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Lean Six Sigma Applications

in Public Health

Grace L. Duffy John W. Moran and William J. Riley

Quality Function Deployment and Lean-Six Sigma Applications in Public Health

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Grace L. Duffy John W. Moran William Riley

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Preface

Ron Bialek, President, Public Health Foundation

Public Health has recognized the value of continuous improvement. Quality improvement (QI) teams are engaged across the country in identifying root causes of the issues that prevent us from providing the best Public Health services to communities and individuals. We are seeing tremendous excitement throughout the country around the use of QI tools and techniques. Public Health agencies and systems are learning these techniques, exploring and experimenting with them, and developing new and even better approaches to Public Health QI. And yes, we are seeing results: improved processes, efficiencies, and community health status.

The release of *The Quality Improvement Handbook for Public Health* in 2009 signaled a coming together of the best minds in the industry around the current and future state of Public Health performance excellence. Health departments across the nation are using the basic quality tools to assess the needs of their communities, identify priority areas for improvement, and implement processes and measures to meet those needs in a reliable manner.

These foundation efforts are making a difference. Public Health professionals form cross-functional teams with other agencies and not-for-profit organizations to balance resources and share skills to meet the broader needs of the total community. Public Health support organizations such as the Public Health Foundation publish success stories and papers forming the basis of new research in QI methods for community health services.

There is still much more to be done. Comparing the health of the United States with the rest of the world and the health of most every community, we know that we can do better. The public and policy makers are demanding better health outcomes and more efficient use of scarce resources.

The tools of quality, when used effectively, will truly make a difference in the public's health. The basic tools of quality, anchored by the Plan-Do-Check/ Study-Act cycle, are helping Public Health departments improve processes at the local level. It is time to take a more advanced approach for cross functional and long-term improvements that will achieve the systems level results we desire and the public deserves.

Central to the mission of the Public Health Foundation is helping Public Health agencies and systems achieve measurable improvement and better results. This text, introducing quality function deployment (QFD) and Lean-Six Sigma (LSS), is a valuable next step for the integration of improved community health outcomes. We know from years of experience working with Public Health agencies and systems that there are common requirements for Public Health services across the nation. There also are unique needs of individual communities.

The matrixed approach of QFD acknowledges specific priorities of a unique audience. Traditional inputs to health and environmental needs, such as community assessments, regional trend analysis or projections of future growth, feed directly into the voice of the customer process that is the gateway for QFD.

LSS offers a broader range of techniques beyond the seven basic tools of QI now in frequent use among Public Health and community service organizations. The authors provide the next level of quality for both strategic leadership and operational QI teams ready to move beyond the entry level of performance and measurement techniques. This book is written by professionals who are actively using the advanced tools of quality and coaching leading-edge teams for maximum results.

The methods in this text are the next step for us to harness the energy, enthusiasm, hard work, and dedication of our Public Health workforce to make a lasting difference. By effectively expanding our use of QI tools and techniques, we can and will improve our nation's health and the health of the many communities we serve.

Acknowledgments

The application of process-based improvement in Public Health is an exciting new field. The authors are privileged to work with a number of Public Health professionals as we push the envelope for using the quality tools to support community needs. The following professionals and their related Health Departments have been critical in the application of quality function deployment and Lean-Six Sigma in Public Health situations. The authors are grateful for their involvement in this significant project.

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Finally, the authors are eternally grateful to our ASQ Quality Press editors, Matt Meinholz and Paul O'Mara, for believing in us when we approached them with the value of quality improvement in Public Health. The future of health is in prevention, not just clinical treatment of existing conditions. Healthy processes support healthy behaviors. May our readers benefit from the connection.

Introduction

The purpose of this book is to introduce the concepts embedded in quality function deployment (QFD) and Lean-Six Sigma to help Public Health professionals implement quality improvement within their agencies. The tools and techniques of QFD and Lean-Six Sigma are designed to augment a robust PDCA or PDSA problem-solving process, not replace it.

The tools and techniques of QFD and Lean-Six Sigma can help problemsolving teams by providing insight into customer needs and wants, design and development of customer-centric processes, and mapping value streams. Both QFD and Lean-Six Sigma focus on doing the most with the resources we have. Each of these megatools supports efforts to expand our community support programs and to increase the effectiveness of internal capacities. This dual external/ internal focus offers an excellent partnership of quality improvement tools for Public Health.

The tools and techniques of QFD and Lean-Six Sigma can help a problem-solving team make breakthrough improvements by building in customer requirements early in the problem-solving process as well as setting the stage for future improvements. You will find that the QFD process ensures that the voice of the customer (VOC) drives all activities associated with designing or redesigning a product or service for internal or external customers. Lean-Six Sigma uses the same VOC inputs to align every activity within the Public Health department (PHD) directly with stated needs of the community and its stakeholders. These two methodologies will help improve quality, costs, and timeliness of products and services, which in for-profit businesses translates into increased profitability. In Public Health, having lower costs can mean more can be done with existing budget dollars.

The objectives of QFD and Lean-Six Sigma are as follows:

- Provide higher-quality products and services to customers.
- Achieve customer-driven design of these products and services by converting user needs into design parameters

- Provide documentation and tracking system for future design endeavors
- Develop delivery processes that are efficient and effective
- Involve suppliers early in the process
- Require data-driven decision making and incorporate a comprehensive set of quality tools under a powerful framework for effective problemsolving
- Provide tools for analyzing process flow and delay times at each activity in a process

The early results of the use of QFD in the United States included a reduction in the cycle time for design work, a defining of quality early in the design stage, a decrease in quality problems during manufacturing, a way to objectively benchmark against the competition on improvements, reduced warranty claims, and an improvement in cross-functional team work.

In this book we will modify the QFD process and Lean-Six Sigma methodology so they are aligned with the needs and differences in Public Health design and delivery of products and services. When we make modifications we will point this out so readers will understand the change from what might be seen in an industrial or healthcare application of the same concepts.

The Continuum of Quality Improvement in Public Health

INTRODUCTION

As the Public Health community expands its use of quality improvement (QI), there is often confusion about how all the tools, techniques, methodologies, models, and approaches fit together. Available techniques include basic and advanced tools of quality improvement as well as several QI models including quality function deployment, Lean-Six Sigma, daily management, mobilizing for action through planning and partnerships (MAPP), turning point, Baldrige, and state quality award models. At times, these models are introduced as competing techniques and processes. The models are not tied together into a system by which they complement one another. This chapter provides an overview showing how various QI techniques and improvement models are related to one another and can be used in compatible ways. The Public Health community would benefit from an overall approach that completely integrates QI into its management practices. Continuous improvement is one component of an integrated system of performance management by which an organization meets and exceeds the needs and expectations of its multiple customer, client, and stakeholder communities.

Some of the ways in which performance management can positively influence a Public Health agency are:

- Better return on dollars invested in health
- Greater accountability for funding and increases in the public's trust
- Reduced duplication of efforts
- Better understanding of Public Health accomplishments and priorities among employees, partners, and the public
- Increased sense of cooperation and teamwork

- Increased emphasis on quality, rather than quantity
- Improved problem solving⁵

More on performance management as an approach to improved community support is provided in Chapter 7.

The Accreditation Coalition Quality Improvement Subgroup⁶ reached a consensus on March 26, 2009, that defined quality improvement in Public Health and that was approved by the Accreditation Coalition in June 2009:

Quality improvement in public health is the use of a deliberate and defined improvement process, such as plan-do-check-act, which is focused on activities that are responsive to community needs and improving population health.

It refers to a continuous and ongoing effort to achieve measurable improvements in the efficiency, effectiveness, performance, accountability, outcomes, and other indicators of quality in services or processes which achieve equity and improve the health of the community

As shown in Figure 1.1, QI in Public Health is a never-ending process that pervades the organization when fully implemented. Top organizational leaders address the quality of the system at a Macro level (Big "QI"). In the middle, professional staff attacks problems in programs or service areas by improving particular processes (Little "qi"). At the individual level, staff seeks ways of improving their own behaviors and environments (Individual "qi").

When starting their quality journey, Public Health organizations tend to embrace Little "qi," which means striving for quality in a limited or specific improvement project or area. This is accomplished by using an integrated set of QI methods and techniques that create a value map, identify the key quality characteristics, analyze process performance, reengineer the process if needed, and lock in improve-

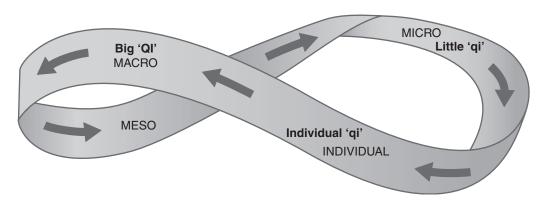


Figure 1.1 Continuous quality improvement system in public health.

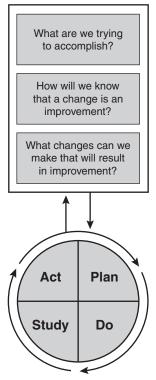
ments. Little "qi" can be viewed as a tactical or systems approach to implementing quality and beginning to generate a culture of QI within the organization.⁷

PROCESS IMPROVEMENT IN A PUBLIC HEALTH DEPARTMENT

The model for improvement⁸ is one of several approaches that can be used in Public Health departments. As shown in Figure 1.2, the model for improvement consists of several components, including: setting an aim statement, developing measures, implementing tests of change, and using the plan-do-study-act (PDSA) cycle.

LITTLE "qi"

Thingstad-Boe, Riley, and Parsons⁹ recently reported an example of using the model for improvement to demonstrate the application of Little "qi" in a Women,



- 1. Define the problem
- 2. Set an aim
- 3. Establish measures of progress
- 4. Develop an action plan
- 5. Test interventions
- 6. Monitor progress and evaluate results
- 7. Implement changes

Source: IHI, 1998.

Figure 1.2 MPHCQI model for improvement.

Infants, and Children (WIC) program of a county Public Health department in Minnesota. The WIC program is an important nutrition program created in 1966 by the federal government to address concerns about the impact of inadequate nutrition during critical periods of fetal infant and child growth and development. The QI project was conducted in the state's third largest county, which has an annual WIC caseload of more than 70,000 clients.

The study was carried out using the model for improvement. Table 1.1 shows how the four components were used: setting the aim in specific terms, establishing measures to indicate whether a change actually would lead to program improvements, developing general ideas for change that could stimulate specific changes leading to improvements, and applying a plan-do-study-act cycle to test and implement changes. After approval from top leadership, a QI team was established, and it collected initial data regarding the clinic's baseline process performance and client satisfaction. The team then created a value stream map to illustrate the current process and used a control chart to analyze current process performance levels. Upon determining that the process was stable but not capable of meeting client's expectations, the team applied statistical process control analysis to re-engineer the process. Follow-up data demonstrated that the reengineered process led to improved performance, so the team locked in the new process based on these data.

The absence of special cause (a specific factor that causes variation in process performance) in lobby wait time in the process analysis phase of the study led the improvement team to focus on process reengineering rather than process improvement (*process improvement* is removing the special cause, while *process reengineering* involves a complete overhaul of a process). The intervention consisted of creating revised floor travel patterns, redeploying personnel, and conducting staff training to achieve client goals. The results of the Little "qi" project are shown in the X-bar chart in Figure 1.3 (the moving range chart is not shown). The control chart shows the initial process performance for 10 consecutive clinic days at the beginning of the study and 14 consecutive days after the process was

Table 1.1	Dakota County Public Health Department WIC program process improvement
	project overview.

Aim statement	Improve client satisfaction in county health department WIC Program in six months
Measures of change	Decrease lobby wait time by 20%; increase client satisfaction scale by 25%
Change concept	Reengineer the WIC service process
PDSA cycle	Analyze process, create value stream map, eliminate non-value- added steps, pilot new process, document process shift, and lock in change