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## A Material Culture

Consumption and Materiality on the Coast of Precolonial East Africa



STEPHANIE WYNNE-JONES

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### Preface

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Plate 2. View of fourteenth-sixteenth-century ruins at Songo Mnara, Kilwa archipelago



Plate 3. The mosque at Chwaka, Pemba Island



Plate 4. ETT jars from Manda, Unguja Ukuu, Tumbe, Ungwana



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Plate 6. Spindle whorls from the Kilwa region



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Plate 11. Turquoise-glazed jar

#### A Material Culture: Introduction

Africa's eastern littoral borders the Indian Ocean, providing the setting for the settlements, people, and language known collectively as Swahili, which have been a key part of that ocean's trading networks for at least two millennia. Graeco-Roman sailors visited the now-forgotten metropolis of Rhapta, and their voyages were recorded in the narratives that later became the first-century Periplus of the Erythraean Sea (Casson 1989). Traces of that early contact survive in the form of beads and coins, yet are limited in number and diffuse in nature (Chami and Msemwa 1997a; Horton 1990). From the seventh century onwards, a series of more permanent settlements began to monopolize this trade; by the eleventh century some of these had grown into towns that were able to control and provide a focus for the mercantile opportunities of the Indian Ocean. The trading economy of Swahili towns was based on the wealth of the African continent—gold and ivory were particularly valuable exports—and underlain by a mixed economy and diverse population of fishers and farmers, traders and craft-workers (Horton and Middleton 2000; Kusimba 2008). By the 'golden age' of the thirteenth and fourteenth centuries, the Swahili were an African society of considerable cosmopolitanism and fame, with towns like Kilwa Kisiwani known throughout the medieval world (Sutton 1993, 1997).

Swahili archaeology is focused, conceptually and methodologically, on the series of stone towns that grew up along Africa's eastern coast from the end of the first millennium AD (Figure 1.1). These towns developed as key nodes in both local and international networks of interaction, and became the conduits through which the African continent traded and communicated with the wider Indian Ocean world. The material settings of the towns, and particularly