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# Longer-term Consequences of the Great Recession on the Lives of Europeans

*Edited by*

Agar Brugiavini  
and Guglielmo Weber

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A REPORT FOR THE FONDAZIONE RODOLFO DEBENEDETTI

## **Longer-term Consequences of the Great Recession on the Lives of Europeans**

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*With*

*Orazio P. Attanasio, Margherita Borella, Olympia Bover,  
Torben Heien Nielsen, and Elisabetta Trevisan*

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# Preface

This book is a substantially revised version of a report commissioned by Fondazione Rodolfo DeBenedetti (Milan) in 2010, and presented at its 13th European Conference in Palermo in September 2011, on the highly topical subject of “Incomes across the Great Recession”. The title of our report was “Longer-term Consequences of the Great Recession on Income Distribution”—but given that in our research we investigate the effects of financial hardship episodes not only on income, but also consumption, life-time resources, and health we felt it appropriate to change it. We now talk about the “Longer-term Consequences of the Great Recession on the Lives of Europeans”, but of course acknowledge that we do not cover all possible dimensions of life.

We would like to thank the Fondazione Rodolfo DeBenedetti for their support, especially its research director, Tito Boeri, whose encouragement and patience proved invaluable at all stages of the project. We are also extremely grateful to the wide community of researchers who are involved with us in devising, managing, and making available to researchers worldwide the Survey on Health, Ageing and Retirement in Europe (SHARE) that plays such a key role in this book. Interested readers are referred to the SHARE project web site ([www.share-project.org](http://www.share-project.org)), that contains a wealth of information, including the complete questionnaire of SHARELIFE, the innovative third wave of SHARE that collects life histories data and constitutes the backbone of the research presented here.

We also thank our conference discussants, Gianluca Violante and Till von Wachter, who provided us with insightful comments and suggestions based on a first draft of the report. In preparing this volume, we built upon many of their remarks, but also upon points raised by other Palermo conference participants as well as by the reviewers of this book. In particular, not only our discussants, but also Stephen Jenkins and Tito Boeri sent us detailed written comments that proved invaluable.

Agar Brugiavini  
Guglielmo Weber  
July 2013



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# Introduction

*Agar Brugiavini and Guglielmo Weber*

The world is experiencing a long period of low economic activity that started in 2008 and goes under the name of ‘the Great Recession’. In most developed countries one has to go back a long way to find a period of sustained low or negative growth—the 1970s are the most prominent example, when two oil shocks (one in 1973, the other in 1979) hit oil-greedy developed countries, generating mass unemployment and in many cases high inflation. Recessionary episodes have affected individual countries since, for instance the Nordic countries in the early 1990s (following the dissolution of the Soviet Union and the burst of various housing bubbles), but for another worldwide negative business cycle episode one has to go back all the way to the 1930s.

The question we address in this book is: what consequences is the Great Recession likely to have on the lives of individuals? This is an ambitious question to ask. To the extent that the current economic crisis is unique, an informed and intelligent answer cannot be given. But, as Reinhardt and Rogoff passionately argue in their influential (2009) book on financial crises, it is simply not true that ‘this time is different’. To the extent that this time is similar to other times of recession, we can learn from past experiences of individual and economy-wide financial hardship. We can identify which groups of the population are more at risk of being forever scarred by the recession, and which institutions or policies are most likely to be effective in reducing its adverse long-term effects.

This book mostly deals with the lives of Europeans. Europe is a very diverse continent: it includes countries—like Denmark and Sweden—where the welfare state is meant to insure all individual risks; but also countries like Italy and Spain, where the family plays a similar role, with some help from the state (via the public health-care and pension systems). It includes countries where the trade unions play a key role in the labour market (like Germany,

where they take a supervisory role in the management of firms; or Italy, where the government involves them in all major decisions), and countries where they are mostly confined to specific sectors (like Switzerland or Belgium). It includes countries where access to financial and debt market is widespread among consumers (Sweden, Denmark, the Netherlands, and Switzerland) and countries where such access is much more limited (Spain, Italy, Greece, but to some extent even France and Austria).

The huge diversity of institutional arrangements across European countries makes our study on the long-term effects of recession and financial hardship particularly interesting, but also difficult. Sometimes in this book we will be able to point to examples where institutions appear to make a difference; in other cases we will be led to conclude that different forms of insurance are equally effective or similarly ineffective; but in many cases we will not be able to come to firm conclusions. A great challenge for economists and social researchers alike is to further investigate the role that the wide variety of specific institutions and tightly-targeted policies played in previous downturns, and may play in the current recession.

In the first two chapters we use a new life-history survey to directly assess the long-term consequences of financial hardship, in conjunction or otherwise with periods of recession or high inflation. This survey—going under the name of SHARELIFE—was run in 2008–9 in thirteen European countries among residents aged fifty or more, and records information on some key aspects of their lives (childhood and detailed family circumstances, health, work, and housing histories). Crucially for us, it also asks a direct question on the most relevant period of financial hardship individuals ever experienced (if any).

In Chapter 1 we address the question of which individual or macro-shocks make people fall into financial hardship—and which instead make them exit a financial hardship episode if they ever entered it. This analysis highlights the all-important role of such shocks as divorce, birth of children and their nest-leaving, or the inception of poor health and bereavement, but also suggests the importance of job loss and retirement (particularly if brought about by poor health). Inflation and recession episodes also play a direct role, but this is much smaller for those who are not otherwise affected.

Chapter 2 analyses the long-term effects of financial hardship on a number of different indicators of welfare and well-being. This is the closest we get to providing a direct answer to the question posed in the title—that is, on the longer term consequences of the Great Recession on the lives and welfare of Europeans. Thanks to the richness of the data, we can look at a number of different outcomes of interest. We study individual earnings (at the time of the survey for the employed, at the time of the main job for the retired), as a measure of labour market success. We also investigate household food consumption,

known to be a good indicator of the standard of living, and another measure of long-term resources (that we call 'permanent income'). We further look at two distinct health measures: one is a catch-all indicator that is purely based on objective conditions (diagnosed illnesses, limitations in daily life activities, performance in a battery of physical tests); the other one is the answer the respondent provides to a general question on his/her health status, and captures not only objective health, but also the individual's perception of it. In all cases we are able to show not only the effects of a financial hardship episode, of its length and timing in life, but also the differential impact such an episode has if experienced at school-leaving age (a time particularly important for somebody's career) or during an economic downturn (recession or inflationary period, as it may be).

In Chapter 3, we follow a more standard, but technically demanding approach, and use individual (or to be precise: household) income and consumption data to establish whether income shocks are temporary or permanent, and to what extent they translate to changes in consumption. In a perfect world, all income shocks (permanent and temporary) are perfectly insured, and shocks only affect individual consumption if they hit the whole economy. But the evidence we provide in this part of the book confirms a fact that many of us have long suspected: we do not live in a perfect world! To be more precise, and to the point, in some countries temporary shocks are reasonably well insured, but in all countries we consider permanent shocks are (to a large extent) not. And this explains why we find it takes so long to recover from a financial hardship episode, and why its effects take so many years to wear out.

In the final chapter, Chapter 4, we provide a non-technical summary of the results presented in previous chapters, highlighting underlying common themes on the presence and persistence of financial hardship. We suggest a possible line of interpretation that stresses the distinction between permanent and transitory shocks (not only to income, but also to other determinants of individual well-being) and recognizes the key role played by different forms of social insurance, ranging from the all-encompassing welfare state in Nordic countries, to the family-based social networks in Mediterranean countries.

# 1

## Anatomy of Financial Hardship

*Olympia Bover, Agar Brugiavini, and Guglielmo Weber*

### 1. Introduction

Economists normally address the issue of the impact on consumers of recessions and other negative macro-shocks by analysing the way negative income shocks occur and their transmission across individuals. Negative income shocks can be due to loss of job, or to a reduction in work hours that is brought about by reduced economic activity, or to a decrease in the purchasing power of earnings or savings due to inflation. Negative shocks can also be associated with poor health, family dissolution (divorce, death of spouse), or the return to the parental nest of grown children (the so-called ‘boomerang kids’, according to Wiemers’ (2011) definition). These shocks translate into reduced consumption to the extent that societies and individuals are not able to insure them. In principle, micro-shocks can be insured, macro-shocks cannot (although their negative effect can be equalized across individuals). In Southern European countries, shocks are mostly absorbed by the family, and this may explain the high household savings typically observed in Italy, Spain, or Greece. In Northern European countries, the welfare state should fully take care of individuals hit by an adverse shock (‘from the cradle to the grave’, in the words of Lord William Beveridge). In some other countries (the US, but also the UK, Switzerland, and the Netherlands) an important role is played by the insurance and financial markets.

Before engaging in the intriguing, technically demanding analysis of how income shocks translate into consumption shocks and why (something we leave to Chapter 3), we are going to use direct evidence on financial hardship as reported by individuals who look back at their own lives (life-history data). Reports of financial hardship episodes can shed light on what makes individuals and their families more likely to suffer from financial hardship