Neanderthals and Modern Humans An Ecological and Evolutionary Perspective

Clive Finlayson



CAMBRIDGE www.cambridge.org/9780521820875

This page intentionally left blank

Neanderthals and Modern Humans

Neanderthals and Modern Humans develops the theme of the close relationship between climate change, ecological change and biogeographical patterns in humans during the Pleistocene. In particular, it challenges the view that Modern Human 'superiority' caused the extinction of the Neanderthals between 40 000 and 30 000 years ago. Clive Finlayson shows that to understand human evolution, the spread of humankind across the world and the extinction of archaic populations we must start off from a theoretical evolutionary ecology base and incorporate the important wider biogeographic patterns, including the role of tropical and temperate refugia. His proposal is that Neanderthals became extinct because their world changed faster than they could cope with, and that their relationship with the arriving Modern Humans, where they met, was subtle.

CLIVE FINLAYSON is Director, Museums and Heritage in the Government of Gibraltar, based at the Gibraltar Museum. He is also Professor in the Department of Anthropology at the University of Toronto. His research interests include Quaternary human–environmental patterns, the biogeography of hominids, and changing environments and faunal patterns in the Quaternary of southern Europe. Cambridge Studies in Biological and Evolutionary Anthropology

Series Editors

HUMAN ECOLOGY C. G. Nicholas Mascie-Taylor, University of Cambridge Michael A. Little, State University of New York, Binghamton GENETICS Kenneth M. Weiss, Pennsylvania State University HUMAN EVOLUTION Robert A. Foley, University of Cambridge Nina G. Jablonski, California Academy of Science PRIMATOLOGY Karen B. Strier, University of Wisconsin, Madison

Selected titles also in the series

- 21 Bioarchaeology Clark S. Larsen 0 521 49641 (hardback), 0 521 65834 9 (paperback)
- 22 Comparative Primate Socioecology P. C. Lee (ed.) 0 521 59336 0 (hardback) 0 521 00424 1 (paperback)
- 23 Patterns of Human Growth, second edition Barry Bogin 0 521 56438 7 (paperback)
- 24 Migration and Colonisation in Human Microevolution Alan Fix 0 521 59206 2
- 25 Human Growth in the Past Robert D. Hoppa & Charles M. FitzGerald (eds) 0 521 63153 X
- 26 Human Paleobiology Robert B. Eckhardt 0 521 45160 4
- 27 Mountain Gorillas Martha M. Robbins, Pascale Sicotte & Kelly J. Stewart (eds) 0 521 76004 7
- 28 Evolution and Genetics of Latin American Populations Francisco M. Salzano & Maria C. Bortolini 0 521 65275 8
- 29 Primates Face to Face Agustín Fuentes & Linda D. Wolfe (eds) 0 521 79109 X
- 30 *Human Biology of Pastoral Populations* William Leonard & Michael Crawford (eds) 0 521 78016 0
- 31 Paleodemography Robert D. Hoppa & James W. Vanpel (eds) 0 521 80063 31
- 32 Primate Dentition Davis Swindler 0 521 65289 8
- 33 The Primate Fossil Record Walter C. Hartwig (ed.) 0 521 66315 6
- 34 Gorilla Biology Andrea B. Taylor & Michele L. Goldsmith (eds) 0 521 79281 9
- 35 Human Biologists in the Archives D. Ann Hening & Alan C. Swedlund (eds) 0 521 80104 4
- 36 Human Senescence Douglas Crews 0 521 57173 1
- 37 Patterns of Growth and Development in the Genus Homo Jennifer L. Thompson, Gail E. Krovitz & Andrew J. Nelson (eds) 0 521 57173 1

Neanderthals and Modern Humans

An Ecological and Evolutionary Perspective

CLIVE FINLAYSON

The Gibraltar Museum and The University of Toronto



CAMBRIDGE UNIVERSITY PRESS Cambridge, New York, Melbourne, Madrid, Cape Town, Singapore, São Paulo

Cambridge University Press The Edinburgh Building, Cambridge CB2 2RU, UK

Published in the United States of America by Cambridge University Press, New York

www.cambridge.org Information on this title: www.cambridge.org/9780521820875

© Clive Finlayson 2004

This publication is in copyright. Subject to statutory exception and to the provision of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published in print format 2004

ISBN-13 978-0-511-18911-1 eBook (Adobe Reader) ISBN-10 0-511-18911-7 eBook (Adobe Reader) ISBN-13 978-0-521-82087-5 hardback ISBN-10 0-521-82087-1 hardback

Cambridge University Press has no responsibility for the persistence or accuracy of URLS for external or third-party internet websites referred to in this publication, and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

To Geraldine and Stewart

Contents

	Preface	page ix
	Acknowledgements	Х
I	Human evolution in the Pleistocene	1
2	Biogeographical patterns	9
3	Human range expansions, contractions and extinctions	39
4	The Modern Human–Neanderthal problem	71
5	Comparative behaviour and ecology of Neanderthals and	
	Modern Humans	94
6	The conditions in Africa and Eurasia during the last glacial cycle	135
7	The Modern Human colonisation and the Neanderthal extinction	148
8	The survival of the weakest	195
	References	209
	Index	249

Preface

In 1848 a strange skull was discovered in Forbes' Quarry, Gibraltar, close to where I live. A second skull found eight years later in the Neander Valley, near Dusseldorf in Germany, gave a new hominid its name – the Neanderthal. This name, and its relation to an individual that lived close to the edge of its range, led to over a century of perception of the Neanderthals as a brutish people of northern Europe who survived, through thick and thin, the cold of the 'ice ages' until they were supplanted by the newly arrived and intelligent Modern Humans.

The image is still one that many regard as close to reality. Yet, paradoxically, the Neanderthals were intelligent people of mild climates. They evolved across the northern shores of the Mediterranean Sea and eastwards towards the Black and Caspian Seas. They ventured north only during mild climatic episodes and the unstable, cold and arid climate of late Pleistocene Europe eventually gave them the blow that sent them on the road to extinction. The Modern Humans hovered in the periphery and took advantage of the situations left vacant by the Neanderthals. This book is an attempt to redress the balance of over a century of misunderstanding.

Acknowledgements

I am grateful to the publishers, and in particular Tracey Sanderson, for the opportunity to publish this book and for their support throughout. The ideas put forward in this book were conceived after many discussions with friends and colleagues over a number of years. I am particularly indebted to my wife, Geraldine Finlayson, for her insightful discussions, ideas and support throughout. The ecological approach followed in this book stems from many years working in bird ecology. The ecological discussions have been particularly intense and fruitful with my friend and colleague Darren Fa.

I first ventured into the field of human evolution in 1990 when I became involved in the Gibraltar Caves Project. Two of its co-directors, Chris Stringer and Andy Currant of the Natural History Museum in London, have had a lot to do with my involvement and participation in this exciting field. I have been especially welcomed into the archaeological side of this subject, and have learnt vast amounts in the field, from the friendship and knowledge of Paco Giles of the Museo de El Puerto Santa María. I have spent many good times discussing and learning about the Palaeolithic from him and his team, especially Antonio Santiago Pérez, José María Gutierrez López and Esperanza Mata Almonte. I am also deeply indebted to my good friend and colleague Joaquin Rodriguez-Vidal for the brilliant way in which he has made me understand the geomorphology of the karstic landscapes that the Neanderthals lived in.

During the last five years in particular I have benefited from discussions with many colleagues, particularly during the two Calpe conferences organised in Gibraltar in 1998 and 2001: Emiliano Aguirre, Juan Luis Arsuaga, Javier Baena Preysler, Nick Barton, Ofer Bar-Yosef, Jacques Blondel, Eudald Carbonell, Miguel Cortés, Francesco d'Errico, Yolanda Fernández Jalvo, Rob Foley, Clive Gamble, Paul Goldberg, Marta Lahr, Richard MacPhail, Paul Mellars, Marina Mosquera, Paul Pettitt, Marcia Ponce de León, Robert Sala, Larry Sawchuk, Olga Soffer, Gerardo Vega Toscano, Erik Trinkaus, Manuel Vaquero, Joao Zilhao, Christoph Zollikofer.

1 *Human evolution in the Pleistocene*

The origins of humanity may be traced to the tropical African Pliocene, around 6 million years ago (Myr). Genetic evidence has for some time predicted the existence of a common ancestor to chimpanzees and humans around 5–6 Myr (Takahata & Satta, 1997; Gagneux & Varki, 2001). Recent discoveries of African fossils that are claimed to be close to this common ancestor have been dated to between 6 and 7 Myr (Brunet *et al.*, 2002).

From this point until the emergence of *Homo erectus* 1.9 Myr ago and its rapid subsequent range expansion (Aguirre & Carbonell, 2001), hominids were confined to sub-Saharan Africa. The estimated number of species that lived during this long period in the Pliocene varies among authors. If we follow a conservative approach (Klein, 1999) we observe a pattern of increasing hominid species richness from about 4.6 Myr with a peak between 1.9 and 1.6 Myr and a sharp decline thereafter (Fig. 1.1). The decline after 2 Myr ago is correlated with increasing climate instability.

The peak in diversity coincides with the first appearance in the fossil record of H. erectus. Recently this early African member of the genus Homo has been separated from contemporary Asian forms. The name H. erectus has been retained for the Asian forms and the name H. ergaster for the African (Klein, 1999). Recent evidence suggests, however, that the two significantly overlap in morphology and that they should form part of a geographically diverse species H. erectus (Asfaw et al., 2002). I follow this latter classification here. Subsequent forms have been given specific status by different authorities although there is considerable uncertainty regarding the precise boundaries of each. The classification of fossils is fraught with difficulties as we shall see in Chapter 4. In this book I consider H. erectus-H. sapiens to be a single chronospecies (Cain, 1971) that has repeatedly produced divergent lineages through geographical isolation during the last 1.9 Myr. Some of the described forms are clearly temporal entities within the H. erectus-H. sapiens continuum. I include H. heidelbergensis and H. helmei in this category. Others are divergent lineages that have subsequently become extinct. The Neanderthals are the clearest example of such a divergent lineage and their relationship with mainstream H. sapiens will occupy much of this book. Until equivalent fossils are found in Africa it is probably best to regard the form H. antecessor from the Spanish site of Atapuerca (Carbonell et al., 1995), and possibly also those of Ceprano in Italy (Manzi *et al.*, 2001) in this latter category, i.e. a divergent lineage that became extinct.

The question of interbreeding between mainstream *H. sapiens* and divergent lineages when geographical or ecological barriers broke down will be addressed, with specific reference to Neanderthals and contemporary mainstream *H. sapiens*, in Chapter 7. The degree of genetic isolation of the constituent populations would be dependent on a range of factors at any point. These would include distance effects and physical, climatic and ecological barriers. Populations would become isolated at some points and a process of genetic divergence would ensue. Most often such a process would end with renewed contact among populations. At other scales, metapopulations in different regions would become isolated from each other. Gene flow would continue within but not between regions. At even larger spatial scales entire regions would occasionally



Figure 1.1. (a) Number of hominid species during the last 5 Myr using a conservative number of species. A cubic model best fits the observed pattern: $y = 0.2328 - 2.5022x - 0.9973x^2 - 0.1059x^3$; $R^2 = 0.293$; P = 0.002. (b) Decline in hominid species in the last 2 Myr. A cubic model best fits the pattern: $y = 0.8187 - 2.5122x - 5.6201x^2 - 3.1246x^3$; $R^2 = 0.923$; P < 0.0001. (c) Relationship between number of hominid species and climate variability (coefficient of variation of temperature) in the last 2 Myr. The pattern is best described by a quadratic model: $y = 10.9797 - 1.9269x + 0.914x^2$; $R^2 = 0.366$; P = 0.033.



Figure 1.1. (cont.)

become isolated from others. I have introduced scale here and it is an issue that is central to understanding ecology (Levin, 1992) and will appear frequently in this book. In this case we can see how small-scale population isolation events would be expected to be frequent relative to regional events involving many populations.

Populations most distant from each other would be expected to be genetically most distinct but linked to each other by intermediate forms. Where isolation of extreme populations was long, populations at the extremes of the range may have diverged to the extent that they subsequently behaved as good species. In the case of Pleistocene Homo, geographical comparisons have to be made among contemporary forms. As we are studying phenomena through time, it is also important that geographical patterns from different time periods are not merged. It is common, for example, to find generalised distribution maps of Neanderthal geographical range in the literature (e.g. Stringer & Gamble, 1993). These should only be regarded as maps of the extremes of the range reached according to currently available evidence. In reality the Neanderthal range, as that of other forms of Homo and indeed all other animals, shifted, expanded and contracted through time and it is these range changes that are likely to be most informative about Neanderthal behaviour, as we shall see in Chapter 3 (Fig. 1.2). If we follow this approach, bearing in mind the limitations of the available data, we observe a changing pattern of global distribution of Homo in the Pleistocene.

There are two apparently contrasting models that, as we shall see in this book, are in effect extremes of a continuum. Much of the debate that has raged in the last two decades in this respect has been due to differences in the understanding of the evolutionary process and confusion with taxonomic techniques, particularly cladistics. I will start with a brief statement of the two contrasting models.

On the one hand, we have the multiregional model that has been championed by Wolpoff and his school (Wolpoff, 1989). According to this model *H. erectus– H. sapiens* is a single species (hence *H. sapiens*). The variations that are observed among fossils simply reflect natural variation as the species has evolved through time. As populations became isolated, so geographical variations arose between them just as they do in most widely distributed organisms. According to this model and its variants, genetic barriers between the populations were never severe enough to cause speciation. Thus present-day human populations reflect a combination of regional variation that dates back to the earliest colonisations and relatively continuous gene flow among the populations. The intensity and frequency of gene flow would be greatest among neighbouring populations and lowest among those geographically most distant.

Human evolution in the Pleistocene



Figure 1.2. Maximum limits (grey area) of the Neanderthal geographical range in Europe and western and central Asia. Bioclimate boundaries as in Figure 5.3.

On the other hand, we have the 'Out-of-Africa 2' model that has been associated most strongly with Stringer (Stringer & Andrews, 1988). According to this model all natural variation that existed among populations of *Homo* was removed very rapidly after 100 000 years (kyr) ago by the geographical expansion of 'Modern Humans' that evolved somewhere in eastern or north-eastern Africa. As these 'Modern Humans' spread out of Africa they replaced all existing populations of *Homo* across Africa and Eurasia. These 'Archaic' African and Eurasian populations had evolved regionally after an earlier 'Out-of-Africa 1' expansion of *H. ergaster* around 1.9–1.8 Myr ago. The model, in its current form, does not negate the possibility of interbreeding among 'Modern' and 'Archaic' forms on contact but it does assume that no 'Archaic' genes persisted into present-day populations.

These ideas may seem very different and irreconcilable but in reality this is not the case. To a large extent the two views reflect a different understanding of the evolutionary process. The multiregional model follows the neo-Darwinian school that sees evolution proceeding through small, cumulative, changes within a species. The macro-evolutionary changes observed in the fossil record are simply the accumulation of many micro-evolutionary changes. Thus *H. ergaster/ erectus* gradually evolves into *H. sapiens*. Any division of the lineage into species is of necessity arbitrary. This interpretation is correct. New species arise when populations of a species are isolated from each other sufficiently so that when they secondarily meet they do not hybridise to an extent that the two populations eventually become one (Cain, 1971). Thus the multiregional model, whether correct or not, is consistent with neo-Darwinian evolutionary theory.

In the 1970s and subsequently, Gould & Eldredge (1977) proposed a different evolutionary process. Coming from a palaeontological background these authors had difficulty in understanding how the major steps (such as apparently sudden adaptive radiations) observed in the fossil record could arise through the accumulation of many micro-evolutionary changes. They saw the evolutionary process as a series of major steps punctuated by long periods of stasis during which species shifted their adaptive positions within defined parameters but without significant speciation taking place. No clear mechanism has been satisfactorily defended for such a process. At about the same time a new taxonomic methodology was being developed. Cladistics was seen as a quantitative and objective method of classifying species that significantly improved on existing phylogenetic procedures. By measuring a suite of variables (usually metric), taxonomists were able to separate those that were common to a lineage from those that were specific to a lineage. Whenever such specific differences were observed in a form it was given specific status. Thus, if we understand evolution as being driven by speciation events we move to a situation in which, as new species arise (or are defined cladistically which is not the same thing!), the ancestral ones de facto cease to exist. We can now begin to understand why the replacement school (that relies heavily on cladistics) has difficulty in accepting a H. ergaster/erectus – H. sapiens continuum. Instead, it sees every new fossil that is discovered and has features specific to its lineage as a new species.

In reality the evolutionary process proceeds in two ways: through the gradual accumulation of small changes within a species and through the formation of new species, in vertebrates at least in geographical isolation, through a process known as allopatric speciation. Recent studies seem to be providing evidence for speciation within a common geographical area through the combination of ecological and behavioural differences within a population (sympatric and parapatric speciation) (Maynard Smith, 1966; Rice & Hostert, 1993; Gavrilets *et al.*, 1998; Dieckmann & Doebeli, 1999; Kondrashov & Kondrashov, 1999; Tregenza & Butlin, 1999; Danley *et al.*, 2000; Filchak *et al.*, 2000; Johannesson, 2001; Porter & Johnson, 2002).

There are inconsistencies in the 'Out-of-Africa 2' model that are attributable to not giving importance to gradual micro-evolutionary processes. Thus, if 'modern humans' emerged in Africa they must have done so, according to this view, via a speciation event. An alternative, that is more parsimonious and equally valid, is that 'modern humans' evolved differences gradually over the last 2 Myr from the ancestor of the hominids that spread to other parts of Africa and into Eurasia. To accept this position would imply acceptance of regional continuity in that part of Africa at least. It is these humans that I term mainstream *H. sapiens*, the 'Moderns', in this book.

The next difficulty arises in the definition of species that, as we have seen already, is fraught with difficulties because we are unable to apply the biological species concept to fossils. It is presumably one reason why palaeoanthropologists and archaeologists are so hotly debating the Lagar Velho fossil from Portugal that is purported to be a Neanderthal-Modern hybrid (Duarte et al., 1999; Zilhao & Trinkaus, 2002). There is no doubt that the Neanderthals at least were a separate lineage in human evolution. Using cladistics that makes them a separate species. This need not be the case. The Neanderthals may have embarked on a separate evolutionary course from mainstream H. sapiens but the degree and time of isolation when the two lineages re-met in the Middle East and later in Europe would have determined whether or not they were a good species. It is largely a question of detail that has little bearing on the study of the two populations other than on the question of interbreeding which will be very hard to resolve in any case. For these reasons I will develop the arguments in this book along the lines of populations as this will be a more productive approach. I will utilise nomenclature only in so far as it aids the reader. Nothing more should be made of the use of particular names.

The multiregional model, on the other hand, does not appear to attach importance to the geographical replacement of one population by another. Yet, there are many examples in the literature of the spread of populations and species, which is a part of the dynamics of the natural world. It seems unlikely that, in the history of the genus *Homo*, there should only have been a single successful 'Out-of-Africa' expansion. Implicit in the multiregional model is the failure of any subsequent population expansion other than through genetic assimilation. In the case of the Moderns and the Neanderthals in Europe, it would seem that current evidence clearly indicates the replacement of the Neanderthals by the Moderns. It is a different expectation, and to my mind an unrealistic one, to assume that such replacement need have been worldwide. In any case, as we shall see later, the colonisation of Europe by Moderns need not have been strictly a replacement, if by that we mean an active displacement of Neanderthals by the new arrivals. The thrust of this book will, I hope, shed a new light on the processes and the mechanisms that have marked the course of human evolution. The basis of the argument has been marked out by Finlayson *et al.* (2000a) who have adopted a biogeographical approach that sets off from an evolutionary ecology stance. According to this view the growth of Modern Human populations and the decline and extinction of the Neanderthals were independent, climate-linked, events. Modern superiority, leading to the disappearance of the Neanderthals through competition, was considered implausible. The initial colonisation of the world by Moderns was related to a coincidence of climatic and historical events that favoured a population that was adapted to the exploitation of plains mammalian herbivores. The geography of the northern hemisphere and climateinduced vegetation changes coincided to make the colonisation successful.

One of the criticisms of the contrasting models set out above (especially the 'Out-of-Africa 2') is that a mechanism has not been put forward to explain the model. Equally, testable predictions have not been generated. In this book I will develop an ecological and evolutionary perspective that attempts to understand human evolution through that of its constituent populations. Climate is seen as a central element that has been critical in human evolution, not necessarily directly as some have postulated (Ruff, 1994; Holliday, 1997a, b) but rather through its effects on the distribution and abundance of plants and animals. I highlight, in particular, the increasing climatic instability during the Pleistocene as a critical factor that has been largely ignored (but see Potts, 1996a, b; 1998), although in my view a new mechanism of 'variability selection' is not required, as I will explain later. Running in parallel with the climatic and ecological vicissitudes of the Pleistocene, humans have evolved mechanisms to deal better with these uncertainties. These mechanisms have, in the end, permitted the colonisation of the entire planet.

2 Biogeographical patterns

The distribution and abundance of plants and animals during the Quaternary is of great interest in the understanding of the pattern for any particular species. In our case it is fundamental to understanding the way in which humans were distributed at different times during the Quaternary.

It is important to start our discussion at the macro-ecological scale. The broad biogeographic picture will give us important insights at the scale which is most relevant to our study. We will zoom into lower spatio-temporal scales in later chapters where it is relevant to the discussion. I will not spend time discussing well-established biogeographic patterns that I do not regard to be especially relevant to this book. I am more concerned with the distribution and shifts in distribution of environments that would have influenced human distribution and I will confine my discussion largely to the Eurasian and African land masses which is where the main events took place.

Vegetation structure

In this book I will place particular emphasis on vegetation structure, that is the three-dimensional arrangement of plants in space. The reason for this is that I consider that vegetation structure will have played a major role in the distribution of humans, as it does for most animals (Bell *et al.*, 1991). Vegetation structure would have been particularly important in determining the types of potential prey available to humans and also in making prey visible and accessible. Part of the reason why forests were among the last habitats to be colonised by humans (Gamble, 1993) must have had to do with prey visibility and accessibility as well as density.

We may describe vegetation structure according to the distribution of plants on the ground layer (forbs and grasses), the shrub layer and the tree layer (Kent & Coker, 1992). Even though the species composition will vary significantly between regions of the world, vegetation structure shows similarities. For the purpose of this book I will cluster habitats by vegetation structure into the following blocks.

Forests

There is a predominance of trees at high density with a dense canopy. Variants include tropical and equatorial rainforests, where the canopy is very high, and temperate broad-leaved forests.

Shrublands

There is a predominance of shrubs with the virtual absence of trees. Today, characteristic examples are the Mediterranean shrublands, known by specific names in different parts of the world (e.g. matorral, chaparral; Cody, 1974).

Open habitats

These are characterised by the absence (or presence in low density as in wooded savannah) of trees and shrubs and a predominance of grasses, forbs, mosses or lichens, or by the total absence of vegetation in patches. Savannahs, steppe and tundra cluster under this definition.

Deserts

Deserts occupy large areas of the planet and are characterised by the virtual absence of vegetation on account of low and irregular rainfall (Cox & Moore, 1985). There are sandy, rocky and ice deserts. Deserts are therefore a separate category of habitat that cannot be described adequately by vegetation structure other than as extreme open habitats. For the purpose of this book I will consider deserts to be a separate category. In human terms deserts have played a major role as barriers to dispersal. Human adaptations to deserts are extreme developments of adaptations to open habitats.

Rocky habitats

These are areas with a minimal vegetation development and a preponderance of a rocky substrate that, like deserts, may be considered extreme cases of open habitats. Unlike deserts they are usually localised at the landscape and regional scales. Two types of rocky habitats have been particularly important to humans. Where the inclination of the land is vertical, or nearly so, rocky habitats are described as cliffs. Cliffs have attracted humans as areas for shelter or where specialised fauna (e.g. ibexes *Capra* spp.) are concentrated. Within rocky areas, especially in karstic environments, are cavities. These have been traditionally used by humans as shelters.

Wetlands

Lakes, marshes, alluvial plains, rivers and estuaries and deltas are special habitats. They are usually localised on a regional scale. Their main characteristic is the presence of standing water (usually fresh or brackish). Margins will often be vegetated with grasses, reeds and shrubs. Wetlands, depending on climate, may be seasonal. They attract concentrations of animals at specific times of the year and are additionally sources of animals not found in other habitats, especially fish. Wetlands have been extremely important to humans throughout the Quaternary (Nicholas, 1998).

The sea

Human exploitation of the open ocean is a recent phenomenon (Gamble, 1993; Fernández-Armesto, 2000). The products of the sea have, however, been exploited by humans in coastal areas since, at least, the last interglacial (Balter, 2001). Like deserts, the sea has often played a major role as a barrier to human dispersal even though this has not always been the case, the colonisation of Australia before 50 kyr ago being a case in point (Thorne *et al.*, 1999; Bowler *et al.*, 2003).

Mosaics: transitional and edge habitats and heterogeneous landscapes

The habitat categories that I have so far described will be those that I will be using throughout this book. They are habitats from the human perspective. Where these habitats meet there may be sharp discontinuities between one and the other. These edge areas or ecotones are areas of high diversity (Kerr & Packer, 1997). These could occur, for example, where wetland and forest come into contact or where plains or cliffs come into contact with the sea in coastal areas or indeed where forest and open habitats are close to each other.

After a perturbation an area may experience a succession of habitats over a period of time (Bazzaz, 1996). The classic example is the regeneration of woodland after a fire. Depending on the point in time at which we look at an area we may observe it in transition. This is not unusual and it is my contention that such transitional situations were the rule at particularly critical stages in the Quaternary. The abrupt climatic changes that have been recorded at the scale of decades and centuries with the consequent rapid alterations to the vegetation (Chapter 6) meant that large areas of the world would have had transitional habitats for long periods. Given that the climatic peaks occupied a small proportion of the Quaternary (Lambeck *et al.*, 2002a, b) and that, even these peaks were often highly variable, we have to accept that large areas of the planet that were occupied by humans during the Quaternary would have been dynamic in habitat features at the scale of human generations.

Finally, where spatial discontinuities exist in critical variables at the landscape or regional scales we find habitat mosaics rather than uniform blankets of single habitat (Forman, 1995). Such mosaics are especially common today as humans continue to modify the environment but they would have always existed. Such mosaics would, like edge and transitional habitats, have offered opportunities for humans to exploit the natural diversity within.

Altitude

I do not consider mountains as a specific habitat category in this book. The habitats described so far may be found at high altitude and their extent would have varied in most cases in response to climate changes in a similar manner to latitude (MacArthur, 1984). The highest mountains, however, acted as physical barriers to human dispersal, especially in the coldest moments when they were virtually impenetrable. In Eurasia, the Himalayas continue to be a barrier even today. The belt of mountains stretching from the Iberian Peninsula and the Maghreb in the west to the Himalayas in the east was critical in human evolution (Finlayson *et al.*, 2000a). Large changes in altitude over short distances produced landscape mosaics with high local biodiversity as happens today (Cody, 1986). This was, in my opinion, critical to the evolution of the Neanderthals. In contrast, the generally low-lying and topographically homogeneous Eurasian Plain, stretching from Britain to the Bering Strait, was only fully colonised by humans very late in the Pleistocene (Chapter 7).

Habitat changes in the Quaternary

The climatic oscillations of the Quaternary, through changes in temperature and rainfall, produced many large-scale changes in the geographical distribution and the extent of a number of the habitats described above. These changes are summarised below.

Forests

Tropical and equatorial rainforests contracted their range significantly during arid events that were associated with increasing cold (Lezine *et al*, 1995; Colinvaux *et al.*, 1996; Dam *et al.*, 2001) and expanded their range during wet periods that were associated with warm events. Temperate broad-leaved forests expanded from their European strongholds eastwards during warm and wet events and contracted westwards during cold and arid ones (Chapter 6; Zagwijn, 1992). These forests expanded the northern edge of the range in warm events reaching as far north as Scandinavia. The northern edge of the range of these forests contracted in cold and arid events (Chapter 6; Zagwijn, 1992). The expansion on the southern edge of the range was limited by the Mediterranean Sea. Boreal coniferous forests shifted their range north and south in response to warming and cooling (van Andel & Tzedakis, 1996). In the Mediterranean, montane coniferous forests shifted their range up and down mountains in a similar manner whereas the thermophillous Mediterranean pines reached their maximum extent in interglacials (Finlayson, 1999).

Shrublands

Shrublands would have fluctuated in area as transitional habitats, such as forests, gave way to open habitats and vice versa. In the Mediterranean Basin, Mediterranean shrubs persisted throughout the Quaternary. Their range would have contracted at the expense of forest in warm and wet periods and at the expense of steppe in cold and arid ones (Carrión *et al.*, 2000). Shrublands would therefore have occupied large expanses of the Mediterranean Basin at different times in the Quaternary. Although their extent has increased as a result of human action through deforestation the Mediterranean shrublands would appear to have a long evolutionary history (Blondel & Aronson, 1999). To the north and south of the Mediterranean the more extreme boreal and tropical conditions are likely to have led to more rapid and abrupt changes from forest to open habitats and back. The intermediate position of the Mediterranean lands would have made them best suited for the development of shrubland communities and habitats.

Open habitats and deserts

In Africa, savannahs and grasslands expanded at the expense of rainforest during cold and arid periods and at the expense of desert during warm and wet periods (Chapter 6; Dupont *et al.*, 2000) and vice versa. The maximum extent of the



Figure 2.1. Distribution of main habitat and topographic blocks referred to in this book. MLB: mid-latitude belt.

Sahara would have been reached during most arid moments (Swezey, 2001) when it would have been a barrier to human dispersal (Marks, 1992; Lahr & Foley, 1994). In the wettest events, on the other hand, the Sahara was virtually taken over by grasslands and savannah. During such times its effect as a barrier to dispersal would have been insignificant. The development of grasslands in South-east Asia would have followed a similar pattern except that their extent would never have been as great as in Africa (Dam *et al.*, 2001).

In Eurasia the expansion of steppe westwards occurred during arid events (van Andel & Tzedakis, 1996). Its western limits receded significantly during warm and wet events and the expansion of forest. At their maximum extent, steppes covered much of the central tablelands (mesetas) of the Iberian Peninsula. Tundra expanded south and west during glacials. The ice deserts expanded southwards, reaching their maximum extent during the coldest and wettest glacials. In the Mediterranean, mountain glaciers responded in a similar manner.

Contrasting equatorial, tropical and sub-tropical Africa, the intermediate mountainous belt and the northern plains

In terms of habitat and topographical characteristics that would have been significant to humans we may divide Africa and Eurasia into three major blocks (Figure 2.1).

Tropical and sub-tropical Africa

This is essentially the geographical area from within which hominids, including humans, originated and dispersed. In habitat terms there has been a dynamic expansion and contraction of rainforest, savannah, grassland and desert throughout the Quaternary (deMenocal 1995; Dupont *et al.*, 2000; Swezey, 2001). The reduction in rainforest at the expense of open habitats has been proposed as a major factor in human evolution (Foley, 1987; Foley & Lee, 1989; Kingston *et al.*, 1994). The contraction of the Sahara has been proposed as a major factor permitting the dispersal of tropical African animals, including humans, northwards. The combination of plains and heterogeneous landscapes, particularly along the Rift Valley, would have produced ample opportunities for ecological diversification and allopatric isolation among hominids (O'Brien & Peters, 1999).

The intermediate mountainous belt

This is the belt that stretches from Iberia and the Maghreb in the west to the Himalayas in the east. Any Eurasian population to the north must have dispersed from this area. Its southerly position within the Eurasian landmass made this belt suitable for permanent or semi-permanent human occupation (Finlayson *et al.*, 2000a). These lands, because of their latitude, would have been less affected by the severity of the glaciations than the plains immediately to the north. The west would have been especially suitable on account of the oceanic influence of the Atlantic. This belt therefore provided a number of refugia for many species, including humans, during the glaciations (Hewitt, 1999).

Different parts of this wide longitudinal area would have offered different opportunities on account of their characteristics (Finlayson, 2003). The Iberian Peninsula in the west would have been the major refuge for European human populations being largest in area of the Mediterranean peninsulas and because of the milder oceanic climate, especially along its coasts. The interior tablelands would have experienced more severe climatic situations. The Strait of Gibraltar, immediately to the south, would have been open throughout the Quaternary so that any human movement between Europe and Africa, if it took place, would have involved a short sea crossing that, at its best, would have involved a series of island hopping events with the longest sea crossing being of the order of 7km (Alimen, 1975; Giles Pacheco & Santiago Pérez, 1987). The Maghreb, on the other side of the Strait of Gibraltar, would have been isolated by the sea to the north and by the Sahara to the south (in cold and arid moments). Human populations living in the Maghreb would have had the possibility of