bone densitometry. However, many physicians are still wary of a test that they did not learn about in medical school or during their early

training. This volume places that test in its clinical context, provides a review of a majority of the tests that are currently available and should enhance the comfort level of any practicing physician with this investigation. In situations in which the original print-outs are not provided to the practicing doctor from the densitometry unit, the illustrations here allow the clinician to provide simple explanation to the patient about the test, its meaning, its interpretation and its clinical utility.

The senior author, Dr John Stevenson, is a Reader in Medicine at Imperial College and is an international expert in the field of osteoporosis and metabolic medicine. In this volume, Dr Stevenson brings his outstanding gifts as a teacher and scientist and provides the high-quality, factual information required to make a success of this volume. He is ably supported by Dr Michael Marsh who is a Consultant Gynecologist with a thorough understanding of this disease and its importance for the Ob/Gyn community. In this third edition, they have enhanced figures, updated and revised text, and provide a detailed account of the advances that have occurred in osteoporosis in a format of particular use to clinicians. I can thoroughly recommend this book to those with both a passing and a detailed interest in this disease.

> Dr Robert Lindsay Helen Hayes Hospital West Haverstraw, New York USA



### Acknowledgements

The authors and publishers are grateful to the following for their kind permission to include some of the illustrations in this Atlas:

Mr Paul R Allen, Consultant Orthopaedic Surgeon, Princess Royal University Hospital, Orpington, Kent.

Ms Linda Banks, Superintendent Radiographer, Charing Cross Hospital, London.

Professor Alan Boyde, Professor Sheila Jones, and Mr J. A. P. Jayasinghe, formerly, Department of Anatomy and Developmental Biology, University College London.

Dr David Dempster and Professor Robert Lindsay, Regional Bone Center, Helen Hayes Hospital, West Haverstraw, New York. Drs Kroll and Winter, Siemens AG, Berlin.

Dr Belinda Lees, Clinical Trials and Evaluation Unit, Royal Brompton Hospital, London.

Dr Flemming Melsen, University Department of Pathology, Aarhus County Hospital, Aarhus.

Dr Leif Mosekilde, University Department of Endocrinology and Metabolism, Aarhus County Hospital, Aarhus.

Eli Lilly and Company, Indianapolis, Indiana.

GE Lunar Inc., Madison, Wisconsin.

Hologic Inc., Bedford, Massachusetts.

Siemens AG, Erlangen.